

# Health and Social Services

## *Career Opportunities Training Guide*



Eastern Townships Region



# **Health and Social Services Career Opportunities Training Guide**

## *Eastern Townships Region*

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# Health and Social Services

*Career Opportunities  
Training Guide*

Eastern Townships Region



Townshippers' Association  
2023

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# Careers in Health and Social Services

## in the Eastern Townships



In the Eastern Townships, the health and social service fields offer an interesting variety of career opportunities for both English- and French-speaking individuals who want a career that focuses on human well-being.

If you are passionate about helping others, learning new skills, and staying current on constantly evolving medical trends, treatments, and discoveries, then a profession in the health and social services might be right for you!

### What you will find in this guide

This career opportunities training guide complements the Health and Social Services Career Opportunities Catalogue for the Province of Quebec by offering more in-depth information about health and social services educational and training opportunities available in the Eastern Townships. The Health and Social Services Career Opportunities Catalogue highlights the wide range of careers offered provincially in the health and social service fields; it includes job descriptions and requirements for both health-care and social service-related careers.

While the provincial Health and Social Services Career Opportunities Catalogue will help you to find a career opportunity you are passionate about, this guide will provide you with information about the training you will need to be successful in your chosen career and help you identify where this training is available within, or close to, Quebec's Eastern Townships region.

# Access to Health and Social Services Training



This guide will answer your questions on how to pursue a career in the Eastern Townships. The training requirements for each career vary tremendously. However, many of the career training programs included in the catalogue are available in this region, making it easier for you to explore your options. This guide is designed to help you make the most of the journey towards your career by providing you with the most pertinent and recent information.

## How to use this guide

On each career page, you will find a small job description, and resources and information on where training is offered. The options for training are limited to the career itself. Institutions located in the Eastern Townships are listed first (when applicable), followed by programs that offer English-language training. French-language programs in schools located outside the Eastern Townships region are listed last. If access to training is limited, then options for training outside the province of Quebec are also listed.

Note: Training options vary by career; it is possible that no training is currently available in the Eastern Townships—or even in Quebec—for some careers.

# Health Services

A close-up photograph of three diverse healthcare professionals smiling. On the left is a man with grey hair, in the middle is a Black woman with her hair pulled back, and on the right is a woman with blonde hair wearing teal scrubs. The background is a bright, out-of-focus clinical setting.

Interested in a career in health, but not sure where to begin? This section provides all the information that you will need about health-focused careers!

On the following pages, you will find information about how to become a:

- Physician
- Nurse
- Therapy and/or assessment professional
- Medical technologist and/or technician
- Health and social services professional
- Clinic and laboratory professional
- Pharmacy professional
- Nutrition and dietetics professional

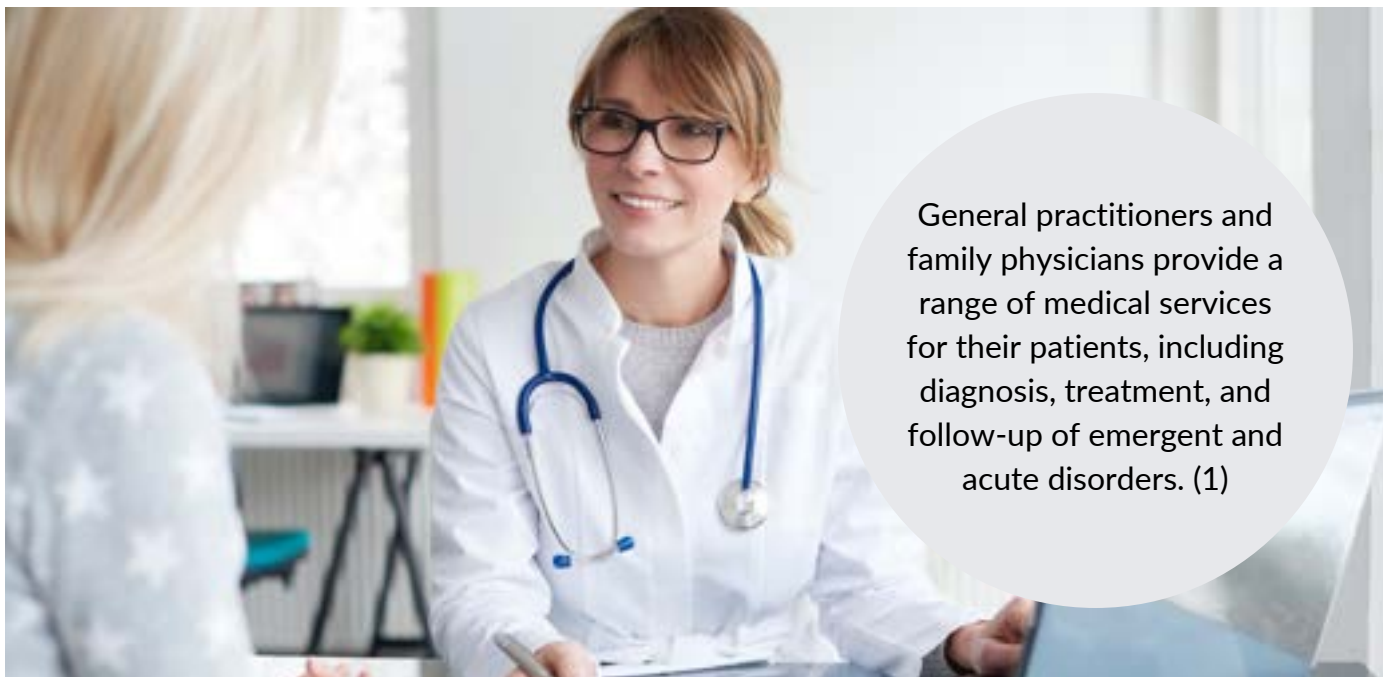


Section 1  
**Physicians**



## 1.1 General Practitioners and Family Physicians

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General practitioners and family physicians provide a range of medical services for their patients, including diagnosis, treatment, and follow-up of emergent and acute disorders. (1)

### Training

To become a general practitioner or family physician in Quebec, you must: (2)

- Obtain a bachelor's of science degree (or have completed a college program and one year of pre-medicine university studies).
- Graduate from an approved medical school and complete the required residency training.
- Complete the certifying examinations given by the Royal College of Physicians and Surgeons of Canada—and be licensed by the *Collège des médecins du Québec*.

### Access to Training in the Eastern Townships

The *Université de Sherbrooke's Faculté de médecine et des sciences de la santé* is the only approved medical school in the Eastern Townships.

To learn more about this French-language program, visit:

<https://www.usherbrooke.ca/medecine/>.

## 1.1 General Practitioners and Family Physicians

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### Access to Training outside of the Eastern Townships

McGill University's Faculty of Medicine offers the only English-language approved medical school in Quebec. To learn more about this program, visit: <https://www.mcgill.ca/medadmissions/>.

Other training programs are offered in French only:

- *Faculté de médecine de l'Université de Montréal:*  
<https://medecine.umontreal.ca/>
- *Faculté de médecine de l'Université Laval:*  
<https://www.fmed.ulaval.ca/accueil/>

Learn more about the Royal College of Physicians and Surgeons of Canada's certifying examination for physicians by visiting:

<http://www.royalcollege.ca/rcsite/home-e>.

#### DID YOU KNOW?

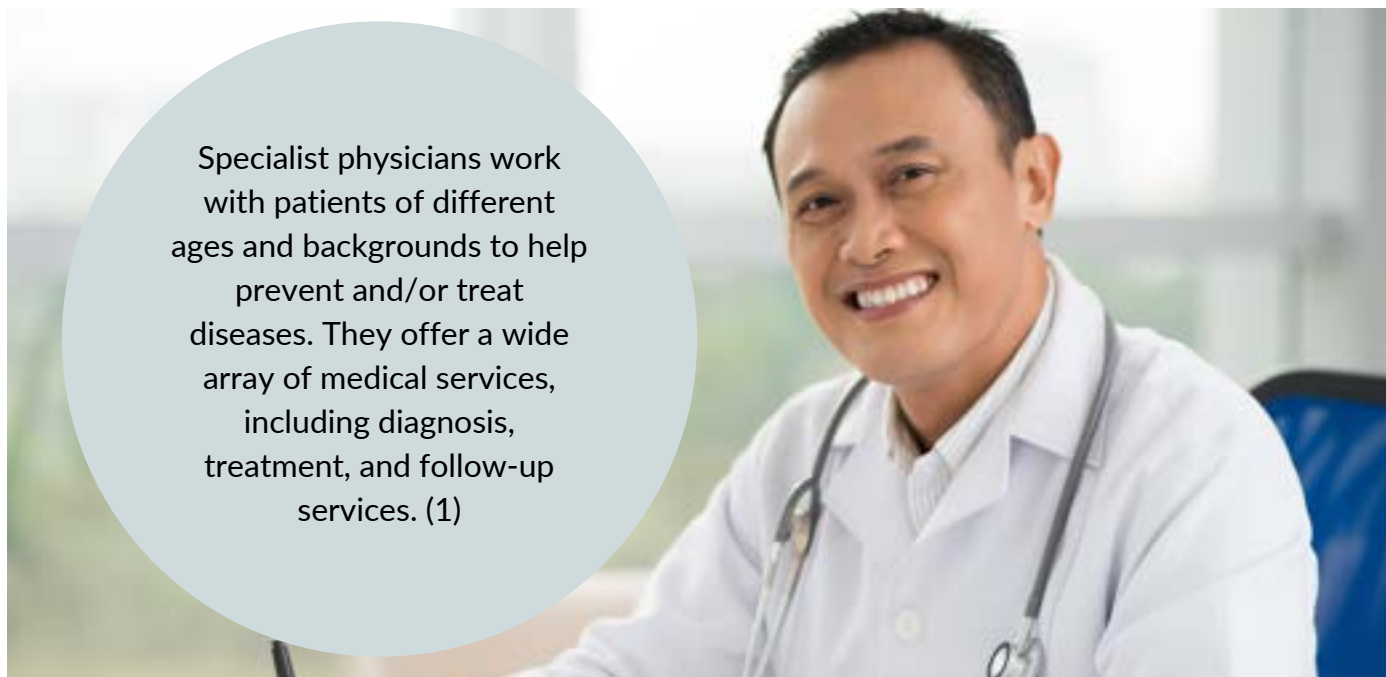
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A career as a general practitioner offers employment opportunities and stability.

#### References:

- (1) Médecin omnipraticien. Avenir en santé. <http://avenirensanté.gouv.qc.ca/carrieres/medecin-omnipraticien>. Accessed: March 20, 2017.
- (2) Physicians. National Occupational Classification 2016. <http://cnp.edsc.gc.ca/English/NOC/ProfileQuickSearch.aspxval=3&val1=3112&ver=16&val65=general%20practitioner>. Accessed: June 23, 2020.

## 1.2 Specialist Physicians



Specialist physicians work with patients of different ages and backgrounds to help prevent and/or treat diseases. They offer a wide array of medical services, including diagnosis, treatment, and follow-up services. (1)

### Training

To become a specialist physician in Quebec, you must: (2)

- Obtain a bachelor's of science diploma (or have completed a college program and one year of pre-medicine university studies).
- Graduate from an approved medical school and have specific specialty training.
- Complete the certifying examinations given by the Royal College of Physicians and Surgeons of Canada—and be licensed by the *Collège des médecins du Québec*.
- Complete the training required for certification in your chosen specialty field according to requirements of the Royal College of Physicians and Surgeons of Canada/*Collège des médecins du Québec*.

### Access to Training in the Eastern Townships

The *Université de Sherbrooke's Faculté de médecine et des sciences de la santé* is the only approved medical school in the Eastern Townships.

To learn more about this French-language program, visit:

<https://www.usherbrooke.ca/medecine/>.

## 1.2 Specialist Physicians

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### Access to Training Outside of the Eastern Townships

McGill University's Faculty of Medicine offers the only approved English-language medical school in Quebec. To learn more about this program, visit: <https://www.mcgill.ca/medadmissions/>.

Other training programs are offered in French only (see page 11 for details).

To learn more about the Royal College of Physicians and Surgeons of Canada's certifying examination and certification by specialty, visit: <http://www.royalcollege.ca/rcsite/home-e>. You can also find information on the *Collège des médecins* website: <http://www.cmq.org/home.aspx>.

#### DID YOU KNOW?

The *Collège des médecins* currently recognizes 60 medical specialties. (3) For the complete list of recognized specialties, see pages 20–33 in the Career Opportunities Catalogue. Each specialty has a different training regime and the amount of time spent completing the course may vary.

Depending on the profession, the training could take between 48-84 months. (3)

#### **References:**

(1) Médecin spécialiste. Avenir en santé.

<http://avenirensante.gouv.qc.ca/carrieres/medecinspecialiste>. Accessed: July 2, 2019.

(2) Specialist Physicians. Labour Market Information, Government of Canada.

[https://www.jobbank.gc.ca/search\\_occupation-eng.do?area=25153&lang=eng&noc=3111&action=Search&regionKeyword=Cowansville%2C+QC&s=2&titleKeyword=specialist+physician#report\\_tabs\\_container2](https://www.jobbank.gc.ca/search_occupation-eng.do?area=25153&lang=eng&noc=3111&action=Search&regionKeyword=Cowansville%2C+QC&s=2&titleKeyword=specialist+physician#report_tabs_container2). Accessed: June 23, 2020.

(3) Specialties Recognized in Quebec. Collège des médecins du Québec.

<http://www.cmq.org/page/en/liste-specialites-certification.aspx>. Accessed June 23, 2020.

Section 2  
**Nursing Care**



## 2.1 Nurse

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### Training

To become a nurse in Quebec, you must: (1)

- Complete a nursing training program.
- Be registered with the *Ordre des infirmières et infirmiers du Québec*.


### Access to Training in the Eastern Townships

A nursing program is offered in English at Champlain Regional College in Lennoxville. To learn more about this program, visit:

<https://www.crc-lennox.qc.ca/programs/nursing/>.

To learn more about registering with the *Ordre des infirmières et infirmiers du Québec*, visit: <https://www.oiiq.org/>.

All Quebec colleges offering the nursing program are affiliated with a University in order to offer the college-university continuum of studies (DEC-BAC). Champlain College Lennoxville is affiliated with the *Université de Sherbrooke*: <https://www.usherbrooke.ca/>.



Nurses are responsible for the biopsychosocial needs of patients, and assessing their patients' health status to determine and ensure the carrying out of an appropriate treatment plan.

(2)

## 2.1 Nurse

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### Access to Training Outside the Eastern Townships

- English- and French-language nursing programs offered outside the Eastern Townships can be consulted on the InfoRouteFPT.org website: <https://www.inforoutefpt.org/progColOffres.aspx?prog=440&sanction=1>.

#### DID YOU KNOW?

There has been a steady increase in the number of nurses practicing in the province of Quebec over the past 10 years. This number is expected to increase significantly over the next decade. (1)

#### **References:**

- (1) 3012 – Registered nurses and registered psychiatric nurses. National Occupational Classification 2016. <http://cnp.edsc.gc.ca/English/NOC/ProfileQuickSearch.aspx?val=3&val1=3012&ver=16&val65=nurse>. Accessed: June 23, 2020.
- (2) Infirmier. Avenir en santé. <http://avenirensante.gouv.qc.ca/carrieres/infirmier>. Accessed: July 12, 2019.



## 2.2 Specialized Nurse Practitioner



Specialized nurse practitioners are licensed nurses with specific university training that enables them to offer nursing and medical care that meets the complex needs of patients and their families. (1)

### Training

To become a specialized nurse practitioner, you must: (2)

- Obtain a graduate degree (Master's) in your chosen specialty.
- Pass the *Ordre des infirmières et infirmiers du Québec* exam in order to practice your specialty.

In the province of Quebec, this program is offered in several universities according to the specialty you choose.

### Access to Training in the Eastern Townships

In the Eastern Townships, advanced nursing training is only available—in French—at the *Université de Sherbrooke* if you are interested in the first-line care specialty. Visit their website for more information:

<https://www.usherbrooke.ca/sciences-infirmieres/futurs-etudiants/maitrise/je-veux-etre-infirmiere-praticienne-specialisee/>.

## 2.2 Specialized Nurse Practitioner

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### Access to Training Outside the Eastern Townships

If you are interested in a specialty in neonatology or first-line care, you can train in English to become a specialized nurse practitioner through McGill University's Ingram School of Nursing.

To learn more, visit: <https://www.mcgill.ca/nursing/>.

#### DID YOU KNOW?

If you are interested in a career as a specialized nurse practitioner, you may want to visit the *Association des infirmières praticiennes spécialisées du Québec (AIPSQ)* website—in French only. You will find helpful information on taking the next steps toward this career. Visit: <https://aipsq.com/infirmieres-praticiennes-specialisees/devenir-ips> (1).

#### **References:**

- (1) Infirmières praticiennes spécialisées : Qu'est ce qu'une IPS? Association des infirmières praticiennes spécialisées. <http://aipsq.com/infirmieres-praticiennes-specialisees/qu-est-ce-qu-une-ips>. Accessed: March 20, 2017.
- (2) Allied Primary Health Practitioners. Labour Market Information, Government of Canada. [http://www.jobbank.gc.ca/search\\_occupation-eng.doarea=25151&lang=eng&noc=3124&action=Search&regionKeyword=Sherbrooke%2C+QC&s=2&titleKeyword=nurse+practitioner#report\\_tabs\\_container2](http://www.jobbank.gc.ca/search_occupation-eng.doarea=25151&lang=eng&noc=3124&action=Search&regionKeyword=Sherbrooke%2C+QC&s=2&titleKeyword=nurse+practitioner#report_tabs_container2). Accessed: June 23, 2020.

## 2.3 Clinical Nurse Specialist (Nurse Clinician)

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### Training

To become a clinical nurse specialist (nurse clinician), you must: (1)


- Obtain an undergraduate degree in nursing.

### Access to Training in the Eastern Townships

In the Eastern Townships, the training is only available in French at the *Université de Sherbrooke*.

To learn more, visit:

<https://www.usherbrooke.ca/admission/programme/293/baccalaureat-en-sciences-infirmieres/>.



Nurse clinicians are responsible for a variety of nursing care services, including: evaluating patient health, determining and providing care and nursing treatment plans, participating in clinical development, adapting clinical and care quality evaluation tools, and more. (1)

## 2.3 Clinical Nurse Specialist (Nurse Clinician)

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### Access to Training Outside the Eastern Townships

Clinical nurse specialist training is available in English through McGill University's Ingram School of Nursing. To learn more about this program, visit: <https://www.mcgill.ca/nursing/>.

To learn about French-language nursing programs available outside the Eastern Townships, visit *Avenir en santé's* Nurse Clinician information page at: <https://avenirensante.gouv.qc.ca/en/carrieres/infirmier-clinicien>.

**References:**

(1) Infirmier clinicien. Avenir en santé. <http://avenirensante.gouv.qc.ca/carrieres/infirmier-clinicien>. Accessed: June 23, 2020.

## 2.4 Licensed Practical Nurse

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### Training

To become a licensed practical nurse, you must: (2)

- Obtain a diploma of vocational studies in health, assistance, and nursing care.

### Access to Training in the Eastern Townships

The Lennoxville Vocational Training Centre offers this program in English. To learn more, visit: <https://www.lvtc.ca/health-assistance-nursing-care/>.

### Access to Training Outside the Eastern Townships

A list of French-language training programs can be found at: <https://www.inforoutefpt.org/progSecOffres.aspx?sanction=5&prog=5325>. (3)

A list of other English-language training programs can be found at: <https://www.inforoutefpt.org/progSecOffres.aspx?sanction=5&prog=5825>. (3)

## 2.4 Licensed Practical Nurse

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The Lennoxville Vocational Training Centre (LVTC) offers a “Student for a Day” program. Why not attend the centre for one day to see if the Health, Assistance, and Nursing Care program is for you. Generally offered once a week, this opportunity allows potential students to attend classes, ask questions, and get a better feel for the program. Interested in being a “Student for a Day”? Call 819-563-5627 or visit: <https://www.lvtc.ca/admission/student-for-a-day/>.

Training is also offered in French through the *Centre de formation professionnelle 24 juin's Santé, assistance et soins infirmiers* program. To learn more, visit: <https://centre24juin.ca/sante/sante-assistance-et-soins-infirmiers-dep/>.

### DID YOU KNOW?

The *Ordre des infirmières et infirmiers auxiliaires du Québec* website includes a section (in French) dedicated to describing how to become a licensed practical nurse. To learn more, visit:


<https://www.oiaq.org/devenir-infirmiere-auxiliaire/devenir-infirmiere-auxiliaire>.

#### **References:**

- (1) Infirmier(ière) auxiliaire. Metiers-quebec.org. [http://www.metiers-quebec.org/sante/infirmier\\_auxiliaire.htm](http://www.metiers-quebec.org/sante/infirmier_auxiliaire.htm). Accessed: March 20, 2017.
- (2) Infirmier auxiliaire. Avenir en santé. <http://avenirensante.gouv.qc.ca/carrieres/infirmier-auxiliaire>. Accessed: June 23, 2020.
- (3) Infirmiers auxiliaires / infirmières auxiliaires. Toutpoureuussir.com. <http://www.toutpoureuussir.com/metiers/details/infirmiers-auxiliaires-infirmieres-auxiliaires-1>. Accessed: June 23, 2020.

## 2.5 Nurse Advisor

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In addition to their nursing care duties, nurse advisors instruct institutions and nursing care teams on questions relating to nursing care, preventive care, and infection control. (1)

### Training

To become a nursing adviser, you must:

- Obtain an undergraduate university diploma in nursing.
- Register with the *Ordre des infirmières et infirmiers du Québec*.

### Access to Training in the Eastern Townships

In the Eastern Townships, this training is available in French at the *Université de Sherbrooke*.

To learn more, visit:

<https://www.usherbrooke.ca/admission/programme/293/baccalaureat-en-sciences-infirmieres/>.

## 2.5 Nurse Advisor

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### Access to Training Outside of the Eastern Townships

This training is also available in English through McGill University's Ingram School of Nursing. To learn more, visit: <https://www.mcgill.ca/nursing/>.

Information about other nursing programs— in French— can be found on the InfoRouteFPT.org website: <https://www.inforoutefpt.org/progColOffres.aspx?prog=292&sanction=1>.

To learn more about registering with the *Ordre des infirmières et infirmiers du Québec*, visit: <https://www.oiiq.org/>.

#### **References:**

(1) 1913 - Conseiller ou conseillère en soins infirmiers. Nomenclature des titres d'emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé et des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016. Infirmier. Avenir en santé. <http://avenirensante.gouv.qc.ca/carrieres/infirmier>. Accessed: June 23, 2020.



Section 3

**Therapy and Assessment  
Professionals**



## 3.1 Audiologist

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### Training

To become an audiologist, you must: (1)

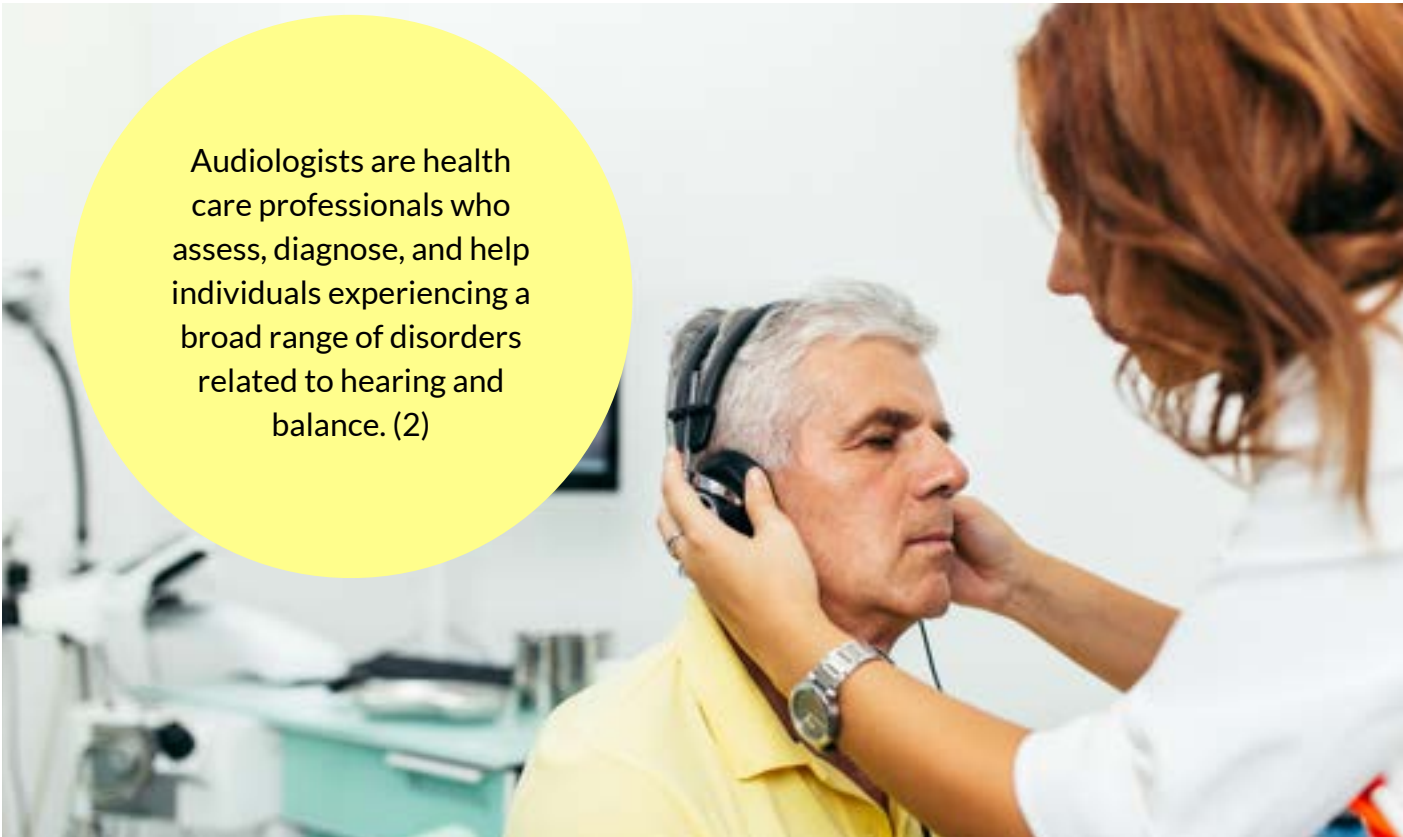
- Complete a graduate university degree in audiology.

You must also register with the *Ordre professionnel des orthophonistes et audiologistes du Québec*.

For more information on becoming a member of the professional order, visit: <http://www.ooaq.qc.ca/index.html>.

### Access to Training in the Eastern Townships

There are no training programs for audiology in the Eastern Townships.



Audiologists are health care professionals who assess, diagnose, and help individuals experiencing a broad range of disorders related to hearing and balance. (2)

## 3.1 Audiologist

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### Access to Training Outside the Eastern Townships

The only audiology master's program offered in the province of Québec is through the *Université de Montréal*. To learn more, visit: <https://eoa.umontreal.ca/>.

English-language audiology programs are offered elsewhere in Canada:

- University of British Columbia
  - To learn more, visit: <https://audiospeech.ubc.ca/>.
- Dalhousie University
  - To learn more, visit: <https://www.dal.ca/>.
- Ottawa University
  - To learn more, visit: <https://catalogue.uottawa.ca/en/graduate/master-health-sciences-audiology/>.
- Western University
  - To learn more, visit: <https://www.uwo.ca/fhs/csd/>.

#### DID YOU KNOW?

For more information, to find resources, or to find an audiologist close to you, visit: [www.communicationhealth.ca](http://www.communicationhealth.ca).

#### **References:**

(1) Audiologiste. Avenir en santé. <http://avenirensante.gouv.qc.ca/carrieres/audiologiste>. Accessed: June 23, 2020.

(2) The Profession of Audiology: Info Sheet. Speech-Language & Audiology Canada. [http://www.sac-oac.ca/sites/default/files/resources/Audiologists\\_Who%20we%20are\\_info%20sheet.pdf](http://www.sac-oac.ca/sites/default/files/resources/Audiologists_Who%20we%20are_info%20sheet.pdf). Accessed: June 23, 2020.

## 3.2 Speech-language Pathologist, Speech Therapist

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Speech-language pathologists (speech therapists) are responsible for the detection, diagnosis, treatment, and prevention of speech, voice, language, and communication problems. (1)

### Training

To become a speech-language pathologist (speech therapist), you must: (1)

- Complete graduate-level university studies in speech-language pathology.

### Access to Training in the Eastern Townships

There are no speech-language pathology programs offered in the Eastern Townships.

### Access to Training Outside the Eastern Townships

A speech-language pathology program is offered in English through McGill University's School of Communication Sciences and Disorders. To learn more, visit: <https://www.mcgill.ca/scsd/programs/slp>.

## 3.2 Speech-language Pathologist, Speech Therapist

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### Access to Training Outside the Eastern Townships - continued

The *Université Laval* offers a master's degree in speech language pathology—in French. To learn more, visit: <https://www.ulaval.ca/les-etudes/programmes/repertoire/details/maitrise-en-orthophonie-m-sc.html>.

The *École d'orthophonie et d'audiologie de l'Université de Montréal* offers a master's degree in speech-language pathology in French only. To learn more, visit: <https://admission.umontreal.ca/programmes/maitrise-professionnelle-en-orthophonie/structure-du-programme/>.

The *Université du Québec à Trois-Rivières (UQTR)* offers a master's degree in speech therapy in French only. To learn more, visit: <https://www.uqtr.ca/domaines/sciences-de-la-sante>.

#### DID YOU KNOW?

To learn more about becoming a speech-language pathologist in Quebec and to find helpful resources, visit the Emploi-Québec website:

[http://imt.emploi.quebec.gouv.qc.ca/mtg/inter/noncache/contenu/asp/mtg122\\_descrproufession\\_01.asp?lang=FRAN&pro=3141](http://imt.emploi.quebec.gouv.qc.ca/mtg/inter/noncache/contenu/asp/mtg122_descrproufession_01.asp?lang=FRAN&pro=3141).

#### **References:**

(1) Orthophoniste. Avenir en santé. <http://avenirensante.gouv.qc.ca/carrieres/orthophoniste>. Accessed: March 13, 2017.

## 3.3 Physiotherapist

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### Training

To become a physiotherapist, you must: (1)

- Obtain a graduate university degree in physiotherapy.
- Become a member of the *Ordre professionnel de la physiothérapie du Québec*.

### Access to Training in the Eastern Townships

This program is offered in French at the *Université de Sherbrooke*.

To learn more, visit:

<https://www.usherbrooke.ca/readaptation/admission/maitrise-en-physiotherapie-formation-integree-baccalaureat-maitrise/>.

### Access to Training Outside the Eastern Townships

The program is also offered in English through the School of Physical and Occupational Therapy at McGill University. To learn more, visit:

<https://www.mcgill.ca/spot/programs/pt>.

*Université de Montréal* offers the program in French.

To learn more, visit:

<https://readaptation.umontreal.ca/etudes/formation-en-physiotherapie/le-continuum-baccalaureat-maitrise/>.

*Université Laval* offers the program in French.

To learn more, visit: <https://www.fmed.ulaval.ca/programmes-detudes/programmes-de-baccalaureat/continuum-baccalaureat-maitrise-en-physiotherapie/admission/>.

## 3.3 Physiotherapist



Physiotherapists work with patients who have a physical handicap—whether it is of orthopedic, rheumatic, cardio-respiratory, or neurological nature—to help them reestablish their optimal physical health. (1)

### DID YOU KNOW?

The Canadian Physiotherapy Association offers a wealth of information about the profession of physiotherapy on their website, including a section about becoming a physiotherapist. To learn more, visit:

<https://physiotherapy.ca/becoming-pt-or-pta>.

#### **References:**

(1) Physiothérapeute. Avenir en santé.

<http://avenirensante.gouv.qc.ca/carrieres/physiotherapeute>. Accessed: March 22, 2021.

## 3.4 Occupational Therapist

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### Training

To become an occupational therapist in Quebec, you must: (1)


- Obtain an undergraduate university degree in occupational therapy.
- Be a registered member of the *Ordre professionnel des ergothérapeutes du Québec*. For more information about becoming a member of the professional order, visit: <https://www.oeq.org/>.

### Access to Training in the Eastern Townships

In the Eastern Townships, training to become an occupational therapist is available in French at the *Université de Sherbrooke*.

To learn more, visit:

<https://www.usherbrooke.ca/readaptation/programmes/maitrise-en-ergotherapie/>.



Occupational therapists help their clients adapt to everyday life, better integrate their environments, and use their skills to the best of their abilities. (1)



## 3.4 Occupational Therapist

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### Access to Training Outside the Eastern Townships

An occupational therapy program is available in English at the School of Physical and Occupational Therapy at McGill University in Montréal. To learn more, visit: <https://www.mcgill.ca/spot/programs/ot/bsc-rehabilitation-science>.

The *Université de Montréal* offers this program in French . To learn more, visit: <https://readaptation.umontreal.ca/etudes/formation-en-ergotherapie/profession-ergotherapeute/>.

The *Université du Québec à Trois-Rivières (UQTR)* offers this program in French. To learn more, visit: [https://oraprdnt.uqtr.quebec.ca/pls/public/gscw031?owa\\_no\\_site=341](https://oraprdnt.uqtr.quebec.ca/pls/public/gscw031?owa_no_site=341).

The *Université Laval* offers this program in French. To learn more, visit: <https://readaptation.umontreal.ca/>.

#### DID YOU KNOW?

To learn more about becoming an occupational therapist in the province of Quebec, visit the *Emploi-Québec* website: [http://imt.emploi.quebec.gouv.qc.ca/mtg/inter/noncache/contenu/asp/mtg122\\_descrproufession\\_01.asp?lang=FRAN&pro=3143](http://imt.emploi.quebec.gouv.qc.ca/mtg/inter/noncache/contenu/asp/mtg122_descrproufession_01.asp?lang=FRAN&pro=3143).

#### References:

(1) Ergothérapeute. Avenir en santé. <https://avenirensante.gouv.qc.ca/carrieres/ergotherapeute>. Accessed: March 13, 2017.

## 3.5 Creative Arts Therapist

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### Training

To become a creative arts therapist, you must:

- Obtain a university degree in creative arts therapy or a related field.

### Access to Training in the Eastern Townships

There are no creative arts therapy training programs offered in the Eastern Townships.



Creative arts therapists work with specific client groups to help clients express their emotions, fears, and concerns. They may work with several creative methods, including art, music or drama material. (1)

## 3.5 Creative Arts Therapist

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### Access to Training Outside the Eastern Townships

Concordia University is the only Canadian program that offers three graduate programs in this field through their Department of Creative Arts: art therapy, music therapy, and drama therapy. All of these programs are offered in English. Admission requirements include having undergraduate credits in the fields of art and psychology. To learn more, visit: <https://www.concordia.ca/finearts/creative-arts-therapies/programs/art-therapy-ma.html>.

For a list of other Canadian Universities that offer similar programs, visit: [http://metiers-quebec.org/arts/therapeute\\_art.html](http://metiers-quebec.org/arts/therapeute_art.html).

#### DID YOU KNOW?

Art—either creating it or viewing others' art—helps people explore emotions, develop self-awareness, cope with stress, boost self-esteem, and work on social skills. (2)

#### **References:**

(1) Thérapeute en créativité. Metiers-quebec.org. [http://metiers-quebec.org/arts/therapeute\\_art.html](http://metiers-quebec.org/arts/therapeute_art.html). Accessed: June 23, 2020.

(2) Cherry, Kendra. What is Art Therapy? Verywellmind.com. <https://www.verywellmind.com/what-is-art-therapy-2795755>. Accessed: July 8, 2021.

## 3.6 Care Assessment Specialist

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### Training

To become a care assessment specialist, you must: (1)

- Have a 3-year undergraduate university degree in health science (nursing), or another appropriate field.

Refer to Section 2 - Nursing Care to view the institutions that offer this program in both English and French, inside and outside of the Eastern Townships.

#### DID YOU KNOW?

A care assessment specialist's main goal is to assess and maintain goals for quality care. (1)

#### **References:**

(1) 1521 - Spécialiste en évaluation des soins. Nomenclature des titres d'emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé de des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: June 23, 2020.

## 3.7 Orientation and Mobility Specialist

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Orientation and mobility specialists are responsible for teaching visually impaired individuals of all ages how to move around safely and efficiently in a variety of environments and situations. (1)

### Training

To become an orientation and mobility specialist, you must: (1)

- Obtain a specialized graduate studies diploma (*diplôme d'études supérieures spécialisées*) in visual deficiency intervention techniques (*intervention en déficience visuelle*).

### Access to Training in the Eastern Townships

There are no orientation and mobility specialist programs offered in the Eastern Townships.

## 3.7 Orientation and Mobility Specialist

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### Access to Training Outside the Eastern Townships

Training for this career is available in French at the *Université de Montréal*. To learn more, visit:

<https://admission.umontreal.ca/programmes/dess-en-intervention-en-deficience-visuelle-readaptation/>.

#### DID YOU KNOW?

Orientation and mobility specialists provide their clients with the skills needed to orient themselves and move around with confidence, security, and ease in both familiar and unfamiliar environments. They also teach clients to use their functional senses and appropriate instruments/devices and support. (2)

#### **References:**

(1) Orientation and Mobility Skills. VisionAware. <http://www.visionaware.org/info/everyday-living/essential-skills/an-introduction-to-orientation-and-mobility-skills/123>. Accessed: June 23, 2020.

(2) 1557 -- Spécialiste en orientation et en mobilité. Nomenclature des titres d'emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé et des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.

## 3.8 Physical Rehabilitation Therapist

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### Training

To become a physical rehabilitation specialist, you must: (1)

- Obtain a professional diploma in physical rehabilitation (physiotherapy technology).
- Be a member of the *Ordre professionnel de la physiothérapie du Québec*.

For more information on becoming a member of the professional order, visit: <https://oppq.qc.ca/en/>.

### Access to Training in the Eastern Townships

The *Techniques de physiothérapie* program is available at the *Cégep de Sherbrooke* in French only. To learn more, visit:

<https://www.cegepsherbrooke.qc.ca/fr/programmes-etudes/programmes-techniques/techniques-de-physiotherapie>.

### Access to Training Outside the Eastern Townships

This program is offered in English at Dawson College in Montréal. To learn more, visit: <https://www.dawsoncollege.qc.ca/physiotherapy-technology/>.

## 3.8 Physical Rehabilitation Therapist

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The following institutions also offer this program in French. To find more information about the school you are interested in, follow the relevant link on the InfoRouteFPT.org website:

<https://www.inforoutefpt.org/progColOffres.aspx?prog=510&sanction=1>.

- *Cégep de Chicoutimi*
- *Cégep de Matane*
- *Cégep Garneau*
- *Cégep Marie-Victorin*
- *Cégep Montmorency*
- *Centre Matapédien d'Études Collégiales*
- *Collège Ellis Campus de Trois-Rivières*



Physical rehabilitation therapists determine treatment plans and carry out interventions with the goal of helping ensure the physical rehabilitation of their patients. (1)

**References:**

(1) Thérapeute en réadaptation physique. Avenir en santé.

<http://avenirenstante.gouv.qc.ca/carrieres/therapeute-en-readaptation-physique>. Accessed: June 23, 2020.



## 3.9 Clinical Activities Specialist

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### Training

To become a clinical activities specialist, you must: (1)

- Obtain a university degree in a relevant discipline, such as:
  - Psychoeducation
  - Psychology
  - Social work
  - Speech therapy
  - Physiotherapy
  - Occupational therapy
  - Nutrition or dietetics

Check the institution you are interested in attending to see if they offer one of these disciplines.

#### DID YOU KNOW?

Clinical activities specialists evaluate and analyze the needs of a specific group of patients in a health care institution. (2)

#### **References:**

(1) Clinical Specialist Careers: Job Description & Salary. LearningPath.org.

[http://learningpath.org/articles/Clinical\\_Specialist\\_Career\\_Info.html](http://learningpath.org/articles/Clinical_Specialist_Career_Info.html). Accessed: June 23, 2020.

(2) 1407 – Spécialiste en activités cliniques. Nomenclature des titres d'emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé de des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.

A young man with brown hair and green eyes, wearing a white lab coat over a blue shirt, is focused on his work in a laboratory. He is using a pipette to transfer liquid into a clear Erlenmeyer flask. In the foreground, there is a rack of test tubes with various colored caps (green, purple, pink, blue). The background is slightly blurred, showing other laboratory equipment and a clean, bright environment.

Section 4

**Medical  
Technologists  
and Technicians**

## 4.1 Diagnostic Imaging Technologist (Radio-diagnostic Technologist)

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### Training

To become a diagnostic imaging technologist in Quebec, you must: (1)

- Obtain a college diploma in diagnostic imaging.
- Be a member of the *Ordre des technologues en imagerie médicale, en radio-oncologie et en électrophysiologie médicale du Québec*. For more information on becoming a member of the professional order, visit: <https://www.otimroepmq.ca/>.

### Access to Training in the Eastern Townships

There is no training program available in the Eastern Townships.

### Access to Training Outside the Eastern Townships

The program is offered in English at Dawson College in Montréal. To learn more, visit: <https://www.dawsoncollege.qc.ca/radiation-oncology/>.

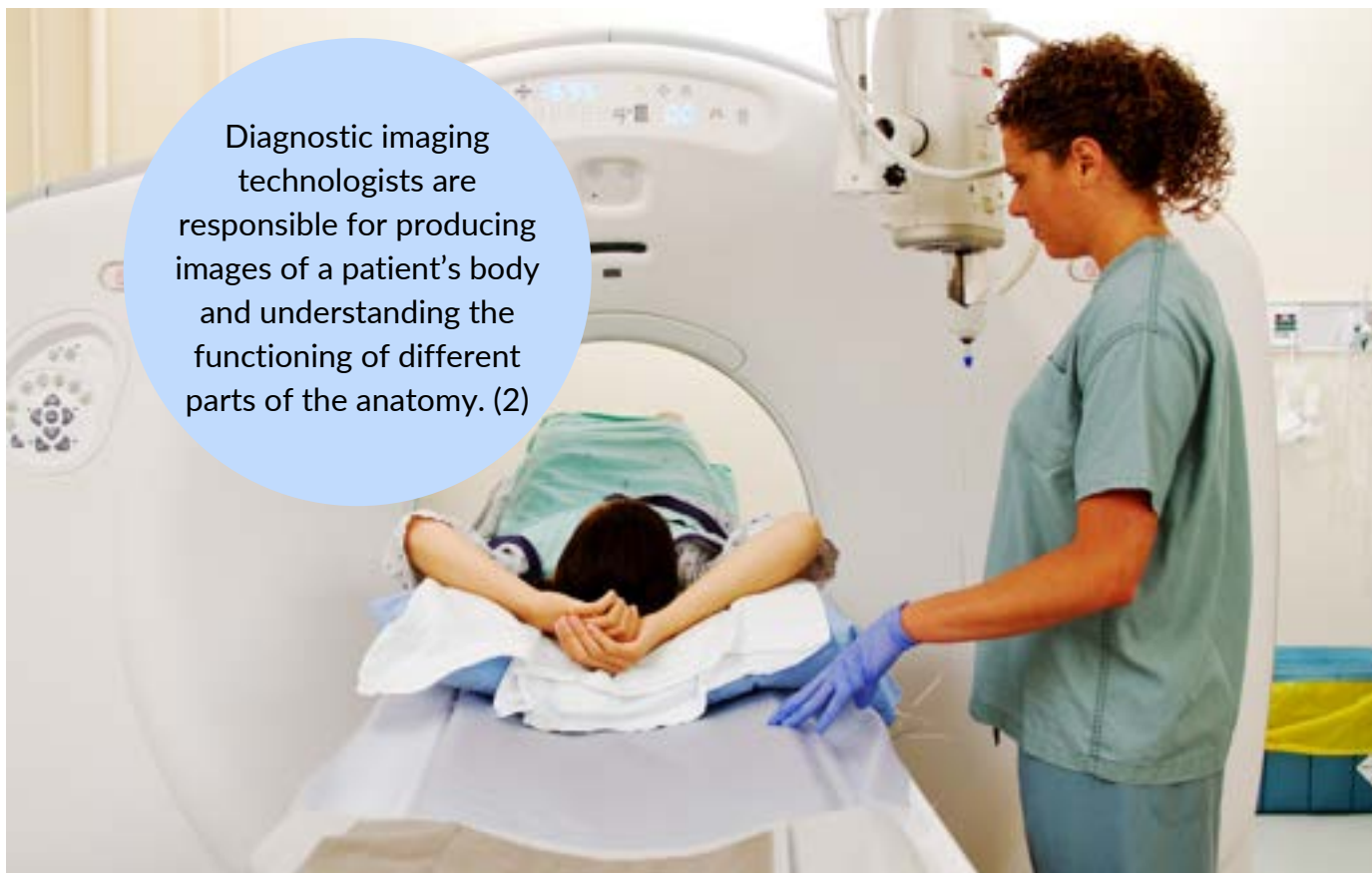
## 4.1 Diagnostic Imaging Technologist (Radio-diagnostic Technologist)

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For more information about becoming a diagnostic imaging technologist, visit: [https://www.emploisdavenir.gouv.qc.ca/en/jobs-list/job-detail/medical-radiation-technologists/?no\\_cache=1](https://www.emploisdavenir.gouv.qc.ca/en/jobs-list/job-detail/medical-radiation-technologists/?no_cache=1).

Visit the Emploi-Québec website at:

[http://imt.emploiquebec.gouv.qc.ca/mtg/inter/noncache/contenu/asp/mtg122\\_descrprouession\\_01.asp?lang=FRAN&pro=3215](http://imt.emploiquebec.gouv.qc.ca/mtg/inter/noncache/contenu/asp/mtg122_descrprouession_01.asp?lang=FRAN&pro=3215).



### **References:**

(1) Technologue en radiodiagnostic. Avenir en santé.

<http://avenirensante.gouv.qc.ca/carrieres/technologue-en-radiodiagnostic>. Accessed: June 23, 2020.

(2) Technologue en imagerie médicale. Metiers-quebec.org. [http://www.metiers-quebec.org/sante/tech\\_radiodiagnostic.htm](http://www.metiers-quebec.org/sante/tech_radiodiagnostic.htm). Accessed: June 23, 2020.

## 4.2 Radiation Oncology Technologist

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### Training

To become a radiation oncology technologist, you must: (1)

- Obtain a college degree in radiation oncology.
- Be a member of the *Ordre des technologues en imagerie médicale, en radio-oncologie et en électrophysiologie médicale du Québec*. For more information about becoming a member of the professional order, visit: <https://www.otimroepmq.ca/>.

### Access to Training in the Eastern Townships

There is no training program for this career available in the Eastern Townships.

### Access to Training Outside the Eastern Townships

- The program is offered in English at Dawson College in Montréal. To learn more, visit: <https://www.dawsoncollege.qc.ca/diagnostic-imaging/>.
- The program is offered in French at Cégep de Sainte-Foy. To learn more, visit: <https://www.cegep-ste-foy.qc.ca/programmes/programmes-techniques/technologie-de-radio-oncologie/>.
- The program is offered in French at Collège Ahuntsic. To learn more, visit: <https://www.collegeahuntsic.qc.ca/programmes-dec/techniques/technologie-de-radio-oncologie>.

## 4.2 Radiation Oncology Technologist

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Radiation oncology technologists prepare and carry out ionizing radiation treatments, and use radiation for therapeutic and diagnostic purposes. (2)

### **References:**

- (1) Technologue en radio-oncologie. Avenir en santé.  
<http://avenirensante.gouv.qc.ca/carrieres/technologue-en-radio-oncologie>. Accessed: June 23, 2020.
- (2) Technologue en radio-oncologie. Metiers-quebec.org.  
[http://metiers-quebec.org/sante/tech\\_radio\\_oncologie.htm](http://metiers-quebec.org/sante/tech_radio_oncologie.htm). Accessed: June 23, 2020.

## 4.3 Nuclear Medicine Technologist

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### Training

To become a nuclear medicine technologist in Quebec, you must: (1)

- Complete the nuclear medicine technology program.
- Be a member of the *Ordre des technologues en imagerie médicale, en radio-oncologie et en électrophysiologie médicale du Québec*. For more information about becoming a member of the professional order, visit: <https://www.otimroepmq.ca/>.

### Access to Training in the Eastern Townships

There is no training program for this profession available in the Eastern Townships.

### Access to Training Outside the Eastern Townships

- This program is offered in French at Collège Ahuntsic. To learn more, visit: <https://www.collegeahuntsic.qc.ca/programmes-dec/techniques/technologie-de-medecine-nucleaire>.

#### References:

(1) Technologue en médecine nucléaire. Metiers-quebec.org. [http://metiers-quebec.org/sante/tech\\_med\\_nucleaire.htm](http://metiers-quebec.org/sante/tech_med_nucleaire.htm). Accessed: June 23, 2020.

## 4.4 Specialized Radiology Technologist

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### Training

To become a diagnostic imaging technologist in Quebec, you must: (1)

- Obtain a college diploma in diagnostic imaging.
- Be a member of the *Ordre des technologues en imagerie médicale, en radio-oncologie et en électrophysiologie médicale du Québec*. For more information about becoming a member of the professional order, visit: <https://www.otimroepmq.ca/>.

### Access to Training in the Eastern Townships

There is no training program for this profession available in the Eastern Townships.

### Access to Training Outside the Eastern Townships

The Diagnostic Imaging program is offered in English at Dawson College in Montréal. To learn more, visit:

<https://www.dawsoncollege.qc.ca/diagnostic-imaging/>.



**References:**

(1) Technologue en radiodiagnostic. Avenir en santé. <http://avenirensante.gouv.qc.ca/carrieres/technologue-en-radiodiagnostic>. Accessed: June 23, 2020.



## 4.5 Medical Technologist

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### Training

To become a medical technologist, you must: (1)

- Have a college diploma in biomedical laboratory technology.
- Be a member in good standing of the *Ordre professionnel des technologistes médicaux du Québec*. To learn more about becoming a member of the professional order, visit: <https://optmq.org/>.



## 4.5 Medical Technologist

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### Access to Training in the Eastern Townships

There are no training programs for this profession in the Eastern Townships.

### Access to Training Outside the Eastern Townships

This program is offered in English at Dawson College in Montréal. To learn more, visit their website:

<https://www.dawsoncollege.qc.ca/biomedical-laboratory-technology/>.

#### DID YOU KNOW?

Medical technologists generally work in the following fields: biochemistry, microbiology, hematology, immunology, pathology, and cytology. (1)

#### **References:**

(1) Technologiste médical. Avenir en santé.

<http://avenirensante.gouv.qc.ca/carrieres/technologiste-medical>. Accessed: March 22, 2021.

## 4.6 Medical Laboratory Technicians

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### Training

To become a medical laboratory technician, you must: (1)

- Complete a college diploma in biomedical laboratory technology.

### Access to Training in the Eastern Townships

The Biomedical Laboratory Technology program is offered in French at the *Cégep de Sherbrooke*. To learn more, visit:

<https://www.cegepsherbrooke.qc.ca/fr/programmes-etudes/programmes-techniques/technologie-analyses-biomedicales>.

### Access to Training Outside the Eastern Townships

This program is offered in English at Dawson College in Montréal.

To learn more, visit: <https://www.dawsoncollege.qc.ca/biomedical-laboratory-technology/>.



Medical laboratory technicians collect, treat, and sort blood, tissue, and other samples from patients as well as log and validate samples. (2)

#### References:

(1) 2224 – Technicien de laboratoire médical diplômé /Technicienne de laboratoire médical diplômée. Nomenclature des titres d’emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé de des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.

(2) 3212 - Medical Laboratory Technicians and Pathologists' Assistants. National Occupation Classification. <http://cnp.edsc.gc.ca/English/noc/QuickSearch.aspx?ver=16&val65=3212>. Accessed: March 13, 2017.

## 4.7 Electroencephalographic (E.E.G.) Technician

E.E.G. technicians operate the various devices in an E.E.G. laboratory and ensure their maintenance.  
(1)



### Training

To become an E.E.G. technician, you must: (2)

- Obtain a college diploma in medical electrophysiology.

### Access to Training in the Eastern Townships

There are no training programs for this profession available in the Eastern Townships.

#### DID YOU KNOW?

For more information and resources to help you determine if this career is right for you, visit <https://www.otimroepmq.ca/>.

## 4.7 Electroencephalographic (E.E.G.) Technician

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### Access to Training Outside the Eastern Townships

*Cegep de Lévis-Lauzon* offers this program in French. To learn more, visit:

<http://cll.qc.ca/programmes/techniques/electrophysiologie-medicale/>.

*Collège Ahuntsic* offers this program in French. To learn more, visit: <https://www.collegeahuntsic.qc.ca/programmes-dec/techniques/techniques-delectrophysiologie-medicale>.

*Collège Ellis – Campus de Trois Rivières* offers this program in French. To learn more, visit:

<https://www.ellis.qc.ca/programmes-etudes-collegiales/dec-techniques-electrophysiologie-medicale>.

You can also obtain a diploma in E.E.G. Techniques given by the Canadian Association of Electroencephalographic Technicians.

#### **References:**

(1) 2241 – Technicien ou technicienne en électro-encéphalographie (E.E.G.). Nomenclature des titres d'emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé de des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.

(2) Technicien en électrophysiologie médicale. Avenir en santé.

<http://avenirensante.gouv.qc.ca/carrieres/technicien-en-electrophysiologie-medicale>. Accessed: June 23, 2020.

## 4.8 Hemodynamic Technologist

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### Training

To become a hemodynamic technologist, you must: (1)

- Complete a college diploma in biomedical laboratory technology.

### Access to Training in the Eastern Townships

You can complete the Biomedical Laboratory Technology program in French at the *Cégep de Sherbrooke*. To learn more, visit:

<https://www.cegepsherbrooke.qc.ca/fr/programmes-etudes/programmes-techniques/technologie-analyses-biomedicales>.

### Access to Training Outside the Eastern Townships

This program is offered in English at Dawson College in Montréal. To learn more, visit their

website: <https://www.dawsoncollege.qc.ca/biomedical-laboratory-technology/>.

#### **References:**

(1) 3212 – Medical Laboratory Technicians. Job Futures Quebec.

[http://www.jobbank.gc.ca/content\\_pieces-eng.do?cid=10590&lang=eng](http://www.jobbank.gc.ca/content_pieces-eng.do?cid=10590&lang=eng). Accessed: June 23, 2020.

## 4.9 Clinical Cytogenetics Technician

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### Training

To become a clinical cytogenetics technician, you must: (1)

- Complete a college diploma in biomedical laboratory technology.
- Obtain an attestation of collegial studies (ACS) in clinical cytogenetics.

### Access to Training in the Eastern Townships

You can complete the Biomedical Laboratory Technology program in French at the *Cégep de Sherbrooke*. To learn more, visit:

<https://www.cegepsherbrooke.qc.ca/fr/programmes-etudes/programmes-techniques/technologie-analyses-biomedicales>.

To obtain the attestation of collegial studies (ACS) in clinical cytogenetics, however, you must attend *Collège Rosemont* in Montréal.

### Access to Training Outside the Eastern Townships

A biomedical laboratory technology program is offered in English at Dawson College in Montréal. To learn more, visit: <https://www.dawsoncollege.qc.ca/biomedical-laboratory-technology/>.

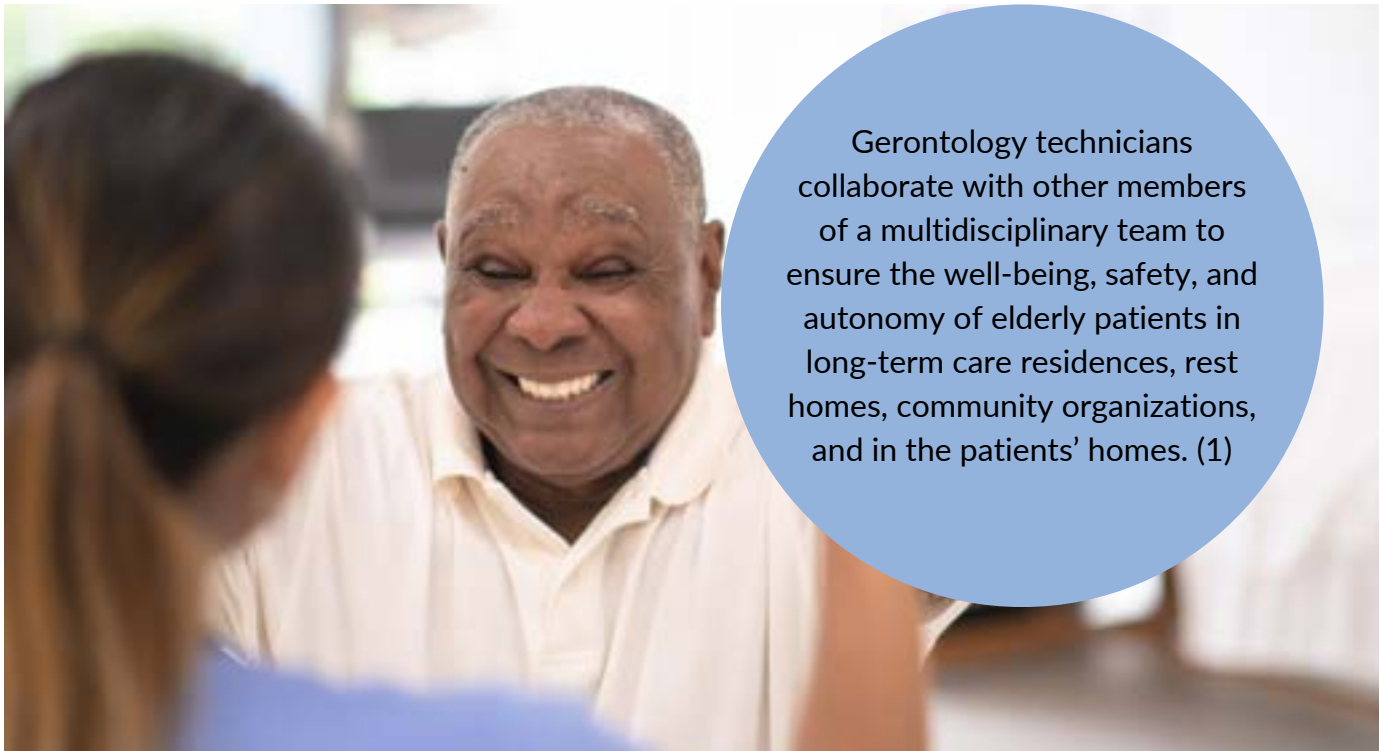
However, to *obtain the attestation of collegial studies (ACS) in clinical cytogenetics*, you must attend *Collège Rosemont* in Montréal. To learn more, visit: <https://www.crosemont.qc.ca/programme/cytogenetique-clinique/>.

#### **References:**

(1) Cytogénétique clinique (CLA.03). Collège Rosemont. <http://www.crosemont.qc.ca/formation-aux-adultes/attestations-detudes-collegiales-aec/cytogenetique-clinique>. Accessed: June 23, 2020.

## 4.10 Gerontology Technician

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Gerontology technicians collaborate with other members of a multidisciplinary team to ensure the well-being, safety, and autonomy of elderly patients in long-term care residences, rest homes, community organizations, and in the patients' homes. (1)

### Training

To become a gerontology technician, you must: (1)

- Obtain a college diploma with a specialization in gerontology.

### Access to Training in the Eastern Townships

The *Université de Sherbrooke* offers graduate programs and microprograms in gerontology. These can be combined with a bachelor's degree in a related field. To learn more, visit:

<https://www.usherbrooke.ca/gerontologie/programmes/programmes-de-type-cours/microprogrammes/intervention-en-gerontologie/conditions-dadmission/>.

#### **References:**

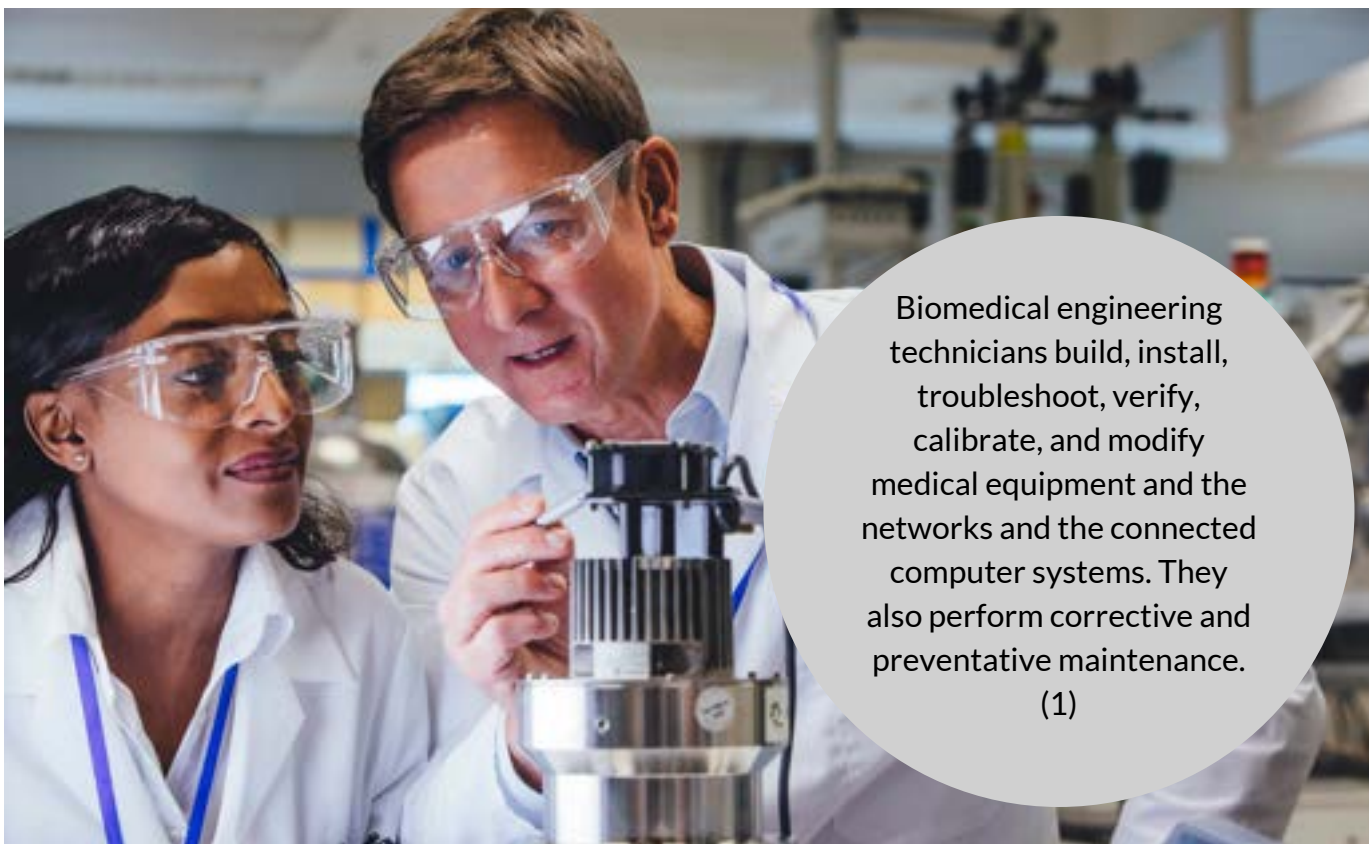
(1) Technicien en gérontologie. *Metiers-quebec.org*. [http://www.metiers-quebec.org/sociaux/tech\\_geronto.htm](http://www.metiers-quebec.org/sociaux/tech_geronto.htm). Accessed: June 23, 2020.

(2) 2285 - Technicien ou technicienne en gérontologie. *Nomenclature des titres d'emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé de des services sociaux*. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.



## 4.11 Biomedical Engineering Technician

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Biomedical engineering technicians build, install, troubleshoot, verify, calibrate, and modify medical equipment and the networks and the connected computer systems. They also perform corrective and preventative maintenance. (1)

### Training

To become a biomedical engineering technician, you must: (2)

- Complete one of two college-level programs: electronics engineering technology or industrial electronics.
- Be a member of the *Association des technologues en génie biomédical (ATGBM)*, an association that represents biomedical engineering technologists and technicians in the public and private health sector in Quebec.

### Access to Training in the Eastern Townships

There is no training program for this career in the Eastern Townships.

## 4.11 Biomedical Engineering Technician

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### Access to Training Outside the Eastern Townships

An electronics engineering technology program is available in English at Dawson College in Montréal. To learn more, visit: <https://www.dawsoncollege.qc.ca/electronics-engineering-technology/>.

An industrial electronics program is available in English at Vanier College in Montréal. To learn more, visit: <https://www.vaniercollege.qc.ca/industrial-electronics/>.

For more information about becoming a member of the *Association des technologues en génie biomédical (ATGBM)*, visit: <http://www.atgbm.org/>.

#### DID YOU KNOW?

To learn more about this career, you can visit the Biomedical Engineering Technician page on the Emploi-Québec website: [http://imt.emploi Quebec.gouv.qc.ca/mtg/inter/noncache/contenu/asp/mtg122\\_descrprofession\\_01.asp?lang=FRAN&pro=2241](http://imt.emploi Quebec.gouv.qc.ca/mtg/inter/noncache/contenu/asp/mtg122_descrprofession_01.asp?lang=FRAN&pro=2241).

#### **References:**

- (1) Description de tâches du technologue en génie biomédical. Association des technologues en génie biomédical. 2013. <https://www.atgbm.info/pages/le-technologue/description-de-taches-du-technologue-en-genie-biomedical.html>. Accessed: July 8, 2021.
- (2) Technicien en génie biomédical. Avenir en santé. <http://avenirensante.gouv.qc.ca/carrieres/technicien-en-genie-biomedical>. Accessed: June 23, 2020.

## 4.12 Medical Electrophysiology Technician

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### Training

To become a medical electrophysiology technician, you must: (1)

- Obtain a college diploma in medical electrophysiology.

### Access to Training in the Eastern Townships

There is no training program for this profession available in the Eastern Townships.

### Access to Training Outside the Eastern Townships

- This program is offered at the *Cegep de Lévis-Lauzon* in French. To learn more, visit: <http://www.cll.qc.ca/programmes/techniques/electrophysiologie-medicale/>.
- This program is offered at *Collège Ahuntsic* in French. To learn more, visit: <https://www.collegeahuntsic.qc.ca/programmes-dec/techniques/techniques-deelectrophysiologie-medicale>.
- This program is offered in French at *Collège Ellis – Campus de Trois Rivières*. To learn more, visit: <https://www.ellis.qc.ca/programmes-etudes-collegiales/dec-techniques-electrophysiologie-medicale>.

#### References:

(1) 3217 – Cardiology technologists and electrophysiological diagnostic technologists.

[http://www23.statcan.gc.ca/imdb/p3VD.pl?](http://www23.statcan.gc.ca/imdb/p3VD.pl?Function=getVD&TVD=122372&CVD=122376&CPV=3217&CST=01012011&CLV=4&MLV=4)

[Function=getVD&TVD=122372&CVD=122376&CPV=3217&CST=01012011&CLV=4&MLV=4](http://www23.statcan.gc.ca/imdb/p3VD.pl?Function=getVD&TVD=122372&CVD=122376&CPV=3217&CST=01012011&CLV=4&MLV=4)

## 4.13 Physical Trainer/Kinesiologist

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Kinesiologists are health care professionals who use movement for issues of prevention, treatment, and performance. (1)

### Training

To become a kinesiologist, you must: (2)

- Complete a bachelor's degree in kinesiology.

### Access to Training in the Eastern Townships

This program is available in French at the *Université de Sherbrooke*. To learn more, visit: <https://www.usherbrooke.ca/fasap/programmes/1er-cycle/bac-kinesiologie/>.

## 4.13 Physical Trainer/Kinesiologist

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### Access to Training Outside the Eastern Townships

This program is also available in English at McGill University. To learn more, visit: <https://www.mcgill.ca/study/2015-2016/faculties/science/undergraduate/programs/bachelor-science-bsc-minor-kinesiology>.

This program is also available in English at Concordia University. To learn more, visit: <https://www.concordia.ca/artsci/health-kinesiology-physiology/programs/bsc-exercise-science-clinical-physiology.html>.

The program is also offered in French at the following universities:

- *Université de Montréal*
- *Université du Québec à Chicoutimi (UQAC)*
- *Université du Québec à Montréal (UQAM)*
- *Université du Québec à Trois-Rivières (UQTR)*
- *Université Laval*
- *Université du Québec à Rimouski (UQAR)*

For more information about a specific university's program, follow the relevant link on the information page on the *Avenir en santé* website: <http://avenirensante.gouv.qc.ca/en/carrieres/kinesiologue>.

#### **References:**

(1) Kinésiologue (activité physique) ou intervenant en activité physique. [Metiers-quebec.org](http://metiers-quebec.org/sante/kinesiologue.htm). <http://metiers-quebec.org/sante/kinesiologue.htm>. Accessed: June 23, 2020.

(2) Kinésiologue. *Avenir en santé*. <http://avenirensante.gouv.qc.ca/carrieres/kinesiologue>. Accessed: June 23, 2020.

## 4.14 Medical Physicist

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### Training

To become a medical physicist, you must: (1)

- Have an undergraduate degree in physics or physical engineering and a graduate degree (master's and/or doctoral degree) in medical physics.

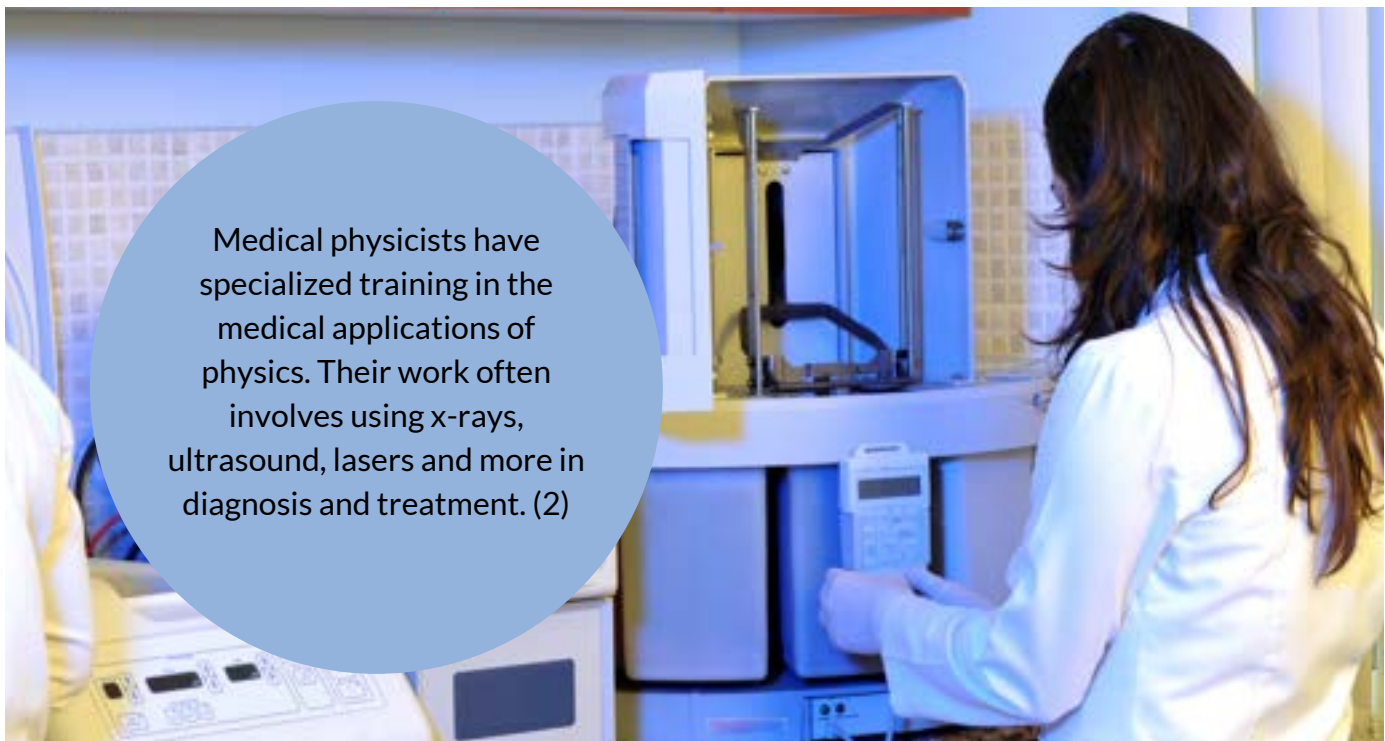
### Access to Training in the Eastern Townships

You cannot pursue graduate studies in Medical Physics in the Eastern Townships; however, you can obtain your undergraduate degree in Physics at Bishop's University. To learn more, visit:

<https://www.ubishops.ca/academic-programs/faculty-of-arts-and-science/natural-sciences-and-mathematics/physics-astronomy/>.

The *Université de Sherbrooke* offers a “Physique” program in French. To learn more, visit:

<https://www.usherbrooke.ca/admission/programme/224/baccalaureat-en-physique/>.



Medical physicists have specialized training in the medical applications of physics. Their work often involves using x-rays, ultrasound, lasers and more in diagnosis and treatment. (2)

## 4.14 Medical Physicist

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### Access to Training Outside the Eastern Townships

You can complete both a master's degree and a doctoral degree in Medical Physics in English at McGill University in Montréal. To learn more, visit: <https://www.mcgill.ca/medphys/>.

A medical physics program is also offered in French at:

- *Université Laval*. To learn more, visit: [https://www.ulaval.ca/les-etudes/programmes/repertoire/details/maitrise-en-physique-medicale-avec-memoire-m-sc.html%22%20%5cl%20%22presentation-generaleformation%22%20%5ct%20%22\\_blank](https://www.ulaval.ca/les-etudes/programmes/repertoire/details/maitrise-en-physique-medicale-avec-memoire-m-sc.html%22%20%5cl%20%22presentation-generaleformation%22%20%5ct%20%22_blank).
- *Université de Montréal*. To learn more, visit: <https://admission.umontreal.ca/programmes/maitrise-en-physique/presentation/>.

#### DID YOU KNOW?

The Canadian College of Physicists in Medicine is a wonderful resource if you are interested in a career as a medical physicist. To learn more, visit: <http://www.ccpm.ca/>.

The Canadian Organization of Medical Physicists is another good resource: <http://www.comp-ocpm.ca/english/>.

#### **References:**

- (1) Physicien médical. Avenir en santé. <https://avenirensante.gouv.qc.ca/carrieres/physicien-medical>. Accessed: July 9, 2021.
- (2) What is Medical Physics? Canadian Organization of Medical Physicists. <https://comp-ocpm.ca/english/about-comp/what-is-medical-physics/what-is-medical-physics.html>. Accessed: July 9, 2021.

Section 5

# Health and Social Services Technicians and Professionals





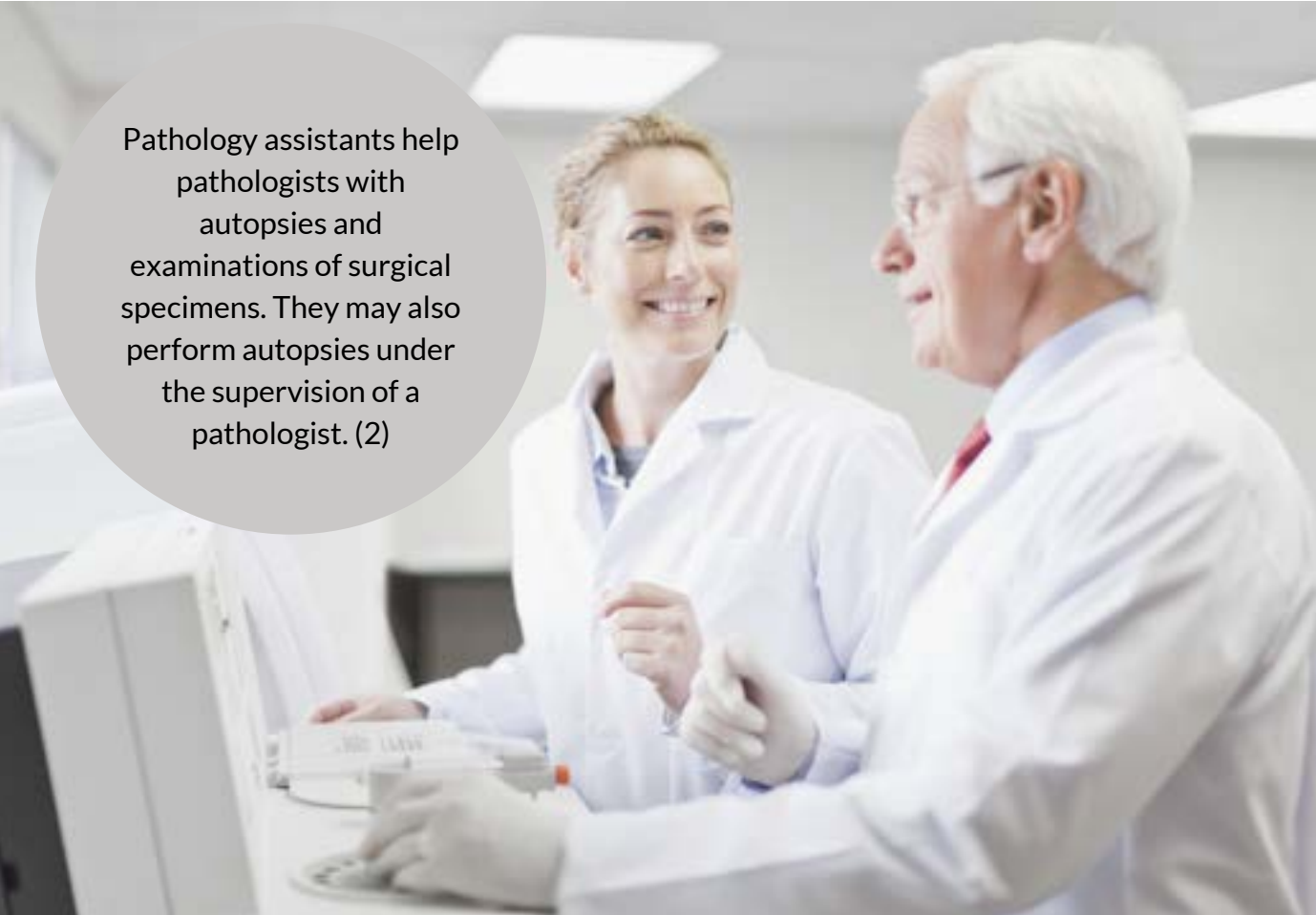
## 5.1 Pathology Assistant

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### Training

To become a pathology assistant, you must: (1)

- Have a college diploma in a relevant discipline such as thanatology, medical techniques, or a similar discipline that includes biology and anatomy courses.
- You must also possess knowledge of techniques used when performing autopsies.



Pathology assistants help pathologists with autopsies and examinations of surgical specimens. They may also perform autopsies under the supervision of a pathologist. (2)

#### **References:**

(1) 2203 – Assistant ou assistante en pathologie. Nomenclature des titres d'emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé de des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.

(2) Pathologists' Assistants. Alternate Careers for Lab Professionals.

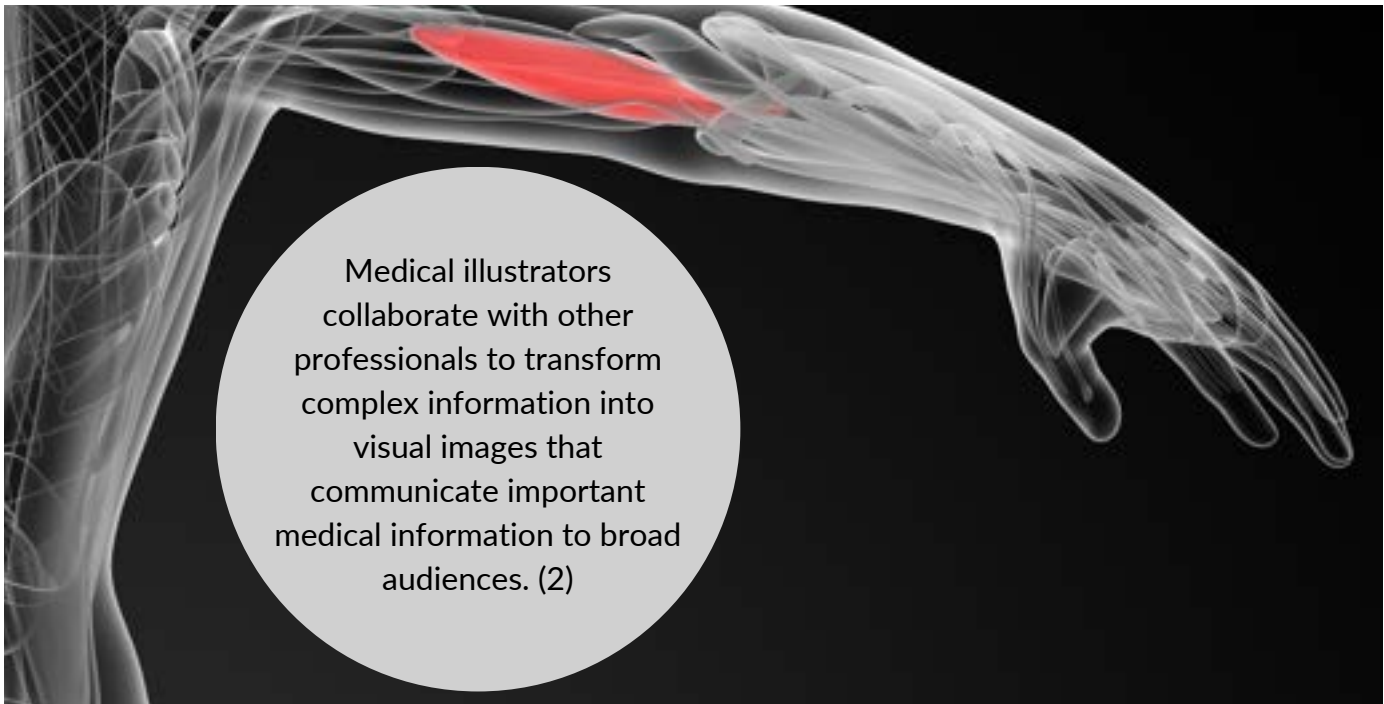
<http://altcareers.csmls.org/careers/pathologists-assistants/>. Accessed: June 23, 2020.

## 5.2 Medical Illustrator

### Training

To become a medical illustrator, you must: (1)

- Have a university or college diploma in applied arts or graphic design.
- You must also be knowledgeable in the fields of biology, comparative anatomy, embryology, and physiology.



### DID YOU KNOW?

Medical illustration is a small field—fewer than 2,000 trained and accredited practitioners in the world. (2)

#### References:

(1) So you want to be a medical illustrator? University Affairs.

<http://www.universityaffairs.ca/career-advice/career-advice-article/so-you-want-to-be-a-medical-illustrator/>. Accessed: June 23, 2020.

(2) Medical Illustration: Learn About It. Association of Medical Illustrators. <http://ami.org/medical-illustration/learn-about-medical-illustration>. Accessed: June 23, 2020.

## 5.3 Medical Photographer

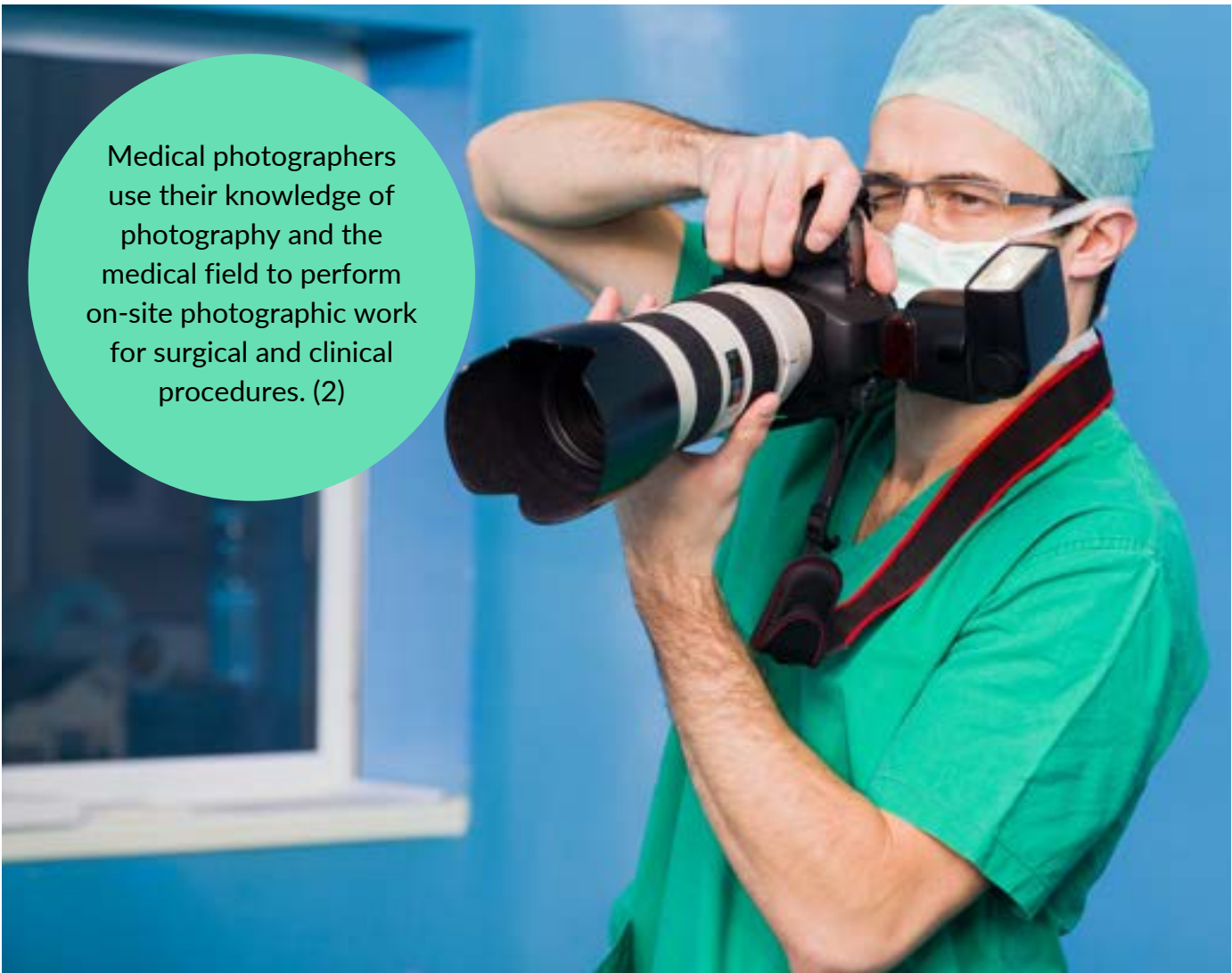
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### Training

To become a medical photographer in Quebec, you must: (1)

- Have a college diploma in graphic arts (photography).
- Have some knowledge of biology, comparative anatomy, embryology, and physiology.

Medical photographers use their knowledge of photography and the medical field to perform on-site photographic work for surgical and clinical procedures. (2)



#### **References:**

(1) 2254 – Photographe médical ou photographe médicale. Nomenclature des titres d'emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé et des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.

(2) Medical Photographer: Job Description, Duties and Requirements. Study.com.

[http://study.com/articles/Medical\\_Photographer\\_Job\\_Description\\_Duties\\_and\\_Requirements.html](http://study.com/articles/Medical_Photographer_Job_Description_Duties_and_Requirements.html).

Accessed: June 23, 2020.

## 5.4 Orthoptist

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### Training

To become an orthoptist in Quebec, you must: (1)

- Obtain a certificate from the Canadian Orthoptic Council and the Canadian Medical Association in conjunction with the Canadian Ophthalmology Society  
or
- Obtain another recognized diploma in orthoptics.

For more information about these organizations, visit:

- Canadian Orthoptic Council:  
[http://www.orthopticscanada.org/index\\_e.htm](http://www.orthopticscanada.org/index_e.htm).
- Canadian Medical Association: <https://www.cma.ca/>.
- Canadian Ophthalmology Society: <https://www.cos-sco.ca/>.

You can also visit the *Association des Orthoptistes du Quebec*'s website:

<http://www.orthoptiquequebec.ca/>.

### Access to Training in the Eastern Townships

There is no training program for this profession in the Eastern Townships.

### Access to Training Outside the Eastern Townships

This program is offered in English at Dalhousie University in Halifax, Nova Scotia (2). To learn more, visit: <http://cvs.healthprofessions.dal.ca/>.

#### **References:**

(1) What is orthoptics? The Canadian Orthoptic Society.

[http://www.tcos.ca/english/about\\_orthoptics/index.php](http://www.tcos.ca/english/about_orthoptics/index.php). Accessed: June 23, 2020.

(2) Orthoptiste. Avenir en santé. <http://avenirensante.gouv.qc.ca/carrieres/orthoptiste>. Accessed: June 23, 2020.

## 5.5 Cytologist

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### Training

To become a cytologist in Quebec, you must: (1)

- Complete a college diploma in biomedical analysis techniques.
- Undertake a one-year training program in cytotechnology, which leads to an ACS (Attestation of collegial studies).

### Access to Training in the Eastern Townships

Biomedical analysis techniques (*Technologies d'analyses biomédicales*) training is available in French at the *Cégep de Sherbrooke*. To learn more, visit: <https://www.cegepsherbrooke.qc.ca/fr/programmes-etudes/programmes-techniques/technologie-analyses-biomedicales>.

### Access to Training Outside the Eastern Townships

A biomedical laboratory technology program is available in English at Dawson College in Montréal. To learn more, visit: <https://www.dawsoncollege.qc.ca/biomedical-laboratory-technology/>.

Following the completion of your college program, you must undertake a one-year training program in cytotechnology. In Québec, this program (*Cytotechnologie*) is available in French at the *Collège de Rosemont*. To learn more, visit: <https://www.crosemont.qc.ca/programme/cytotechnologie/>.

#### References:

(1) Cytologist. Avenir en santé. URL: <http://avenirensante.gouv.qc.ca/en/carrieres/cytologiste>. Accessed: March 15, 2021.

## 5.6 Sexologist

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Sexologists evaluate the sexual behaviour and development of individuals, couples, and groups to determine, recommend, and implement interventions and treatments for their clients. (1)

### Training

To become a sexologist in Quebec, you must: (2)

- Obtain a bachelor's degree in sexology.
- Become a member of the *Ordre professionnel des sexologues du Québec*.

To practice as a clinical sexologist, you must complete a master's degree in sexology—specialized in counselling—and obtain a psychotherapist's license.

### Access to Training in the Eastern Townships

There is no training program available for this career in the Eastern Townships.

## 5.6 Sexologist

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### Access to Training Outside the Eastern Townships

This program is offered in French at the *Université du Québec à Montréal (UQAM)*. To learn more, visit: <https://sexologie.uqam.ca/>.

- For more information about becoming a member of the professional order, visit: <https://opsq.org/>.

#### **DID YOU KNOW?**

You can visit the *Association des sexologues du Québec* website for more information and resources:

<https://associationdessexologues.com>.

#### **References:**

- (1) Champs d'exercices et secteurs de pratique. Ordre professionnel des sexologues du Québec. <https://opsq.org/le-sexologue/champs-secteurs/>. Accessed: June 23, 2020.
- (2) Sexologue. Avenir en santé. <http://avenirensante.gouv.qc.ca/carrieres/sexologue>. Accessed: June 23, 2020.

## 5.7 Orthosis-prosthesis Technician

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Orthosis-prosthesis technicians design, create, and oversee the fabrication of support devices (orthotics) and replacement devices (prosthetics) for individuals who have functional limitations and/or physical handicaps. (1)

### Training

To become an orthosis-prosthesis technician, you must: (2)

- Obtain a college diploma with a specialization in orthosis-prosthesis.

### Access to Training in the Eastern Townships

There is no training program available for this career in the Eastern Townships.



## 5.7 Orthosis-prosthesis Technician

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### Access to Training Outside the Eastern Townships

A training program is available in French at *Collège Montmorency* in Laval. To learn more, visit:

<https://www.cmontmorency.qc.ca/programmes/nos-programmes-detudes/techniques/techniques-dortheses-de-protheses-orthopediques/description-du-programme/>.

A French-language training program is also offered at *Collège Mérici* in Québec. To learn more, visit:

<https://www.merici.ca/etudes/programmes/techniques-dortheses-protheses-orthopediques/>.

#### **References:**

(1) Technologue en orthèses et prothèses orthopédiques. *Metiers-quebec.org*. [http://metiers-quebec.org/sante/tech\\_ortheses.htm](http://metiers-quebec.org/sante/tech_ortheses.htm). Accessed: June 23, 2020.

(2) Technicien en orthèses et prothèses. *Avenir en santé*.

<http://avenirensante.gouv.qc.ca/carrieres/technicien-en-ortheses-et-protheses>. Accessed: June 23, 2020.

## 5.8 Paramedic/Ambulance Attendant



Paramedics/ambulance attendants are responsible for getting patients to a health care establishment safely and efficiently. (1)

### Training

To become a paramedic or ambulance attendant, you must: (2)

- Obtain a college diploma in ambulance techniques or pre-hospital emergency care.

### Access to Training in the Eastern Townships

The *Cégep de Sherbrooke* offers a *Soins préhospitaliers d'urgence* program in French. To learn more, visit:

<https://www.cegepsherbrooke.qc.ca/fr/programmes-etudes/programmes-techniques/soins-prehospitaliers-urgence>.

### Access to Training Outside the Eastern Townships

The Paramedic Care program is available in English at John Abbott College in Sainte-Anne-de-Bellevue. To learn more, visit:

<http://www.johnabbott.qc.ca/academics/career-programs/paramedic-care/>.

## 5.8 Paramedic/Ambulance Attendant

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A training program is offered in French at the following institutions:

- *Campus Notre-Dame-de-Foy*:  
<https://www.cndf.qc.ca/programmes/dec-professionnels-et-techniques/soins-prehospitaliers-urgence/>.
- *Cégep de Baie-Comeau*: <https://cegep-baie-comeau.qc.ca/futurs-etudiants/soins-prehospitaliers-urgence>.
- *Cégep de Chicoutimi*: <https://cchic.ca/?9B6AF8B7-091A-403B-8377-21C3BB0ABB40>.
- *Cégep de l’Abitibi-Témiscamingue*:  
<https://www.cegepat.qc.ca/programmes/soins-pre-urg/>.
- *Cégep de l’Outaouais*:  
<http://www.cegepoutaouais.qc.ca/index.php/soins-prehospitaliers-d-urgence-181-a0>.
- *Cégep de Rivière-du-Loup*: <https://www.cegeprdl.ca/futurs-etudiants/programmes/programmes-techniques/soins-prehospitaliers-d-urgence/>.
- *Cégep de Sainte-Foy*: <https://www.cegep-ste-foy.qc.ca/programmes/programmes-techniques/soins-prehospitaliers-durgence/>.
- *Cégep de Saint-Hyacinthe*:  
<https://www.cegepsth.qc.ca/programme/soins-prehospitaliers-durgence/>.
- *Collège Ahuntsic*: <https://www.collegeahuntsic.qc.ca/programmes-dec/techniques/soins-prehospitaliers-durgence>.
- *Collège Ellis Campus de Drummondville*:  
<https://www.ellis.qc.ca/programmes-etudes-collegiales/dec-soins-prehospitaliers-urgence>.
- *Collège Shawinigan*: <https://www.cegepshawinigan.ca/futurs-etudiants/programmes-detudes/programmes-techniques/soins-prehospitaliers-durgence/>.

### References:

(1) Ambulancier (paramédic). Avenir en santé.

<http://avenirensante.gouv.qc.ca/carrieres/ambulancier-paramedic>. Accessed: June 23, 2020.

(2) Technicien(ne)-ambulancier(cière) paramédical. Metiers-quebec.org. <http://metiers-quebec.org/protection/ambulancier.htm>. Accessed: June 23, 2020.

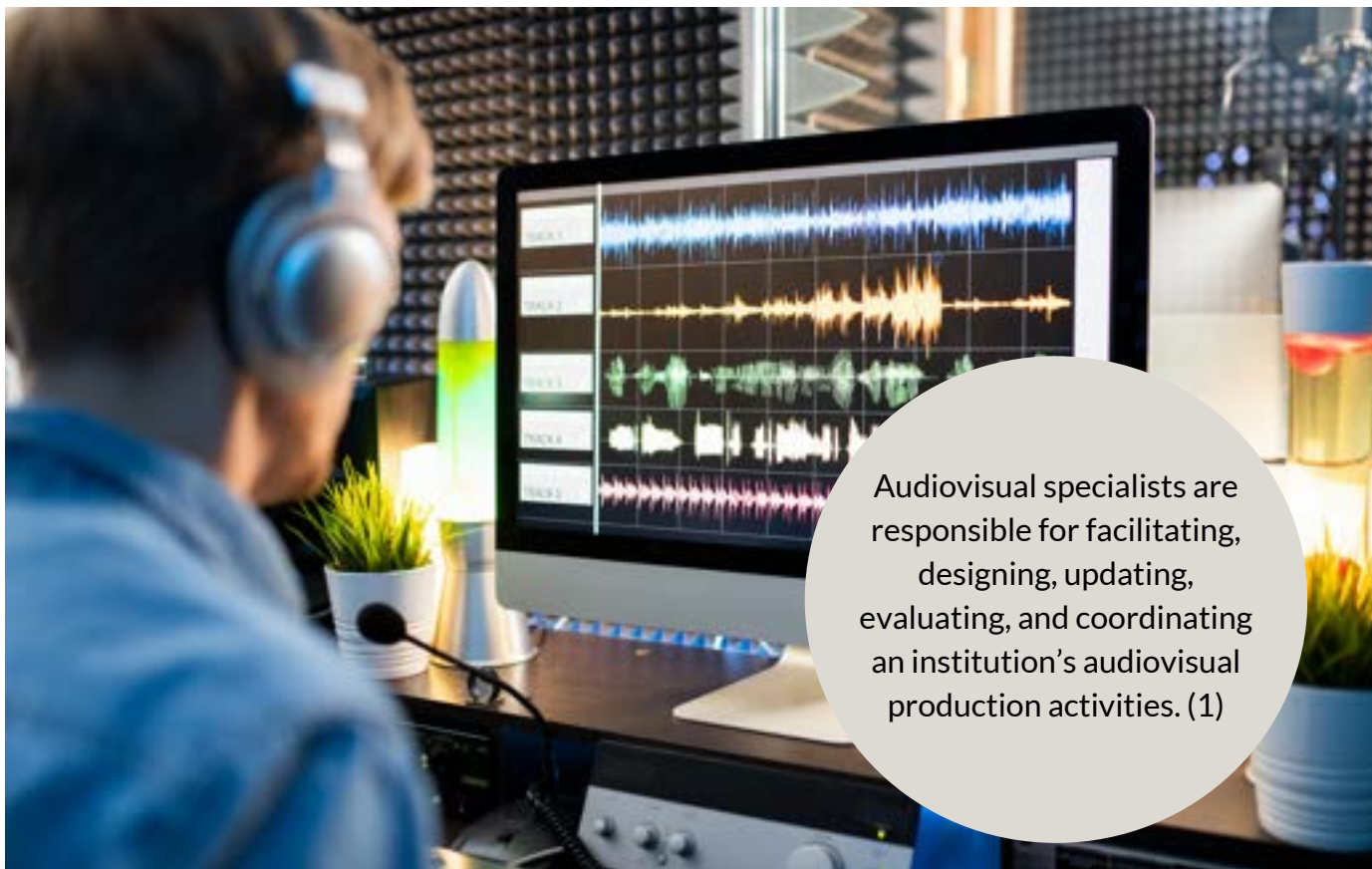
## 5.9 Audiovisual Specialist

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### Training

To become an audiovisual specialist, you must: (1)

- Obtain a university degree in an appropriate discipline. Examples include audio recording and video production, broadcast and electronic communication arts, and multimedia production.



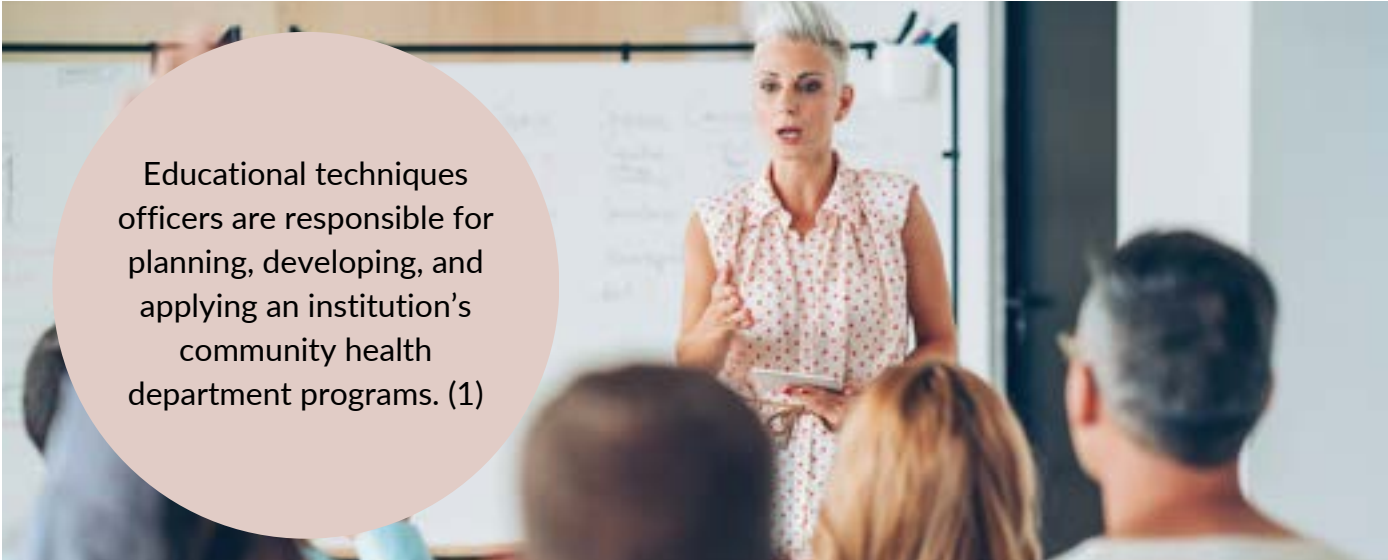
Audiovisual specialists are responsible for facilitating, designing, updating, evaluating, and coordinating an institution's audiovisual production activities. (1)

#### **References:**

(1) What is an Audiovisual Production Specialist? Learn.org.

[http://learn.org/articles/What\\_is\\_an\\_Audio\\_Visual\\_Production\\_Specialist.html](http://learn.org/articles/What_is_an_Audio_Visual_Production_Specialist.html). Accessed: June 23, 2020.

## 5.10 Educational Techniques Officer



Educational techniques officers are responsible for planning, developing, and applying an institution's community health department programs. (1)

### Training

To become an educational techniques officer, you must: (2)

- Have an undergraduate university degree in an appropriate discipline. A graduate university degree in health or social services; an administrative field may also be required.

### Access to Training in the Eastern Townships

Bishop's University offers a variety of English-language education programs and other undergraduate degrees. To learn more, visit: <https://www.ubishops.ca/>.

The *Université de Sherbrooke* offers a variety of French-language education programs and other undergraduate degrees. To learn more, visit: <https://www.usherbrooke.ca/>

#### References:

- (1) 1651 – Agent ou agente en techniques éducatives. Nomenclature des titres d'emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé et des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.
- (2) Health Policy Researchers, Consultants, and Program Officers. Labour Market Information, Government of Canada. [http://www.jobbank.gc.ca/search\\_occupation-eng.do?titleKeyword=program+officer%2C+health+promotion&id\\_en=12641&id\\_fr=9229&noc=4165&regionKeyword=Sherbrooke%2C+QC&area=25151&action=Search](http://www.jobbank.gc.ca/search_occupation-eng.do?titleKeyword=program+officer%2C+health+promotion&id_en=12641&id_fr=9229&noc=4165&regionKeyword=Sherbrooke%2C+QC&area=25151&action=Search). Accessed: June 23, 2020.

## 5.11 Remedial Learning Specialist



Remedial learning specialists work specifically with children, teenagers or adults who learn differently. (1)

### Training

To become a remedial learning specialist, you must: (2)

- Obtain a university diploma in school adaptation or remedial education.

## 5.11 Remedial Learning Specialist

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### Access to Training in the Eastern Townships

- Undergraduate and graduate education programs in School Adaptation are offered in French at the *Université de Sherbrooke*. To learn more, visit: <https://www.usherbrooke.ca/education/>.
- An English-language undergraduate education program—offered at Bishop’s University—could also be paired with the graduate program *Adaptation scolaire et sociale* offered at the *Université de Sherbrooke*. To learn more, visit:
  - Bishop’s University: <https://www.ubishops.ca/academic-programs/school-of-education/undergraduate-courses-programs/>.
  - *Université de Sherbrooke*: <https://www.usherbrooke.ca/>.

#### **References:**

(1) Foire aux questions. L’Association des Orthopédagogues du Québec. <https://www.ladoq.ca/FAQ>. Accessed: June 23, 2020.

(2) 1656 – Ortho-pédagogue. Nomenclature des titres d’emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé de des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.

## 5.12 Occupational Hygiene Technician

Occupational hygiene technicians are responsible for detecting, evaluating, and analyzing problems and risks relating to workplace health and safety. (1)



### Training

To become an occupational hygiene technician, you must: (2)

- Obtain a college diploma with an appropriate specialization (for example: occupational health and safety, environmental health, toxicology, pure and applied sciences, environmental sciences).

To learn more about the options and paths that could lead to a career as an occupational hygiene technician, consult the Occupational Hygienist page on [Metiers-Quebec.org](http://Metiers-Quebec.org).

### Access to Training in the Eastern Townships

You can obtain a university degree in Business Administration—taking courses in occupational health and safety—at Bishop’s University. To learn more, visit: <https://www.ubishops.ca/academic-programs/williams-school-of-business/courses-and-programs/bba/>.

#### References:

(1) Technicien(ne) en hygiène et sécurité au travail. Metiers-quebec.org. [http://metiers-quebec.org/environnement/tech\\_hygiene.htm](http://metiers-quebec.org/environnement/tech_hygiene.htm). Accessed: June 23, 2020.

(2) Occupational Hygienist. Eco Canada. <http://www.eco.ca/career-profiles/occupational-hygienist/>. Accessed: June 23, 2020.



## 5.13 Safety Technician



Safety technicians are the experts when it comes to preventing fires and disasters. (1)

Training

### Training

To become a safety technician, you must: (2)

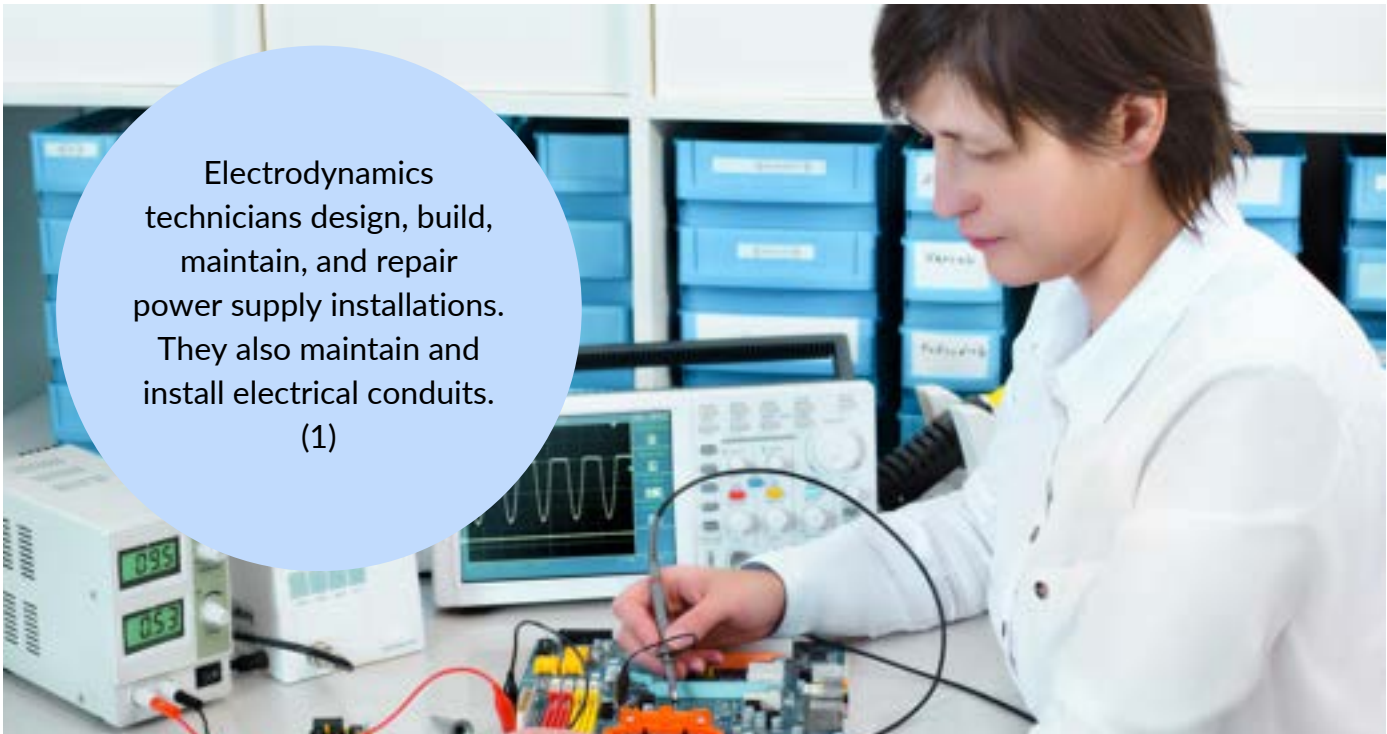
- Obtain a diploma of college studies with a specialization in safety and prevention techniques.

#### **References:**

(1) Préventionniste en sécurité-incendie. Metiers-quebec.org. <http://www.metiers-quebec.org/protection/preventionniste.html>. Accessed: June 23, 2020.

(2) 2368 – Technicien ou technicienne en prévention. Nomenclature des titres d’emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé de des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.

## 5.13 Electrodynamics Technician



### Training

To become an electrodynamics technician, you must: (2)

- Have a college diploma with a specialization in electrodynamics, and an electrician's qualification certificate from the relevant government department.

If you want to be a technician that assumes responsibility for all electrical systems, you would also be required to have an A2 electrical license.

#### **References:**

(1) 2381 – Technicien ou technicienne en électrodynamique. Nomenclature des titres d'emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé de des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.

(2) What are some things every electrician should know? Quora.com.

<https://www.quora.com/What-are-some-things-every-electrician-should-know>. Accessed: June 23, 2020.

## 5.15 Psycho-social Research Technician



Working in the field of community health care, psycho-social research technicians perform a variety of descriptive and evaluative research activities. (1)

### Training

To become a psycho-social research technician, you must: (2)

- Obtain a college degree with a specialization in psycho-social research techniques.

### Access to Training in the Eastern Townships

- You can pursue college-level studies in social sciences—with a psychology profile—at Champlain Regional College in Lennoxville. To learn more, visit: <https://www.crc-lennox.qc.ca/programs/psychology-profile/>.  
or
- You can pursue university-level studies in psychology at Bishop's University in Lennoxville. To learn more, visit: <https://www.ubishops.ca/academic-programs/faculty-of-arts-and-science/social-sciences/psychology/>.

#### References:

(1) 2584 – Technicien ou technicienne en recherche psycho-sociale. Nomenclature des titres d'emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé et des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.

(2) Skills of Researchers. University of Sheffield. Spetember, 2011.

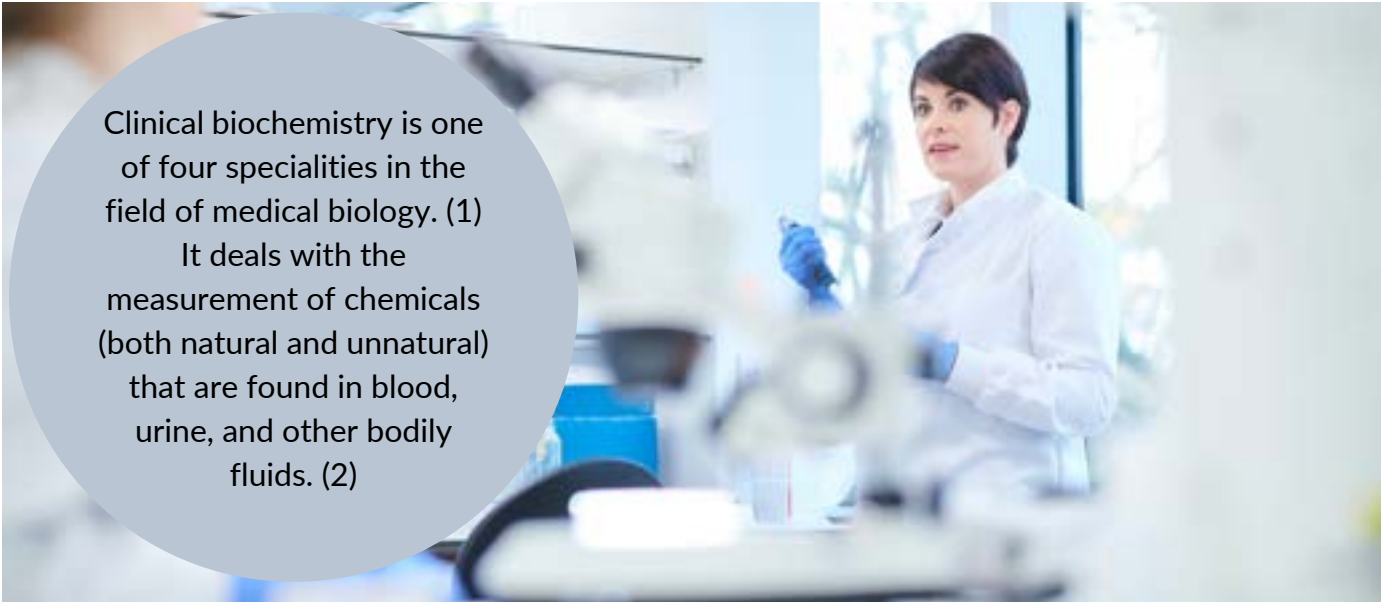
<http://www.careers.dept.shef.ac.uk/phd/researchskills.pdf>. Accessed: June 23, 2020.

Section 6

# Clinic and Laboratory Professionals



## 6.1 Clinical Biochemist



Clinical biochemistry is one of four specialities in the field of medical biology. (1)  
It deals with the measurement of chemicals (both natural and unnatural) that are found in blood, urine, and other bodily fluids. (2)

### Training

To become a clinical biochemist, you must: (3)

- Obtain postdoctoral university training in clinical biochemistry.
- Have a specialist certificate in clinical biochemistry (*Certificat de spécialiste en biochimie clinique*) that is issued by the OCQ.

### Access to Training Outside the Eastern Townships

This training is available in French through the *Université de Montréal*.

To learn more, visit:

<http://www.biochimie.umontreal.ca/etudes/depd/>.

For more information about receiving a specialist certificate from the OCQ, visit: <http://ocq.qc.ca/en/specialty-clinical-biochemist/>.

#### References:

(1) Specialty: Clinical Biochemist. Ordre des chimistes du Québec. <http://ocq.qc.ca/en/specialty-clinical-biochemist/>. Accessed: June 23, 2020.

(2) Canadian Academy of Clinical Biochemistry. Canadian Society of Clinical Chemists. <https://www.csc.ca/en/academy.html>. Accessed: June 23, 2020.

(3) 2112 - Chemists. Job Futures Québec; Government of Canada. [http://www.jobbank.gc.ca/content\\_pieces-eng.do?cid=10511&lang=eng&wbdisable=true](http://www.jobbank.gc.ca/content_pieces-eng.do?cid=10511&lang=eng&wbdisable=true). Accessed: June 23, 2020.

## 6.2 Bacteriologist



Bacteriologists study, analyze, classify, and identify the structures and functions of micro-organisms such as bacteria, parasites, microbes, and mushrooms. (1)

### Training

To become a bacteriologist, you must: (2)

- Obtain a university undergraduate degree in an appropriate discipline.

### Access to Training in the Eastern Townships

You can obtain a bachelor's degree in health sciences at Bishop's University. To learn more, visit: <https://www.ubishops.ca/academic-programs/faculty-of-arts-and-science/natural-sciences-and-mathematics/biological-sciences/courses-programs/>.

#### References:

(1) Microbiologist. Metiers-quebec.org. <http://metiersquebec.org/chimie/microbio.htm>. Accessed: June 23, 2020.

(2) 1200 – Bactériologiste. Nomenclature des titres d'emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé de des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.

## 6.3 Specialist in Biological and Physical Sciences in Health

Specialists in biological and physical sciences in health work in fields such as microbiology, biochemistry, chemistry, and physical and biomedical engineering. (1)



### Training

To become a specialist in biological and physical sciences in health, you must: (2)

- Obtain a university degree in an appropriate discipline.

### Access to Training in the Eastern Townships

You can obtain a bachelor's degree in health sciences at Bishop's University. To learn more, visit:

<https://www.ubishops.ca/academic-programs/faculty-of-arts-and-science/natural-sciences-and-mathematics/biological-sciences/courses-programs/>.

#### References:

(1) 1207 – Spécialiste en sciences biologiques et physiques sanitaires. Nomenclature des titres d'emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé et des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.

(2) Research scientist (physical sciences). Prospects. <https://www.prospects.ac.uk/job-profiles/research-scientist-physical-sciences>. Accessed: June 23, 2020.

## 6.4 Biomedical Engineer

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### Training

To become a biomedical engineer, you must: (1)

- Have an undergraduate degree from a recognized university, in an appropriate discipline.

### Access to Training Outside the Eastern Townships

- *L'École Polytechnique de Montréal* offers the first, and only, bachelor's degree in biomedical engineering in Québec—offered in French. To learn more, visit: <https://www.polymtl.ca/biomed/programmes-detudes/baccalaureat>.
- Students of science and/or engineering can complete graduate programs at McGill University (Biological and Biomedical Engineering). To learn more, visit: <https://www.mcgill.ca/bbme/>.
- The *Université de Montréal* also offers a *Génie biomédicale* master's program in French. To learn more, visit: <https://admission.umontreal.ca/programmes/maitrise-en-genie-biomedical/>.

#### References:

(1) Ingénieur(e) biomédical(e). Metiers-quebec.org. [http://www.metiers-quebec.org/electrotechnique/ing\\_biomedical.html](http://www.metiers-quebec.org/electrotechnique/ing_biomedical.html). Accessed: June 23, 2020.



## 6.5 Clinical Specialist in Laboratory Medicine



### Training

To become a clinical specialist in laboratory medicine, you must: (2)

- Complete post-doctoral studies in a field related to your area of interest and expertise, such as molecular biology, biomedical science, microbiology, immunology, or genetics.

### Access to Training in the Eastern Townships

- You can complete your doctoral studies in French at the *Université de Sherbrooke*. Following the completion of your studies, you can also complete post-doctoral studies at the *Université de Sherbrooke*. To learn more, visit: <https://www.usherbrooke.ca/medpostdoc/>.

#### References:

(1) 1291 – Spécialiste clinique en biologie médicale. Nomenclature des titres d'emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé et des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.

(2) Healthcare scientist (haematology). Prospects. <https://www.prospects.ac.uk/job-profiles/healthcare-scientist-haematology>. Accessed: June 23, 2020.



Section 7  
**Pharmacy  
Professionals**

## 7.1 Pharmacists

Pharmacists are an essential part of our health care system. The role has become key to guaranteeing Canadians safe access to necessary medications. (1)



### Training

To become a pharmacist, you must: (2)

- Complete an undergraduate degree in pharmacy studies. In Québec, this program is the *Doctorat de premier cycle en pharmacie* (replacing the bachelor's degree in pharmacy).
- Become a member of the *Ordre des pharmaciens du Québec* (OPQ).

### Access to Training in the Eastern Townships

There is no training program for this profession available in the Eastern Townships.

## 7.1 Pharmacists

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### Access to Training Outside the Eastern Townships

The *Université Laval* offers an entry-level Doctor of Pharmacy program in French (*doctorat de premier cycle en pharmacie*). To learn more, visit: <https://www.pha.ulaval.ca/etudes/programmes/doctorat-de-premier-cycle-en-pharmacie/>.

The *Université Laval* also offers a French-language graduate program that leads to a master's degree in advanced pharmacotherapy (*maîtrise en pharmacothérapie avancée*).

These programs are also offered (in French at the *Université de Montréal*). To learn more, visit: <https://pharm.umontreal.ca/english/students/graduate-programs/doctor-phd-of-pharmaceutical-sciences/>.

#### DID YOU KNOW?

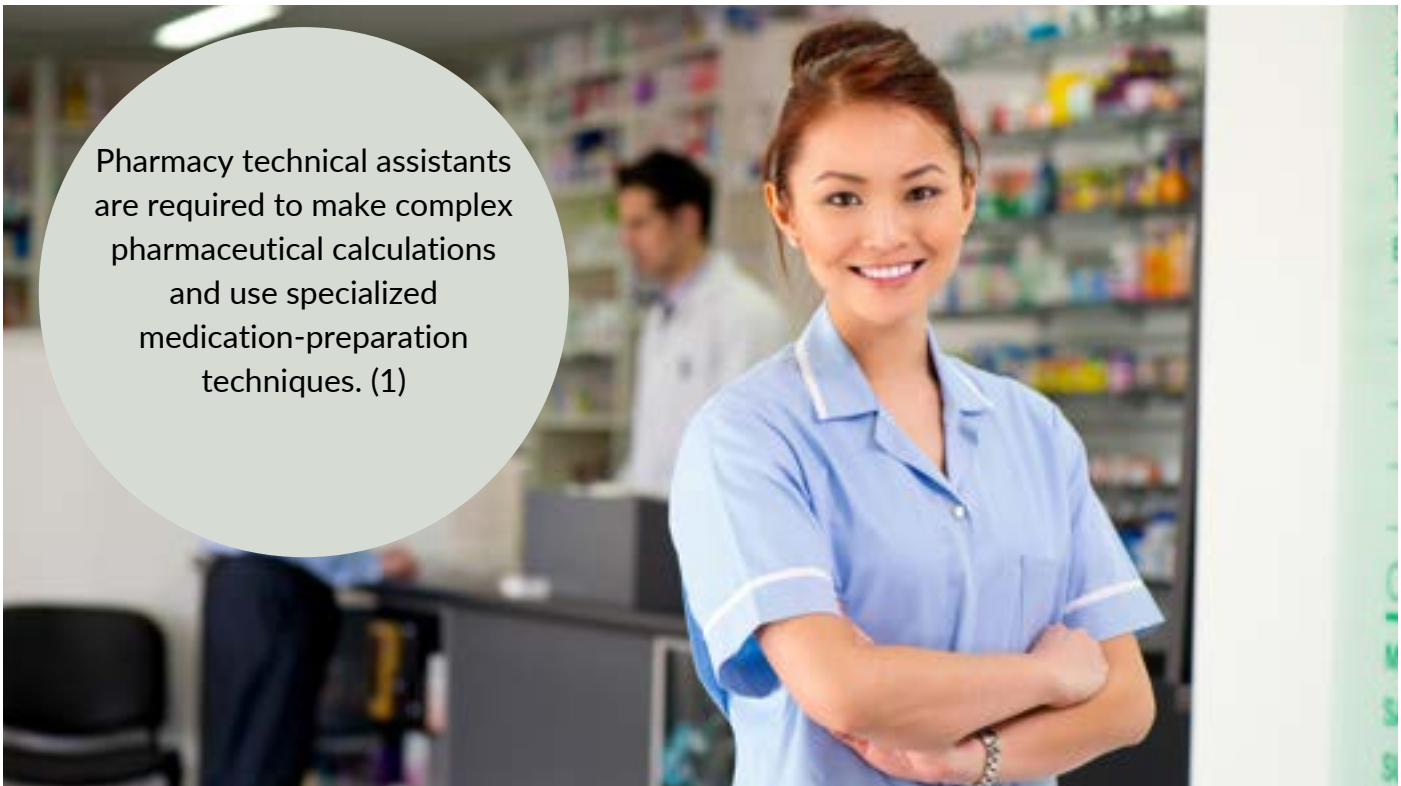
The requirements for becoming a pharmacist are slightly different in Quebec than elsewhere in Canada. To learn more about the Quebec requirements, visit <https://www.opq.org>.

#### **References:**

- (1) *Pharmacy in Canada*. Canadian Pharmacists Association. <http://www.pharmacists.ca/pharmacy-in-canada/>. Accessed: June 23, 2020.
- (2) *Pharmacien d'établissement*. Avenir en santé. <http://avenirensante.gouv.qc.ca/carrieres/pharmacien>. Accessed: June 23, 2020.

## 7.2 Pharmacy Technical Assistant

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Pharmacy technical assistants are required to make complex pharmaceutical calculations and use specialized medication-preparation techniques. (1)

### Training

To become a pharmacy technical assistant, you must: (2)

- Obtain a vocational degree in pharmacy technical assistance (*Assistance technique en pharmacie*).

You can also become a pharmacy technical assistant if you have a high school diploma and obtain several months of on-the-job training.

### Access to Training in the Eastern Townships

A pharmacy technical assistance program is offered in French at the *Centre de formation professionnelle 24 juin*. Learn more at: <https://centre24juin.ca/sante/assistance-technique-en-pharmacie-dep/>.

## 7.2 Pharmacy Technical Assistant

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### Access to Training Outside the Eastern Townships

A list of French-language training programs can be found at:

- <https://www.inforoutefpt.org/progSecOffres.aspx?sanction=5&prog=5341>.

A list of English-language training programs can be found at:

- <https://www.inforoutefpt.org/progSecOffres.aspx?sanction=5&prog=5841>.

#### **References:**

(1) Becoming a pharmacy technical assistant in Quebec. Herzing College.

<http://www.herzing.ca/blog/medical-and-healthcare/becoming-a-pharmacy-technical-assistant-in-quebec/>. Accessed: June 23, 2020.

(2) Assistant technique en pharmacie. Avenir en santé.

<http://avenirensante.gouv.qc.ca/carrieres/assistant-technique-en-pharmacie>. Accessed: June 23, 2020.

Section 8

# Nutrition and Dietetics Professionals



## 8.1 Dietitian/Nutritionist

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Dietitians are experts in nutrition and the human diet who actively participate in promoting health, preventing disease and shaping the dietary choices of healthy and sick people. (1)



### Training

To become a dietitian/nutritionist, you must: (2)

- Complete university training in nutritional sciences.
- Register as a member of the *Ordre professionnel des diétistes du Québec (OPDQ)*.

### Access to Training in the Eastern Townships

There are no training opportunities for this profession in the Eastern Townships.



## 8.1 Dietitian/Nutritionist

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### Access to Training Outside the Eastern Townships

A training program is available in English at McGill University's School of Dietetics and Human Nutrition. To learn more, visit:

<https://www.mcgill.ca/nutrition/>.

The program is available in French at:

- *Université Laval*. To learn more, visit: <https://www.ulaval.ca/les-etudes/programmes/repertoire/details/baccalaureat-en-nutrition-b-sc.html>.
- *Université de Montréal*. To learn more, visit: <https://nutrition.umontreal.ca/>.

For more information about registering as a member of the OPDQ, visit: <https://opdq.org/>.

#### DID YOU KNOW?

The OPDQ website includes an entire section outlining the profession of dietitian/nutritionist, and information on how to become a dietitian/nutritionist. To learn more, go to the *Deux titres, une profession* section of the OPDQ website (note that this site is only available in French).

#### **References:**

- (1) Pourquoi choisir une diététiste/nutritionniste. Ordre professionnel des diététistes du Québec. <http://opdq.org/qui-sommes-nous/pourquoi-choisir-une-dietetistenutritionniste/>. Accessed: June 23, 2020.
- (2) Diététiste-nutritionniste. Avenir en santé. <http://avenirensante.gouv.qc.ca/carrieres/dietetiste-nutritionniste>. Accessed: June 23, 2020.

## 8.2 Dietary Technician, Nutrition Technician

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Dietary technicians have a variety of responsibilities that help them improve the quality of their clients' food consumption and foster good health. (1)



### Training

To become a dietary technician you must: (2)

- Have a diploma of college studies (DCS) in dietetics (dietary techniques).

### Access to Training in the Eastern Townships

There are no training opportunities for this profession in the Eastern Townships.

## 8.2 Dietary Technician, Nutrition Technician

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### Access to Training Outside the Eastern Townships

Dietetics programs are available in French at the following CEGEPs across Quebec:

- *Cégep de Chicoutimi*
- *Cégep de l'Outaouais*
- *Cégep de Maisonneuve*
- *Cégep de Rimouski*
- *Cégep de St-Hyacinthe*
- *Cégep de Trois-Rivières*
- *Cégep Limoilou*
- *Cégep Montmorency*

Visit the InfoRouteFPT.org website to find a link for the cégep you are interested in: <https://www.inforoutefpt.org/progColOffres.aspx?prog=250&sanction=1>.

#### **References:**

(1) Technicien en diététique. Avenir en santé.

<http://avenirensante.gouv.qc.ca/carrieres/technicien-en-dietetique>. Accessed: June 23, 2020.

(2) 3219 – Other Medical Technologists and Technicians (Except Dental Health). National Occupational Classification 2011. [https://www23.statcan.gc.ca/imdb/p3VD.pl?](https://www23.statcan.gc.ca/imdb/p3VD.pl?Function=getVD&TVD=122372&CVD=122376&CPV=3219&CST=01012011&CLV=4&MLV=4)

[Function=getVD&TVD=122372&CVD=122376&CPV=3219&CST=01012011&CLV=4&MLV=4](https://www23.statcan.gc.ca/imdb/p3VD.pl?Function=getVD&TVD=122372&CVD=122376&CPV=3219&CST=01012011&CLV=4&MLV=4). Accessed: March 23, 2021.

## Specialized Care



Interested in a specialized career in the health services but not sure where to start? This section provides all the information you need to find training information about career opportunities available in specialized fields such as:

- Cardiorespiratory care
- Maternal and child care
- Dental care
- Vision care

Section 9  
**Cardiorespiratory Care**



## 9.1 Inhalation Therapist



Inhalation therapists (also known as respiratory therapists) offer all care relating to the cardiorespiratory system. (1)

### Training

To become an inhalation therapist, you must: (2)

- Obtain a college diploma in respiratory therapy.
- Be a member of Quebec's professional order of inhalation specialists (*l'Ordre professionnel des inhalothérapeutes du Québec*).

### Access to Training in the Eastern Townships

A respiratory therapy program (*Techniques d'inhalothérapie*) is offered at the *Cégep de Sherbrooke*. To learn more, visit:

<https://www.cegepsherbrooke.qc.ca/fr/programmes-etudes/programmes-techniques/techniques-inhalotherapie>.

## 9.1 Inhalation Therapist

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### Access to Training Outside the Eastern Townships

Montréal's Vanier College offers an English-language Respiratory & Anaesthesia Technology program. To learn more, visit:  
<https://www.vaniercollege.qc.ca/respiratory-anaesthesia/>.

French-language respiratory therapy programs are also available at the following institutions:

- *Cégep de Chicoutimi*
- *Cégep de l'Outaouais*
- *Cégep de Sainte-Foy*
- *Cégep de Valleyfield*

To learn more about these programs, visit the InfoRouteFPT.org website and select the link for the institution you are interested in:  
<https://www.inforoutefpt.org/progColOffres.aspx?prog=253&sanction=1>.

For more information about Quebec's professional order of inhalation specialists (*l'Ordre professionnel des inhalothérapeutes du Québec*), visit:  
<https://www.opiq.qc.ca/>.

#### **References:**

(1) Inhalothérapeute. Avenir en santé.

<http://avenirensante.gouv.qc.ca/carrieres/inhalotherapie>. Accessed: June 23, 2020.

(2) Respiratory Therapists, Clinical Perfusionists and Cardiopulmonary Technologists. Labour Market Information, Government of Canada. [http://www.jobbank.gc.ca/report-eng.do?area=25151&lang=eng&noc=3214&action=final&regionKeyword=Sherbrooke%2C+Qu%E9bec&s=2&titleKeyword=respiratory+therapist#report\\_tabs\\_container2](http://www.jobbank.gc.ca/report-eng.do?area=25151&lang=eng&noc=3214&action=final&regionKeyword=Sherbrooke%2C+Qu%E9bec&s=2&titleKeyword=respiratory+therapist#report_tabs_container2). Accessed: June 23, 2020.

## 9.2 Clinical Perfusionist



Clinical perfusionists manage patients' circulatory and respiratory functions. They also use heart-lung machines during surgeries and other interventions to maintain a patient's physiological status. (1)

### Training

To become a clinical perfusionist, you must: (1)

- Obtain an undergraduate degree in biomedical sciences or in health or biological sciences (a pre-requisite for admission to the D.E.S.S. program in extracorporeal perfusion).
- Obtain a certificate or diploma of specialized higher education (*Diplôme d'études supérieures spécialisées - D.E.S.S.*) in extracorporeal perfusion.



## 9.2 Clinical Perfusionist

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### Access to Training in the Eastern Townships

You can obtain your undergraduate degree in the Eastern Townships at Bishop's University—either a Bachelor of Science or a Bachelor of Arts in Health Science. To learn more, visit:

<https://www.ubishops.ca/academic-programs/faculty-of-arts-and-science/natural-sciences-and-mathematics/biological-sciences/>.

Once you complete this degree, you will need to attend the *Université de Montréal* for your D.E.S.S. program in extracorporeal perfusion (see below).

### Access to Training Outside the Eastern Townships

- In the province of Quebec, the extracorporeal perfusion program is only offered in French at the *Université de Montréal*. To learn more, visit: <https://admission.umontreal.ca/programmes/dess-en-perfusion-extracorporelle/admission-et-reglements/>.

#### DID YOU KNOW?

The Canadian Society of Clinical Perfusion offers information and resources on pursuing a career in this field. You can visit their website to learn more: <https://www.cscp.ca/resources>. You can also visit the *Association des Perfusionnistes du Québec Inc.* at: <http://apqi.com>.

#### **References:**

- (1) Perfusionniste. Metiers-quebec.org. <http://metiers-quebec.org/sante/perfusionniste.html>. Accessed: June 23, 2020.

## 9.3 Cardio-respiratory Physiology Therapist



### Training

To become a cardio-respiratory physiology therapist, you must: (2)

- Obtain a college degree in medical biology or respiratory therapy.

### Access to Training in the Eastern Townships

Champlain College in Lennoxville offers a biological sciences program.

To learn more, visit: <https://www.crc-lennox.qc.ca/programs/science/>.

Bishop's University offers English-language health sciences programs, which include courses in biology. To learn more, visit:

<https://www.ubishops.ca/academic-programs/faculty-of-arts-and-science/natural-sciences-and-mathematics/biological-sciences/courses-programs/>.

## 9.3 Cardio-respiratory Physiology Therapist

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### Access to Training in the Eastern Townships

A respiratory therapy program is offered in French at the *Cégep de Sherbrooke: Techniques d'inhalothérapie*. To learn more, visit: <https://www.cegepsherbrooke.qc.ca/fr/programmes-etudes/programmes-techniques/techniques-inhalotherapie>.

### Access to Training Outside the Eastern Townships

- Montréal's Vanier College offers an English-language respiratory & anaesthesia technology program. To learn more, visit: <https://www.vaniercollege.qc.ca/respiratory-anaesthesia/>.
- *Collège de Bois-de-Boulogne* in Montréal offers a medical biology program in French. To learn more, visit: <http://www.bdeb.qc.ca/etudiants/programmes-preuniversitaires/sciences-de-la-nature/une-carriere-en-sciences-de-la-nature/biologie-medicale/>.
- *Cégep de Saint-Laurent* in Montréal also offers a French-language medical biology program. To learn more, visit: <https://www.cegepsl.qc.ca/departements/biologie/>.

#### References:

- (1) Respiratory Therapists, Clinical Perfusionists, and Cardiopulmonary Technologists. Labour Market Information, Government of Canada. [http://www.jobbank.gc.ca/report-eng.do?area=25151&lang=eng&noc=3214&action=final&regionKeyword=Sherbrooke%2C+Qu%E9bec&s=2&titleKeyword=respiratory+therapist#report\\_tabs\\_container2](http://www.jobbank.gc.ca/report-eng.do?area=25151&lang=eng&noc=3214&action=final&regionKeyword=Sherbrooke%2C+Qu%E9bec&s=2&titleKeyword=respiratory+therapist#report_tabs_container2). Accessed: June 23, 2020.
- (2) Inhalothérapeute. Avenir en santé. <http://avenirensante.gouv.qc.ca/carrieres/inhalotherapie>. Accessed: June 23, 2020.

Section 10

**Maternal and child care**



## 10.1 Midwife

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### Training

To become a midwife, you must: (2)

- Obtain a university degree in Midwifery.
- Keep your knowledge up-to-date through continuing education.

### Access to Training in the Eastern Townships

There is no training program for this profession available in the Eastern Townships.

## 10.1 Midwife

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### Access to Training Outside the Eastern Townships

The *Université du Québec à Trois-Rivières (UQTR)* offers this program in French. To learn more, visit:

[https://oraprdnt.uqtr.quebec.ca/pls/public/gscw031?owa\\_no\\_site=236](https://oraprdnt.uqtr.quebec.ca/pls/public/gscw031?owa_no_site=236).

#### DID YOU KNOW?

For more information and resources relating to the profession of midwife, you can visit the Canadian Midwives website: <https://canadianmidwives.org/>.

#### **References:**

- (1) Sage-femme. Metiers-quebec.org. [http://metiers-quebec.org/sante/sage\\_femme.htm](http://metiers-quebec.org/sante/sage_femme.htm). Accessed: June 23, 2020.
- (2) Sage-femme. Avenir en santé. <http://avenirensante.gouv.qc.ca/carrieres/sage-femme>. Accessed: June 23, 2020.

## 10.2 Doula

Doulas are personal support professionals who offer physical and emotional assistance, and expert guidance during pregnancy, birth, and the early postpartum period; they also support partners and family members. (1)



### Training

You can train to become a birth doula or a postpartum doula. To become a doula, you must: (2)

- Obtain the appropriate certification.

### Access to Training in the Eastern Townships

There is no training program available for this profession in the Eastern Townships.

### Access to Training Outside the Eastern Townships

This training is short-term and available in a variety of places, such as Montréal, Québec, Burlington, and Vermont. To find out about upcoming Doula training workshops happening near you, visit: <https://www.dona.org/become-a-doula/find-doula-training/>.

#### References:

- (1) What is a Doula, you ask? (Home page). Doula Training Canada. <http://www.doulatraining.ca/>. Accessed: June 23, 2020.
- (2) Birth Doula Certification. DONA International. <https://www.dona.org/become-a-doula/birth-doula-certification/>. Accessed: June 23, 2020.

## 10.3 Child-care Worker



Child-care workers organize and plan educational activities for children. (1)

### Training

To become a child-care worker, you must:

- Obtain an undergraduate university degree in Education.

### Access to Training in the Eastern Townships

Bishop's University's School of Education offers both primary and secondary programs in English. To learn more, visit:

<https://www.ubishops.ca/academic-programs/school-of-education/>.

Champlain College in Lennoxville offers an Early Childhood Education program for those wishing to specialize in education for children 0-5 years of age. To learn more, visit: <https://www.crc-lennox.qc.ca/continuing-education/#ece>.



## 10.3 Child-care Worker

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### Access to Training in the Eastern Townships

For those who wish to specialize in the fields of school and/or social adjustment, the *Université de Sherbrooke* offers a French-language undergraduate education degree in School and Social Adjustment (*Adaptation scolaire et sociale*). To learn more, visit:

<https://www.usherbrooke.ca/admission/1er-cycle/trouver-un-programme-de-1er-cycle/par-facultes-et-centres/>.

#### DID YOU KNOW?

Through the help of child-care workers, children are better equipped to integrate into society. (2)

#### **References:**

(1) Édicateur (trice) à la petite enfance. Metiers-quebec.org. [http://www.metiers-quebec.org/enseignement/educateur\\_garderie.htm](http://www.metiers-quebec.org/enseignement/educateur_garderie.htm). Accessed: June 23, 2020.

(2) 1660 – Jardinier ou jardinière d’enfants. Nomenclature des titres d’emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé de des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: June 23, 2020.

Section 11  
**Dental Care**



## 11.1 Dentist

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Dentists are the health care professionals in charge of prevention, detection, diagnosis, and treatment of problems relating to the teeth, mouth, jaw, and neighbouring tissues. (1)

### Training

To become a dentist, you must: (2)

- Complete an undergraduate dental program (D.M.D.).
- Obtain a permit from the *Ordre des dentistes du Québec* and be entered on the roll of the Order to practice in Quebec.

### Access to Training in the Eastern Townships

There are no training opportunities for this profession in the Eastern Townships.

## 11.1 Dentist

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### Access to Training Outside the Eastern Townships

In Quebec, this program is available in English through McGill University's Faculty of Dentistry. McGill offers two undergraduate programs: the 4-year D.M.D. program and the 5-year Dent-P program.

The 5-year Dent-P program is open only to graduates of Quebec's collegial (CEGEP) system, and it includes a preparatory year in the faculty of sciences that enables students to adapt to university-level studies before embarking on the curriculum of the D.M.D. (3)

To learn more, visit: <https://www.mcgill.ca/dentistry/programs>.

To learn more about the *Ordre des dentistes du Québec*, please visit: <http://www.odq.qc.ca/Home/tabid/149/language/en-US/Default.aspx>.

#### **References:**

- (1) Profession: Dentist. Ordre des dentistes du Québec. <http://www.odq.qc.ca/Studiesandpermitapplications/ProfessionDentist/tabid/361/language/en-US/Default.aspx>. Accessed: June 23, 2020.
- (2) Dentiste. Metiers-quebec.org. <http://metiers-quebec.org/sante/dentiste.htm>. Accessed: June 23, 2020.
- (3) Dent-P Program. Faculty of Dentistry, McGill University. <https://www.mcgill.ca/dentistry/dent-p-program>. Accessed: June 23, 2020.

## 11.2 Denturist

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### Training

To become a denturist, you must: (1)

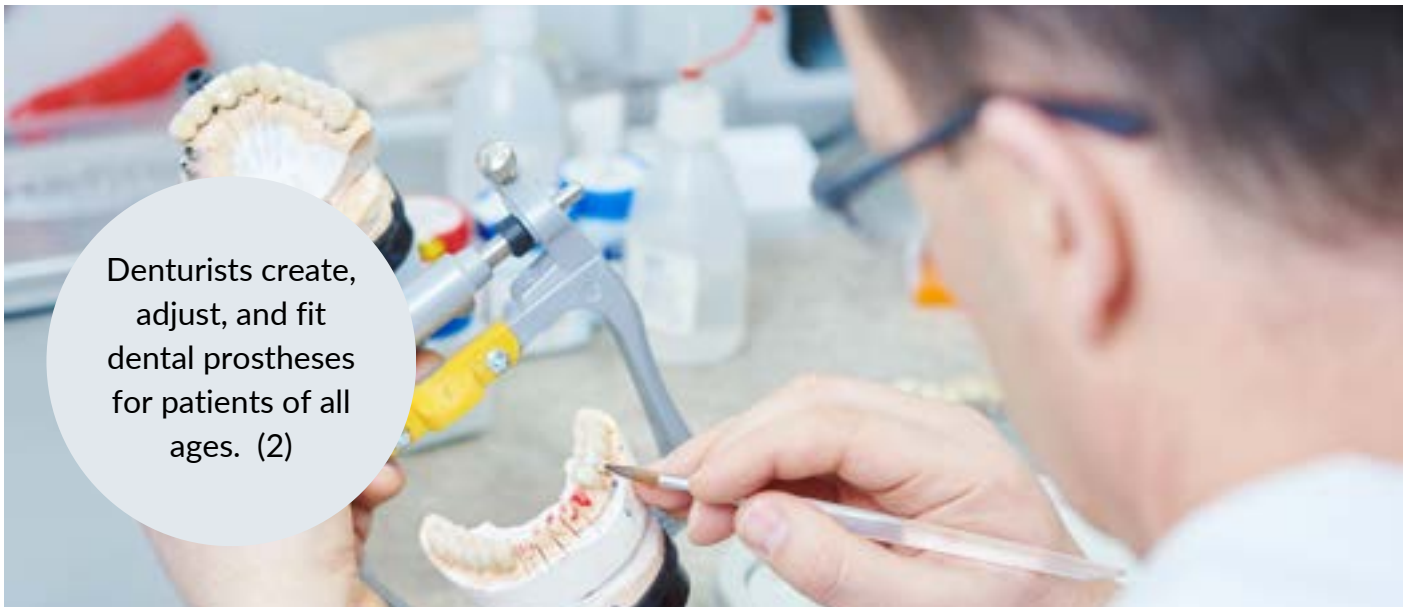
- Obtain a three-year technical college diploma in denturology techniques (*Techniques de denturologie*).
- Become a member of the *Ordre des denturologistes du Québec*.

### Access to Training in the Eastern Townships

There are no training opportunities for this profession in the Eastern Townships.

### Access to Training Outside the Eastern Townships

This program is available in French at the *Cégep Édouard-Montpetit, Campus de Longueuil* in the province of Quebec. To learn more, visit: <https://www.cegepmontpetit.ca/campus-de-longueuil/programmes-offerts/sante/110b0>.



#### References:

- (1) Les rôles du denturologiste. Ordre des denturologistes du Québec. <http://www.odq.com/roles-du-denturologiste>. Accessed: June 23, 2020.
- (2) Denturologiste. Metiers-quebec.org. <http://metiers-quebec.org/sante/denturologiste.htm>. Accessed: June 23, 2020.

## 11.3 Dental Hygienist

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### Training

To become a dental hygienist in Quebec, you must: (1)

- Obtain a technical college diploma in dental hygiene techniques (*Techniques d'hygiène dentaire*).
- Become a member of the *Ordre des hygiénistes dentaires du Québec*.

### Access to Training in the Eastern Townships

There are no training opportunities for this profession in the Eastern Townships.

### Access to Training Outside the Eastern Townships

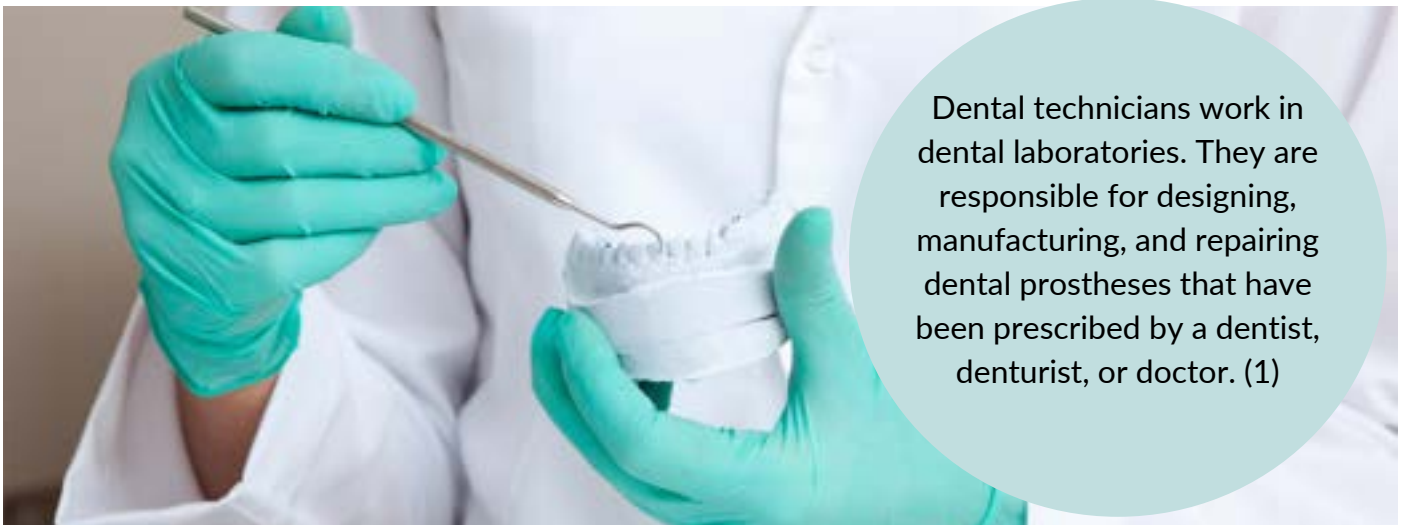
This program is offered in English at John Abbott College. To learn more, visit: <http://www.johnabbott.qc.ca/academics/career-programs/dental-hygiene/>.

For more information about becoming a member of the *Ordre des hygiénistes dentaires du Québec*, visit: <https://www.ohdq.com/accueil>.

**References:**

(1) Hygiéniste dentaire. Metiers-quebec.org. <http://metiers-quebec.org/sante/hygieniste.htm>. Accessed: June 23, 2020.

## 11.4 Dental Technician



### Training

To become a dental technician, you must: (2)

- Obtain a technical college diploma in dental prostheses techniques (*Techniques de prothèses dentaires*).
- Become a member of the *Ordre des techniciennes et techniciens dentaires du Québec*. For more information, visit: <https://www.ohdq.com/accueil>.

### Access to Training in the Eastern Townships

There are no training programs for this profession in the Eastern Townships.

### Access to Training Outside the Eastern Townships

In Quebec, this program is only offered at the *Cégep Édouard Montpetit* in Montréal. To learn more, visit:

<https://www.cegepmontpetit.ca/campus-de-longueuil/programmes-offerts/sante/110a0>.

#### References:

(1) Technicien(ne) en prothèses dentaires. *Metiers-quebec.org*. [http://metiers-quebec.org/sante/tech\\_dentaire.htm](http://metiers-quebec.org/sante/tech_dentaire.htm). Accessed: June 23, 2020.

## 11.5 Dental Assistant



Dental assistants help dentists with pre-operative and pre-treatment work—during operations and treatments—and with post-operative and post-treatment care. (1)

### Training

To become a dental assistant, you must: (2)

- Obtain a vocational diploma in dental assistance.

### Access to Training in the Eastern Townships

This program is offered in French (*Assistance dentaire*) at the *Centre de formation professionnelle 24 juin*. To learn more, visit:

<https://centre24juin.ca/sante/assistance-dentaire-dep/>.

### Access to Training Outside the Eastern Townships

This program is offered in other Quebec regions but it is not currently offered in English. To learn more, visit the InfoRouteFPT.org website:

<https://www.inforoutefpt.org/progSecDet.aspx?prog=5144&sanction=5>.

#### References:

(1) Assistant(e) dentaire. Metiers-quebec.org. [http://metiers-quebec.org/sante/ass\\_dentaire.htm](http://metiers-quebec.org/sante/ass_dentaire.htm). Accessed: June 23, 2020.

(2) Dental Assistants. Labour Market Information, Government of Canada. [http://www.jobbank.gc.ca/search\\_occupation-eng.do?area=25151&lang=eng&noc=3411&action=Search&regionKeyword=Sherbrooke%2C+QC&s=2&source=0&titleKeyword=dental+assistant#report\\_tabs\\_container2](http://www.jobbank.gc.ca/search_occupation-eng.do?area=25151&lang=eng&noc=3411&action=Search&regionKeyword=Sherbrooke%2C+QC&s=2&source=0&titleKeyword=dental+assistant#report_tabs_container2). Accessed: June 23, 2020.

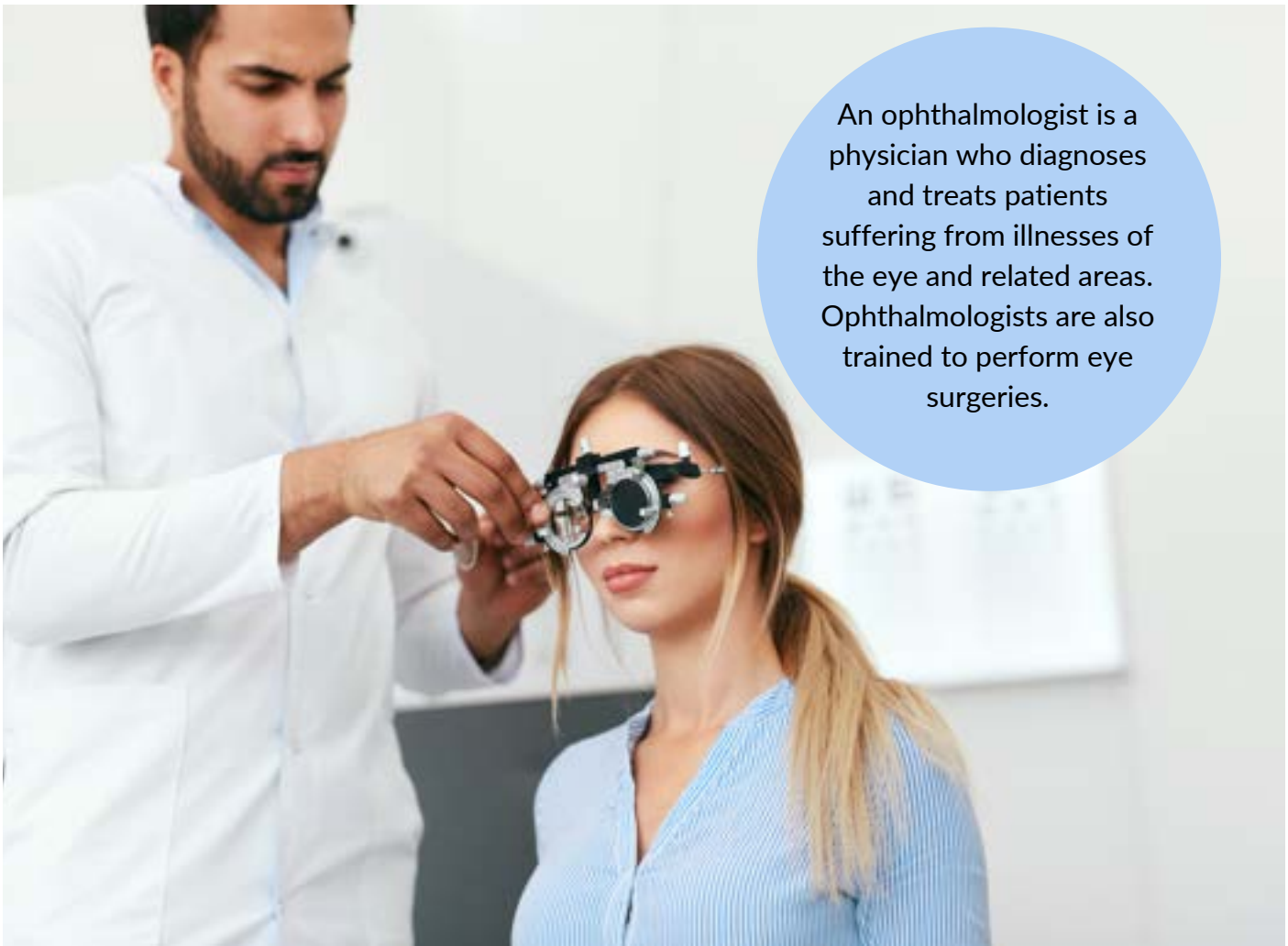


Section 12  
**Vision Care**



## 12.1 Ophthalmologist

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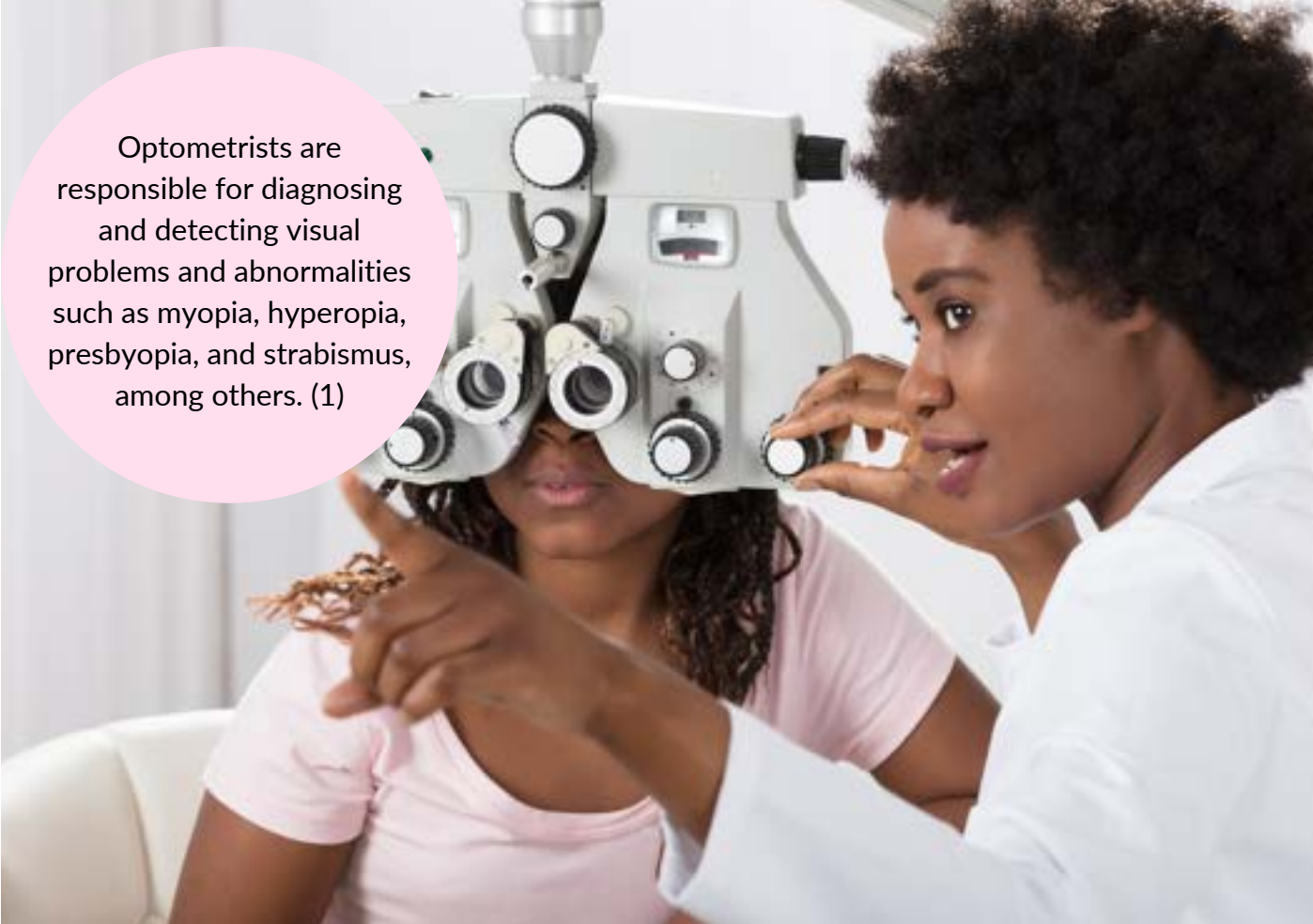
An ophthalmologist is a physician who diagnoses and treats patients suffering from illnesses of the eye and related areas. Ophthalmologists are also trained to perform eye surgeries.

### Training

Since ophthalmologists are specialized physicians, refer to Section 1.2 on pages 12-13 of this guide for information about training opportunities in relation to this specialty.

## 12.2 Optometrist

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Optometrists are responsible for diagnosing and detecting visual problems and abnormalities such as myopia, hyperopia, presbyopia, and strabismus, among others. (1)

### Training

To become an optometrist, you must: (2)

- Obtain an undergraduate degree in sciences, followed by completion of a four- to five-year graduate program in optometry.
- To practice as an optometrist, you must also be a member of the *Ordre des optométristes du Québec*.

## 12.2 Optometrist

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### Access to Training in the Eastern Townships

You can obtain an undergraduate degree in sciences in English at Bishop's University in Lennoxville. To learn more, visit their website: <https://www.ubishops.ca/>.

After graduation, you will need to pursue a graduate degree in optometry, which is not offered in the Eastern Townships.

### Access to Training Outside the Eastern Townships

A French-language graduate degree in optometry is offered at the *Université de Montréal*. To learn more, visit: <http://www.opto.umontreal.ca/etudes/doctoratOptometrie.html>.

#### DID YOU KNOW?

The *Ordre des optométristes du Québec* offers an English-language section on their website listing the licensing requirements for an optometrist in Québec. Learn more at: <https://www.ooq.org/fr/obtaining-license-practice>.

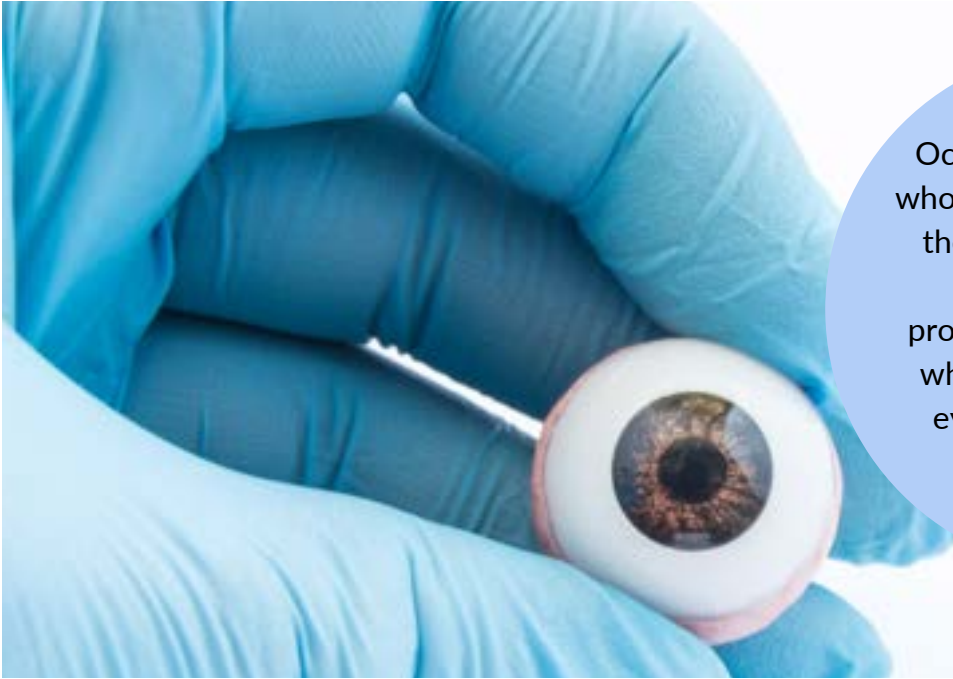
#### References:

(1) Optométriste. Metiers-quebec.org. <http://metiers-quebec.org/sante/optometriste.htm>. Accessed: June 23, 2020.

(2) 3121 – Optometrists. National Occupational Classification 2016.

<http://cnp.edsc.gc.ca/English/noc/QuickSearch.aspx?ver=16&val65=3121>. Accessed: June 23, 2020.

## 12.3 Ocularist



Ocularists are specialists who are carefully trained in the fitting, shaping, and painting of ocular prostheses for individuals who have lost an eye or eyes due to trauma or illness. (1)

### Training

No official training program is offered for those who wish to become ocularists. Instead, you must: (2)

- Complete a 5-year (10 000-hour) apprenticeship with an experienced ocularist (under the supervision of the American Society of Ocularists – ASO) studying all aspects of ocular prosthetics. Visit the American Society of Ocularists' website at: [https://ocularist.org/resources\\_faqs.asp/#Whatisanocularist](https://ocularist.org/resources_faqs.asp/#Whatisanocularist).
- You must also complete 750 credits of related study courses offered through the ASO's Education Program.
- Following your apprenticeship, you must pass the National Examining Board of Ocularists' practical exams to obtain your certification in the field. To learn more, visit: <https://neboboard.org/>.

#### References:

(1) Frequently asked questions – What is an ocularist? American Society of Ocularists.

[http://www.ocularist.org/resources\\_faqs.asp#Whatisanocularist](http://www.ocularist.org/resources_faqs.asp#Whatisanocularist). Accessed: June 23, 2020.

(2) Oculariste. Metiers-quebec.org. <http://metiers-quebec.org/sante/oculariste.htm>. Accessed: June 23, 2020.

## 12.4 Dispensing Optician



Dispensing opticians are the experts when it comes to glasses and contact lenses. (1)

### Training

To become a dispensing optician, you must: (1)

- Obtain a college diploma with a specialization in visual orthosis techniques (*Techniques d'orthèses visuelles*).
- You must also be a registered member of the *Ordre des opticiens d'ordonnances du Québec* to work in Quebec. For more information, visit: <https://opticien.qc.ca>.

### Access to Training in the Eastern Townships

There are no training programs for this profession in the Eastern Townships.

## 12.4 Dispensing Optician

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### Access to Training Outside the Eastern Townships

This program is available only in French at the following CEGEPs:

- *Cégep Édouard-Montpétit*. To learn more, visit: <https://www.cegepmontpetit.ca/campus-de-longueuil/programmes-offerts/sante/160a0>.
- *Cégep Garneau*. To learn more, visit: <https://www.cegepgarneau.ca/programmes-formationen/techniques/techniques-ortheses-visuelles>.
- *Cégep régional de Lanaudière de l'Assomption*. To learn more, visit: <https://www.cegep-lanaudiere.qc.ca/techniquesorthesesvisuelles>.

#### **References:**

(1) Devenir opticien d'ordonnances. Ordre des opticiens d'ordonnances du Québec.  
<http://www.opticien.qc.ca/fr/main-nav/devenir-opticien-ordonnances/etudiants-quebécois/>.  
Accessed: June 23, 2020.

## 12.5 Ophthalmic Technologist



Ophthalmic technologists are responsible for assisting ophthalmologists with medical treatments and surgical interventions.

(1)

### Training

To become an ophthalmic technologist, you must: (1)

- Obtain a post-secondary degree in ophthalmic medical technology.

### Access to Training in the Eastern Townships

There are no training programs for this profession in the Eastern Townships.



## 12.5 Ophthalmic Technologist

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### Access to Training Outside the Eastern Townships

In Canada, this undergraduate program is available in English at Ottawa University. To learn more, visit:

<https://science.uottawa.ca/en/about-the-faculty/departments/ophthalmic-medical-technology>.

In Quebec, *Collège Rosemont* in Montréal now offers a French-language ACS diploma in ocular health technical assistance (*Assistance technique en santé oculaire*). To learn more, visit:

<https://www.crosemont.qc.ca/>.

#### **References:**

(1) Technologue en ophtalmologie.

Metiers-quebec.org. [http://www.metiers-quebec.org/sante/tech\\_ophtalmo.html](http://www.metiers-quebec.org/sante/tech_ophtalmo.html). Accessed: June 23, 2020.

Section 13

**Alternative and  
Complementary  
Therapy**



## 13.1

# Traditional Chinese Medicine Practitioners (TCMP)



TCMPs assess, treat and prevent diseases, conditions, disorders or imbalances using various forms of treatment including acupuncture, herbology or other holistic health approaches.(1)

## Training

If you wish to study in Quebec and work in the field of traditional Chinese medicine, you must: (2)

- Obtain training from a College of Traditional Chinese Medicine.

## Access to Training in the Eastern Townships

There are no training programs for this profession in the Townships.

## Access to Training Outside the Eastern Townships

- There is a College of Traditional Chinese Medicine in Montréal. To learn more, visit: <http://cmtc.cpmdq.com/home.html>.
- There is also a program offered in Markham, Ontario. To learn more, visit: <https://www.octcm.com/program>.
- Throughout Canada, there are several other Colleges of Traditional Chinese Medicine

### References:

(1) Doctor of Traditional Chinese Medicine (NOC 3232). WelcomeBC. <https://www.welcomebc.ca/Work-or-Study-in-B-C/Job-profiles-for-immigrants/Doctor-of-Traditional-Chinese-Medicine>. Accessed: June 23, 2020.

## 13.2 Acupuncturist

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Acupuncturists are complementary health practitioners whose approach to health improvement and disease management is a holistic one based in traditional Chinese medicine. (1)

### Training

To become an acupuncturist, you must: (2)

- Attend training recognized by the Ministry of Education and the *Ordre des acupuncteurs du Québec*.
- Become a member of the *Ordre des acupuncteurs du Québec*. For more information, visit: <https://www.o-a-q.org/fr/Accueil.aspx>.

### Access to Training in the Eastern Townships

There are no training programs for this profession in the Eastern Townships.

### Access to Training Outside the Eastern Townships

*Collège Rosemont* in Montréal offers this program in French through their acupuncture department. To learn more, visit:


<https://www.crosemont.qc.ca/programme/acupuncture/>.

#### References:

(1) Acupuncturist. Prospects. <https://www.prospects.ac.uk/job-profiles/acupuncturist>. Accessed: June 23, 2020.

(2) Acupuncteur(trice). *Metiers-quebec.org*. <http://metiers-quebec.org/sante/acupuncteur.htm>. Accessed: June 23, 2020.

## 13.3 Herbalist



Herbalists are accredited specialists who offer herbal recommendations, safety advice, and personalized support and suggestions. (1)

### Training

To become an herbalist in Quebec, you must: (2)

- Receive accreditation from the *Guilde des herboristes*.

There are two pathways through which individuals can attain this accreditation: through the academic pathway, or through the diversified pathway.

If you are interested in becoming an herbalist, you can find information about the accreditation process by visiting the accreditation procedures (*Modalités d'accréditation*) page on the *Guilde des Herboristes'* website at: <http://www.guilledesherboristes.org/>.

#### References:

(1) Accredited herbalist therapists. *Guilde des herboristes.org*.  
<http://www.guilledesherboristes.org/etre-membre/aile-professionnelle/les-herboristes-therapeutes-accredites/>. Accessed: July 12, 2021.

(2) Accreditation procedures. *Guilde des herboristes.org*.  
<http://www.guilledesherboristes.org/etre-membre/aile-professionnelle/modalites-daccreditation/>. Accessed: July 12, 2021.

## 13.4 Homeopath

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### Training

To become a homeopath, you should: (2)

- Complete a training program in homeopathy and receive accreditation.

### Access to Training in Canada

The Canadian College of Homeopathic Medicine is currently the only homeopathic school in Canada that is accredited by the accreditation commission for homeopathic education in North America. (3)

To learn more, visit: <https://www.homeopathycanada.com/>.

#### References:

(1) FAQ. Canadian College of Homeopathic Medicine. <http://www.homeopathycanada.com/faq>. Accessed: June 23, 2020.

(2) What is homeopathy? Canadian Society of Homeopaths. [http://www.csoh.ca/Homeopathy\\_What\\_Is\\_Hx.htm](http://www.csoh.ca/Homeopathy_What_Is_Hx.htm). Accessed: June 23, 2020.

(3) Currently Accredited Homeopathic Schools. Accreditation Commission for Homeopathic Education in North America. <http://achena.org/Schools.htm>. Accessed: June 23, 2020.

## 13.5 Reflexologist



Reflexologists are experts in the natural healing art of reflexology, which operates on the idea that reflexes present in the feet, hands, and ears correspond to every body part, gland, and organ. (1)

### Training

To become a reflexologist, you must: (2)

- Follow reflexology training courses specific to the areas in which you wish to specialize and complete a practicum in the field.

### Access to Training in Canada

To learn more about the training opportunities available in the province of Quebec, consult the Reflexology Association of Canada's webpage: <https://www.reflexologycanada.org/en/>.

To become accredited by the Reflexology Association of Canada, you must complete the training outlined on the Association's RAC accredited courses page: <https://www.reflexologycanada.org/en/rac-accredited-courses/#1459978757128-ff91f83e-8106>.

#### References:

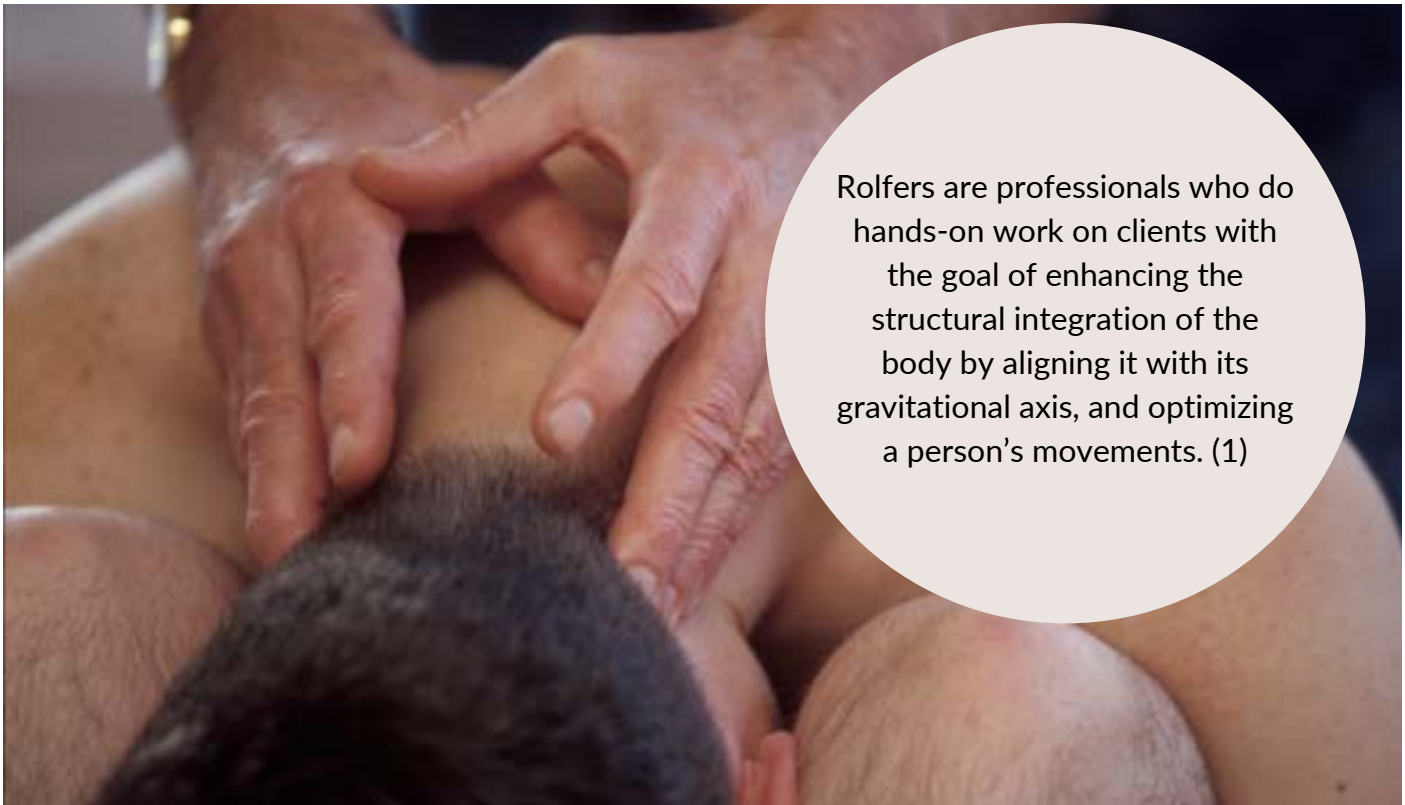
(1) What is reflexology? Reflexology Association of Canada.

<http://www.reflexologycanada.org/en/what-is-reflexology/#>. Accessed: June 23, 2020.

(2) Reflexologist. National Careers Service. <https://nationalcareersservice.direct.gov.uk/job-profiles/reflexologist>. Accessed: June 23, 2020.

## 13.6 Rolfer

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### Training

To become a rolfier in North America, you must: (2)

Follow specialized training. This training program asks for students to have a secondary school certificate and post-secondary training or equivalent adult education and/or life experience.

### Access to Training

The training is available through the Rolf Institute in Boulder, Colorado. To learn more, visit:

[https://www.rolf.org/basic\\_training.php](https://www.rolf.org/basic_training.php).

#### References:

(1) Homepage. Rolfing Quebec. <http://www.rolfing.qc.ca/engl/rolfing.html>. Accessed: June 23, 2020.

(2) About rolfing structural integration. Canadian Rolfing Association. [http://www.rolfingcanada.org/en/about\\_rolfing.html](http://www.rolfingcanada.org/en/about_rolfing.html). Accessed: June 23, 2020.





Section 14

# Community and Social Services



## 14.1 Psychologist

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Psychologists are experts in human behaviour, emotions, and mental health. (1)

### Training

To become a psychologist in Quebec, you must: (2)

- Complete a doctorate in psychology.
- Be a member of the province's professional order of psychologists, the *Ordre professionnel des psychologues du Québec*. For more information, visit: <https://www.ordrepsy.qc.ca/>.

### Access to Training in the Eastern Townships

The doctoral program in psychology is available in French at the *Université de Sherbrooke*. To learn more, visit:

<https://www.usherbrooke.ca/psychologie/futurs-etudiants/troisieme-cycle/>.

Alternatively, you may complete a bachelor's degree in Psychology at Bishop's University, followed by graduate studies in French at the *Université de Sherbrooke* (or elsewhere in the province). To learn more about Bishop's University's psychology program, visit:

<https://www.ubishops.ca/academic-programs/faculty-of-arts-and-science/social-sciences/psychology/>.

## 14.1 Psychologist

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### Access to Training Outside the Eastern Townships

A graduate program in psychology is available in English at Concordia University. To learn more, visit:

<http://www.concordia.ca/artsci/psychology/programs/graduate/psychology-phd.html>.

McGill University in Montréal also offers this program in English. To learn more, visit: [https://www.mcgill.ca/study/2014-2015/faculties/arts/graduate/gps\\_arts\\_sci\\_psychology](https://www.mcgill.ca/study/2014-2015/faculties/arts/graduate/gps_arts_sci_psychology).

You may also complete your graduate studies in French, outside the region, at the following institutions:

- *Université de Montréal*: <https://psy.umontreal.ca/programmes-cours/cycles-superieurs/>.
- *Université du Québec à Chicoutimi (UQAC)*: <https://www.uqac.ca/programmes/#cycleCode=3&typeCode=DOCTORAT>.
- *Université du Québec à Montréal (UQAM)*: [http://www.websysinfo.uqam.ca/regis/pkg\\_wpub.affiche\\_prog\\_de\\_sc?P\\_prog=3091](http://www.websysinfo.uqam.ca/regis/pkg_wpub.affiche_prog_de_sc?P_prog=3091).
- *Université du Québec en Outaouais (UQO)*: <https://uqo.ca/psycho/cs>.
- *Université du Québec à Trois-Rivières (UQTR)*: [https://oraprdnt.uqtr.quebec.ca/pls/apex/f?p=PGMA000:2::NO:RP,2:P2\\_CD\\_DEPT:0800](https://oraprdnt.uqtr.quebec.ca/pls/apex/f?p=PGMA000:2::NO:RP,2:P2_CD_DEPT:0800).
- *Université Laval*: <https://www.fss.ulaval.ca/psychologie>.

#### **References:**

(1) Qu'est-ce qu'un psychologue? Ordre des psychologues du Québec.

<https://www.ordrepsy.qc.ca/qu-est-ce-qu-un-psychologue->. Accessed: June 23, 2020.

(2) Psychologue. Avenir en santé. <http://avenirensante.gouv.qc.ca/carrieres/psychologue>.

Accessed: June 23, 2020.

## 14.2 Professional Social Worker

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Professional social workers work with individuals, couples, families, groups, and communities to help clients resolve or prevent personal, familial, and social problems such as violence, suicide, and delinquency. (1)

### Training

To become a professional social worker, you must: (2)

- Complete a bachelor's degree in one of two disciplines: social services or social work.

It is important to note that only those who have completed university-level studies in social work can legally call themselves social workers.

### Access to Training in the Eastern Townships

Social work training is available in French at the *Université de Sherbrooke*. To learn more, visit:

<https://www.usherbrooke.ca/admission/programme/228/baccalaureat-en-service-social/>.

#### **DID YOU KNOW?**

To learn more about the practice of social work in Canada, visit the Canadian Association of Social Workers website at:

<https://www.casw-acts.ca/en>.

## 14.2 Professional Social Worker

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### Access to Training Outside the Eastern Townships

An undergraduate social work program is available in English at McGill University in Montréal. To learn more, visit:  
<https://www.mcgill.ca/socialwork/prospective/bsw>.

The following French-language programs are also available:

- *Université du Québec à Chicoutimi (UQAC):*  
<https://programmes.uqac.ca/7798>.
- *Université du Québec à Montréal (UQAM):*  
<https://etudier.uqam.ca/programme?code=6998>.
- *Université du Québec à Rimouski (UQAR):*  
<https://www.uqar.ca/etudes/etudier-a-l-uqar/programmes-d-etudes/7940>.
- *Université du Québec en Abitibi-Témiscamingue (UQAT):*  
<https://www.uqat.ca/etudes/developpement-humain-et-social/baccalaureat-en-travail-social/>.
- *Université du Québec en Outaouais (UQO):*  
<https://uqo.ca/mod/travail-social/futurs-etudiants>.
- *Université de Montréal:*  
<https://admission.umontreal.ca/programmes/baccalaureat-en-travail-social/>.
- *Université Laval:* <https://www.ulaval.ca/les-etudes/programmes/repertoire/details/baccalaureat-en-travail-social-b-trav-soc.html>.

#### References:

- (1) Travailleur social. Avenir en santé. <http://avenirensante.gouv.qc.ca/carrieres/travailleur-social>. Accessed: June 23, 2020.
- (2) Social Worker. [Educaloï.qc.ca. https://www.educaloi.qc.ca/en/youth/legal-careers/social-worker](https://www.educaloi.qc.ca/en/youth/legal-careers/social-worker). Accessed: June 23, 2020.

## 14.3 Community Organizer

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### Training

To become a community organizer, you must: (2)

- Have an undergraduate degree in social sciences. (Note that requirements tend to vary depending on the institution(s) where you wish to work, and on the groups you plan to work with.)

### Access to Training in the Eastern Townships

You can complete your undergraduate degree in social sciences in English at Bishop's University. To learn more, visit:

<https://www.ubishops.ca/academic-programs/faculty-of-arts-and-science/social-sciences/>.

You can also complete a bachelor's degree in French at the *Université de Sherbrooke*. To learn more, visit: <https://www.usherbrooke.ca/flsh/>.

It is important to understand that the universities in the Eastern Townships do not offer a specific community action/organization component within their social sciences programs.

## 14.3 Community Organizer

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### Access to Training Outside the Eastern Townships

Some universities in Quebec offer programs with specific community action/organization components:

- *École de service social de l'Université de Montréal* offers a community action certificate. To learn more, visit: [http://www.progcours.umontreal.ca/programme/index\\_fiche\\_prog/125150\\_struc.html%22%20%5Ct%20%22\\_blank](http://www.progcours.umontreal.ca/programme/index_fiche_prog/125150_struc.html%22%20%5Ct%20%22_blank).
- *Université du Québec à Rimouski* offers a certificate program in psychosocial practice. To learn more, visit: <https://www.uqar.ca/>.
- *Université du Québec à Chicoutimi* offers a certificate program in community intervention. To learn more, visit: [https://programmes.uqac.ca/4394%22%20%5ct%20%22\\_blank](https://programmes.uqac.ca/4394%22%20%5ct%20%22_blank).

#### **References:**

(1) 1551 – Organisateur ou organisatrice communautaire. Nomenclature des titres d'emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé de des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.

(2) Organisateur communautaire. Avenir en santé.

<http://avenirensante.gouv.qc.ca/carrieres/organisateur-communautaire>. Accessed: June 23, 2020.

# Community Worker/ Social Work Technician



Community workers and social work technicians assist vulnerable individuals, families, groups, and communities that are experiencing a variety of social problems. (1)

## Training

To become a community worker or a social work technician, you should: (2)

- Have a college or university degree in a field related to health or the social sciences. Some examples include social work, psychology, special care counselling, or sociology.

### DID YOU KNOW?

If you do not have the exact training required to become a social work technician but are interested in this type of work, you can work as a social aide. Social aides perform work that is similar in nature, and connected to the tasks of the social work technician, but adapted to fit their skills and training. (3)



## 14.4 Community Worker/ Social Work Technician

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### Access to Training in the Eastern Townships

For those interested in working as a community worker or social work technician, many programs are available in English in the Eastern Townships, at institutions such as:

- Champlain College. To learn more, visit: <https://www.crc-lennox.qc.ca/>.
- Bishop's University. To learn more, visit: <https://www.ubishops.ca/>.

Programs are also available in French at:

- Cégep de Sherbrooke: <https://www.cegepsherbrooke.qc.ca/>.
- Université de Sherbrooke: <https://www.usherbrooke.ca/>.

### Access to Training Outside the Eastern Townships

To learn more about college and university programs that could qualify you to work in this profession, visit Emploi-Québec's *Travailleurs/travailleuses des services sociaux et communautaires (CNP 4212)* at <http://imt.emploiquebec.gouv.qc.ca>

#### References:

- (1) Technicien en assistance sociale. Avenir en santé.  
<http://avenirensante.gouv.qc.ca/carrieres/technicien-en-assistance-sociale>. Accessed: June 23, 2020.
- (2) Travailleurs/travailleuses des services sociaux et communautaires (CNP 4212). Information sur le marché du travail, Emploi-Québec.  
[http://imt.emploiquebec.gouv.qc.ca/mtg/inter/noncache/contenu/asp/mtg122\\_descrprouession\\_01.asp?PT4=53&apof=4212&PT3=10&lang=FRAN&Porte=1&cregncomp1=QC&pro=4212&PT2=21&cregn=QC&PT1=25&type=01&motpro=services+communautaires](http://imt.emploiquebec.gouv.qc.ca/mtg/inter/noncache/contenu/asp/mtg122_descrprouession_01.asp?PT4=53&apof=4212&PT3=10&lang=FRAN&Porte=1&cregncomp1=QC&pro=4212&PT2=21&cregn=QC&PT1=25&type=01&motpro=services+communautaires). Accessed: June 23, 2020.
- (3) Social and Community Service Workers. Labour Market Information, Government of Canada.  
[http://www.jobbank.gc.ca/search\\_occupation-eng.do?area=25151&lang=eng&noc=4212&action=Search&regionKeyword=Sherbrooke%2C+QC&s=2&source=0&titleKeyword=community+worker#report\\_tabs\\_container2](http://www.jobbank.gc.ca/search_occupation-eng.do?area=25151&lang=eng&noc=4212&action=Search&regionKeyword=Sherbrooke%2C+QC&s=2&source=0&titleKeyword=community+worker#report_tabs_container2). Accessed: June 23, 2020.

## 14.5 Spiritual Care Worker

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### Training

To become a spiritual care worker, you must: (2)

- Have a bachelor's degree in theology, pastoral care, religious studies, or a similar discipline.

### Access to Training in the Eastern Townships

You can complete a bachelor's degree in religion at Bishop's University. To learn more, visit: <https://www.ubishops.ca/academic-programs/faculty-of-arts-and-science/humanities/religion/>.

The *Université de Sherbrooke* also has a *Centre d'études du religieux contemporain (CERC)* that offers French-language undergraduate and graduate studies in religion. To learn more, visit: <https://www.usherbrooke.ca/religieux-contemporain/>.

## 14.5 Spiritual Care Worker

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### Access to Training Outside the Eastern Townships

- Dominican University College in Ottawa offers bilingual programs in their faculty of theology. To learn more, visit: <http://www.dominicanu.ca/future-students/undergraduate/view-our-programs/degree-programs/faculty-theology>.

The following institutions offer the program in French only:

- *Département des sciences des religions de l'Université du Québec à Montréal (UQAM):* <https://unites.uqam.ca/dscrel/>.
- *Faculté de théologie et de sciences des religions de l'Université de Montréal:* <https://etudes-religieuses.umontreal.ca/accueil/>.
- *Faculté de théologie et de sciences religieuses de l'Université Laval:* <https://www.ulaval.ca/les-etudes/facultes-departements-et-ecoles/facultes/theologie-et-sciences-religieuses.html>.
- *Institut de pastorale des Dominicains:* <https://www.ipastorale.ca/>.

#### DID YOU KNOW?

For more information about becoming a spiritual care worker, visit the Canadian Association for Spiritual Care website: <https://spiritualcare.ca>.

#### **References:**

- (1) Profession: Scope of Practice. Canadian Association for Spiritual Care. <http://www.spiritualcare.ca/page.asp?ID=8>. Accessed: June 23, 2020.
- (2) 1552 – Intervenant ou intervenante en soins spirituels. Nomenclature des titres d'emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé et des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.

# Recreation Technician/ Recreation Specialist



Recreation technicians and specialists plan and carry out recreational activities that enable individuals to have fun, relax, and contribute to their communities. (1)

## Training

To become a recreation technician, you must: (2)

- Have a college diploma in community recreation and leadership training (*Techniques d'intervention en loisir*).

To become a recreation specialist, you must:

- Obtain a bachelor's degree in leisure sciences.

## Access to Training in the Eastern Townships

The community recreation and leadership training program is not available in the Eastern Townships. However, Bishop's University offers an undergraduate degree in sports studies, which could be suitable for those seeking employment opportunities specifically related to sports. To learn more, visit:

<https://www.ubishops.ca/academic-programs/faculty-of-arts-and-science/social-sciences/sports-studies/>.

## 14.6 Recreation Technician, Recreation Specialist

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### Access to Training Outside the Eastern Townships

A community recreation and leadership program is offered in English at Dawson College in Montréal. To learn more, visit:

<https://www.dawsoncollege.qc.ca/community-recreation-leadership-training-crlt/>.

You can obtain a bachelor's degree in leisure studies at Concordia University. To learn more, visit:

<https://www.concordia.ca/academics/undergraduate/leisure-studies.html>.

#### DID YOU KNOW?

For more information about a career as a recreation technician, visit the following websites:

- *Conseil Québécois du Loisir*: <http://www.loisirquebec.com/english.asp>
- *Fédération québécoise du loisir en institution*: <http://www.fqli.org/>

#### **References:**

(1) Technicien en loisir. Avenir en santé. <http://avenirensante.gouv.qc.ca/carrieres/technicien-en-loisir>. Accessed: June 23, 2020.

(2) 2696 – Technicien ou technicienne en loisirs. Nomenclature des titres d'emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé de des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.

## 14.7 Psychoeducator

Psychoeducators intervene individually or in group settings with individuals of all ages who display behavioural adaptation problems in diverse areas of their lives. (1)



### Training

To become a psychoeducator, you must: (2)

- Obtain a graduate degree (master's) in psychoeducation.
- Be a member of the *Ordre des psychoéducateurs et psychoéducatrices du Québec* to use the title of psychoeducator.

To learn more, visit: <https://www.ordrepsed.qc.ca/>.

### Access to Training in the Eastern Townships

You can complete your psychoeducation bachelor's and master's degrees in French at the *Université de Sherbrooke*. To learn more, visit: <https://www.usherbrooke.ca/psychoed/baccalaureat/programme/>.

You can also complete your bachelor's degree in psychology at Bishop's University, and then do a master's degree at another recognized institution. To learn more about Bishop's program, visit: <https://www.ubishops.ca/academic-programs/faculty-of-arts-and-science/social-sciences/psychology/>.

## 14.7 Psychoeducator

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### Access to Training Outside the Eastern Townships

The following institutions offer the program in French only.

- *Université Laval*: <https://www.ulaval.ca/les-etudes/programmes/repertoire/details/maitrise-en-psychoeducation-m-ps-ed.html>.
- *Université de Montréal*: <https://admission.umontreal.ca/programmes/maitrise-en-psychoeducation-campus-montreal/>.
- *Université du Québec à Trois-Rivières (UQTR)*: [https://oraprdnt.uqtr.quebec.ca/pls/apex/f?p=106:10:::NO:::txt\\_prog](https://oraprdnt.uqtr.quebec.ca/pls/apex/f?p=106:10:::NO:::txt_prog).
- *Université du Québec en Outaouais (UQO)*: <https://uqo.ca/dep/psychoeducation-psychologie/maitrise-psychoeducation>.
- *Université du Québec en Abitibi-Témiscamingue (UQAT)*:

#### **DID YOU KNOW?**

To learn more about the role of a psychoeducator, visit the website of the *Ordre des psychoéducateurs et psychoéducatrices du Québec*: <https://www.ordrepse.d.qc.ca>.

#### **References:**

- 1) Psychoéducateur(trice). Metiers-quebec.org. <http://www.metiers-quebec.org/sociaux/psychoeduc.htm>. Accessed: June 23, 2020.
- (2) Le psychoéducateur. Ordre des psychoéducateurs et psychoéducatrices du Québec. <http://www.ordrepse.d.qc.ca/fr/grand-public/le-psychoeducateur/>. Accessed: June 23, 2020.

## 14.8 Braille Technician

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### Training

To become a Braille technician, you must: (2)

- Obtain an official qualification certificate from the *Institut Nazareth et Louis-Braille*. To learn more, visit: <http://www.inlb.qc.ca/>.

#### **References:**

- (1) 2360 - Technicien ou technicienne de braille. Nomenclature des titres d'emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé de des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.
- (2) Session 1: The Professional Transcriber. BRL: Braille Through Remote Learning. <http://www.brl.org/transcribers/session01/pro.html>. Accessed: June 23, 2020.



## 14.9 Special Education Technician

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### Training

To become a special education technician, you must: (2)

- Have a diploma of college studies in the field of special care counselling.

### Access to Training in the Eastern Townships

This program is offered in English at Champlain College in Lennoxville. To learn more, visit: <https://www.crc-lennox.qc.ca/programs/special-care-counselling/>.

### Access to Training Outside the Eastern Townships

The special care counselling program is offered in many colleges throughout Quebec. For more details, visit the InfoRouteFPT.org website: <https://www.inforoutefpt.org/progColOffres.aspx?prog=366&sanction=1>.

## 14.9 Special Education Technician

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### DID YOU KNOW?

For more information about becoming a special education technician, you can visit the *Association des Éducatrices et Éducateurs Spécialisés du Québec* website: <https://www.aeesq.ca/fr/>.


#### **References:**

(1) Special Care Counselling. Champlain Regional College Lennoxville. [https://www.crc-lennox.qc.ca/wp-content/uploads/2013/01/SpecialCare\\_2013brochure.pdf](https://www.crc-lennox.qc.ca/wp-content/uploads/2013/01/SpecialCare_2013brochure.pdf). Accessed: June 23, 2020.

(2) Technicien en éducation spécialisée. Avenir en santé.

<http://avenirensante.gouv.qc.ca/carrieres/technicien-en-education-specialisee>. Accessed: June 23, 2020.

## 14.10 Integration Officer



An integration officer guides individuals towards appropriate resources, with the goal of helping them to re-integrate the workforce or join an adapted work centre. (1)

### Training

To become an integration officer, you must:

- Complete fourteen years of general education that is recognized by the *Ministère de l'éducation, du loisir et du sport*.

Integration officers are grouped into three classes and the training requirements are different for each class:

**Class 1:** College diploma (including those who have acquired relevant experience and a college certificate in special care counselling or institutional rehabilitation).

**Class 2:** Have completed fourteen years of general education or have a staff educator certificate to work with exceptional youth (recognized by the *Ministère de la santé et des services sociaux* and the *Ministère de l'éducation, du loisir et du sport*) and have completed 50% of the general program for a college-level specialized diploma.

**Class 3:** Have a grade 11 diploma recognized by the *Ministère de l'éducation, du loisir et du sport*.

#### References:

(1) 2688 – Agent ou agente d'intégration. Nomenclature des titres d'emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé et des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.

(3) Technicien en éducation spécialisée. Avenir en santé.

<http://avenirensante.gouv.qc.ca/carrieres/technicien-en-education-specialisee>. Accessed: June 23, 2020.

## 14.11 Educator



### Training

Educators are grouped into 3 categories:

**Class 1:** To be classified as a Class 1 educator, you must obtain a college diploma in special care counselling or institutional rehabilitation. This class also includes those who, after obtaining relevant experience, acquire a certificate in special care counselling or institutional rehabilitation.

**Class 2:** To be classified as a Class 2 educator, you must have completed fourteen years of general education, or have a staff educator certificate to work with exceptional youth (recognized by the *Ministère de la santé et des services sociaux* and the *Ministère de l'éducation, du loisir et du sport*) and have completed 50% of the general college-level program in special care counselling or institutional rehabilitation.

**Class 3:** To be classified as a Class 3 educator, you must have a Grade 11 diploma recognized by the *Ministère de l'éducation, du loisir et du sport*.

**References:**

(1) 2691 – Édicateur ou éducatrice. Nomenclature des titres d'emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé et des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016. (3) Technicien en éducation spécialisée. Avenir en santé. <http://avenirensante.gouv.qc.ca/carrieres/technicien-en-education-specialisee>. Accessed: June 23, 2020.

## 14.12 Living and/or rehabilitation unit supervisor

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Living and/or rehabilitation unit supervisors are responsible for managing, leading, and supervising the staff in a living and/or rehabilitation unit. (1)

### Training

This position does not have any listed education or training requirements.

#### **References:**

(1) 2694 – Responsable d'unité de vie et/ou réadaptation. Nomenclature des titres d'emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé et des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.

## 14.13 Lawyer



Lawyers offer legal advice and, as required, carry out all responsibilities that touch upon issues that relate to the legal profession in the health and social services fields. (1)

### Training

To become a lawyer, you must: (2, 3)

- Obtain a bachelor's degree from a recognized law school.
- Pass the *Barreau du Québec's* qualifying exams and complete six months of practical training before you can be admitted to the bar. It is only after being sworn in by the *Barreau du Québec* that you are entitled to practice law in the province of Quebec. For more information, visit: <https://www.barreau.qc.ca/en/ressources-avocats/devenir-avocat/>.

### Access to Training in the Eastern Townships

The *Université de Sherbrooke's* law school offers law training in French. To learn more, visit: <https://www.usherbrooke.ca/droit/>.

## 14.13 Lawyer

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### Access to Training Outside the Eastern Townships

McGill University in Montréal offers an English-language law program through its Faculty of Politics and Law. To learn more, visit:  
<https://www.mcgill.ca/undergraduate-admissions/program/law-bcljd>.

French-language law programs are also available in Quebec at:  
*Université de Montréal:* <https://droit.umontreal.ca/accueil/>.  
*Université du Québec à Montréal:* <https://fspd.uqam.ca>.  
*Université Laval:* <https://www.fd.ulaval.ca/>.

#### **References:**

- (1) 1114 – Avocat ou avocate. Nomenclature des titres d’emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé de des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.
- (2) Legal careers: Lawyer. Educaloi. <https://www.educaloi.qc.ca/en/youth/legal-careers/lawyer>. Accessed: June 23, 2020.
- (3) Information sur le marché du travail - En ligne. Emploi-Québec. [http://imt.emploi.quebec.gouv.qc.ca/mtg/inter/noncache/contenu/asp/mtg122\\_sommprofs\\_01.asp?PT4=53&apof=4112&lang=ANGL&Porte=1&cregncmp1=QC&cregn=QC&PT1=36&PT2=21&pro=4112&PT3=10&type=02&motCNP=4112](http://imt.emploi.quebec.gouv.qc.ca/mtg/inter/noncache/contenu/asp/mtg122_sommprofs_01.asp?PT4=53&apof=4112&lang=ANGL&Porte=1&cregncmp1=QC&cregn=QC&PT1=36&PT2=21&pro=4112&PT3=10&type=02&motCNP=4112). Accessed: March 25, 2021.

## 14.14 Hearing Impairment Training Officer

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The hearing impairment training officer designs, updates, and evaluates practical and theoretical training programs relating to communications methods used with the hearing impaired. (1)



### Training

To become a hearing impairment training officer, you must: (2)

- Have a college degree in special education, rehabilitation, orientation and mobility, visual impairment, hearing impairment, or intellectual disability.

An undergraduate degree in an appropriate field of specialization (special education, social work) may be required.

### Access to Training in the Eastern Townships

To learn more about training opportunities in the Eastern Townships, see pages 152-153 (Special Education Technician) or pages 139-140 (Social Worker).

#### References:

(1) 1534 – Agent ou agente de formation dans le domaine de la déficience auditive. Nomenclature des titres d'emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé de des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.

(2) Instructors of Persons with Disabilities. Labour Market Information, Government of Canada. [http://www.jobbank.gc.ca/report-eng.do?area=25151&lang=eng&noc=4215&action=final&regionKeyword=Sherbrooke%2C+Qu%3Fbec&s=2&titleKeyword=teacher+of+persons+who+are+hearing+impaired#report\\_tabs\\_container2](http://www.jobbank.gc.ca/report-eng.do?area=25151&lang=eng&noc=4215&action=final&regionKeyword=Sherbrooke%2C+Qu%3Fbec&s=2&titleKeyword=teacher+of+persons+who+are+hearing+impaired#report_tabs_container2). Accessed: June 23, 2020.



## 14.15 Ethics Advisor

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Ethics advisors provide guidance to other professionals on ethical matters relating to research and clinical practice. (1)



### Training

To become an ethics advisor, you must: (2)

- Obtain a graduate degree (Master's) in applied ethics.

### Access to Training in the Eastern Townships

This program is available in French at the *Université de Sherbrooke*. To learn more, visit: <https://www.usherbrooke.ca/philosophie/futurs-etudiants/cycles-superieurs/maitrise-en-philosophie-ethique-appliquee/>.

## 14.15 Ethics Advisor

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### Access to Training Outside the Eastern Townships

McGill University in Montréal offers an English-language master's program in bioethics. To learn more, visit:

[https://www.mcgill.ca/study/2016-2017/faculties/arts/graduate/programs/master-arts-ma-philosophy-thesis-bioethics#ma-phil-t\\_phl4\\_bie\\_concentration\\_ar](https://www.mcgill.ca/study/2016-2017/faculties/arts/graduate/programs/master-arts-ma-philosophy-thesis-bioethics#ma-phil-t_phl4_bie_concentration_ar).

#### **References:**

(1) 1538 – Conseiller ou conseillère en éthique. Nomenclature des titres d'emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé de des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.

(2) ) Ethics & Compliance Specialist Requirements. Learn.org.

[http://learn.org/articles/Ethics\\_Compliance\\_Specialist\\_Requirements\\_Your\\_Questions\\_Answered.html](http://learn.org/articles/Ethics_Compliance_Specialist_Requirements_Your_Questions_Answered.html).

Accessed: June 23, 2020.

## 14.16 Genetics Counsellor

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Genetics counsellors are responsible for identifying individuals and/or families who have, or may be at risk of having, genetic conditions. (1)

### Training

To become a genetics counsellor, you must: (2)

- Complete an undergraduate degree in science or psychology.
- Obtain a graduate (master's) degree in genetic counselling.

McGill University in Montreal offers the only English-language genetic counselling program in Quebec.

### Access to Training in the Eastern Townships

Undergraduate degrees in science and psychology are available in English at Bishop's University. These programs could be paired with a graduate degree in genetic counselling. To learn more, visit:

<https://www.ubishops.ca/>.

## 14.16 Genetics Counsellor

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### Access to Training Outside the Eastern Townships

McGill University in Montréal offers the only English-language genetic counselling program in Quebec. To learn more, visit:

<https://www.mcgill.ca/humangenetics/prospective-graduate-students/program-information/msc-genetic-counselling>.

#### DID YOU KNOW?

The Canadian Association of Genetic Counsellors website offers a wealth of information about the profession of a genetic counsellor –from training programs and certification to details on continuing education opportunities.

Visit their website:

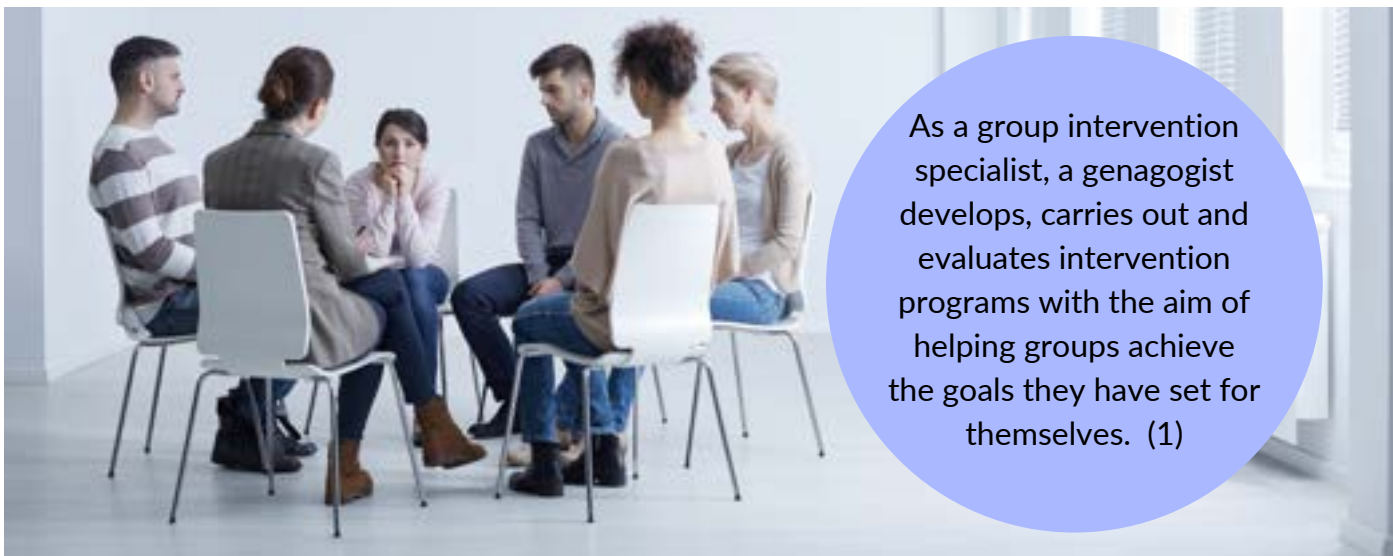
[https://www.cagc-accg.ca/index.php?id=.](https://www.cagc-accg.ca/index.php?id=)

#### **References:**

(1) What is a Genetic Counsellor? Canadian Association of Genetic Counsellors. [https://www.cagc-accg.ca/index.php?page=353&id=.](https://www.cagc-accg.ca/index.php?page=353&id=) Accessed: June 23, 2020.

(2) 1539 – Conseiller ou conseillère en génétique. Nomenclature des titres d'emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé et des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.

## 14.17 Genagogist



As a group intervention specialist, a genagogist develops, carries out and evaluates intervention programs with the aim of helping groups achieve the goals they have set for themselves. (1)

### Training

To become a genagogist, you must: (2)

- Obtain a university degree in Social Communication (*communication sociale*).

### Access to Training in the Eastern Townships

This training is not available in the Eastern Townships.

### Access to Training Outside the Eastern Townships

The Social Communication program is unique in Quebec, and is only available in French at the *Université du Québec à Trois-Rivières*. To learn more, visit: [https://oraprdnt.uqtr.uquebec.ca/pls/apex/f?p=PGMA000:10::NO:RP,10:P10\\_CD\\_PGM:8008#txt\\_prog](https://oraprdnt.uqtr.uquebec.ca/pls/apex/f?p=PGMA000:10::NO:RP,10:P10_CD_PGM:8008#txt_prog).

#### References:

(1) 1540 – Génagogue. Nomenclature des titres d'emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé de des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.

(2) Sociologue. Metiers-quebec.org. <http://www.metiers-quebec.org/humaines/sociologue.html>. Accessed: June 23, 2020.

## 14.18 Criminologist

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A criminologist's primary role is to understand crimes and criminal behavior; to collect and analyze qualitative and quantitative data surrounding crime, and provide insights and solutions to prevent crime in a community. (1)

### Training

To become a criminologist, you must: (2)

- Obtain a bachelor's degree in criminology.

### Access to Training in the Eastern Townships

Champlain College offers a criminology profile DEC in English. To learn more, visit: <https://www.crc-lennox.qc.ca/programs/criminology-profile/>.

Bishop's University offers an English-language undergraduate program in sociology with a minor in criminology. To learn more, visit: <https://www.ubishops.ca/academic-programs/faculty-of-arts-and-science/social-sciences/sociology/>.

## 14.18 Criminologist

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### Access to Training Outside the Eastern Townships

Carleton University in Ottawa offers an English-language undergraduate program in criminology and criminal justice. To learn more, visit:

<https://calendar.carleton.ca/undergrad/undergradprograms/criminologyandcriminaljustice/>.

#### **References:**

(1) Requirements to Become a Criminologist. DetectiveEDU.org.

<http://www.detectiveedu.org/how-to-become-a-criminologist/>. Accessed: June 23, 2020.

(2) 1544 – Criminologue. Nomenclature des titres d’emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé de des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.

## 14.19 Human Relations Officer



Human relations officers support individuals, couples, families, and groups; they are responsible for designing, analyzing, updating, and evaluating activities in social programs that are specific to their field of expertise. (1)

### Training

To become a human relations officer, you must: (2)

- Obtain an undergraduate degree in an appropriate specialization.

At the request of your employer, you may also be required to provide proof of membership in your professional order.

#### **References:**

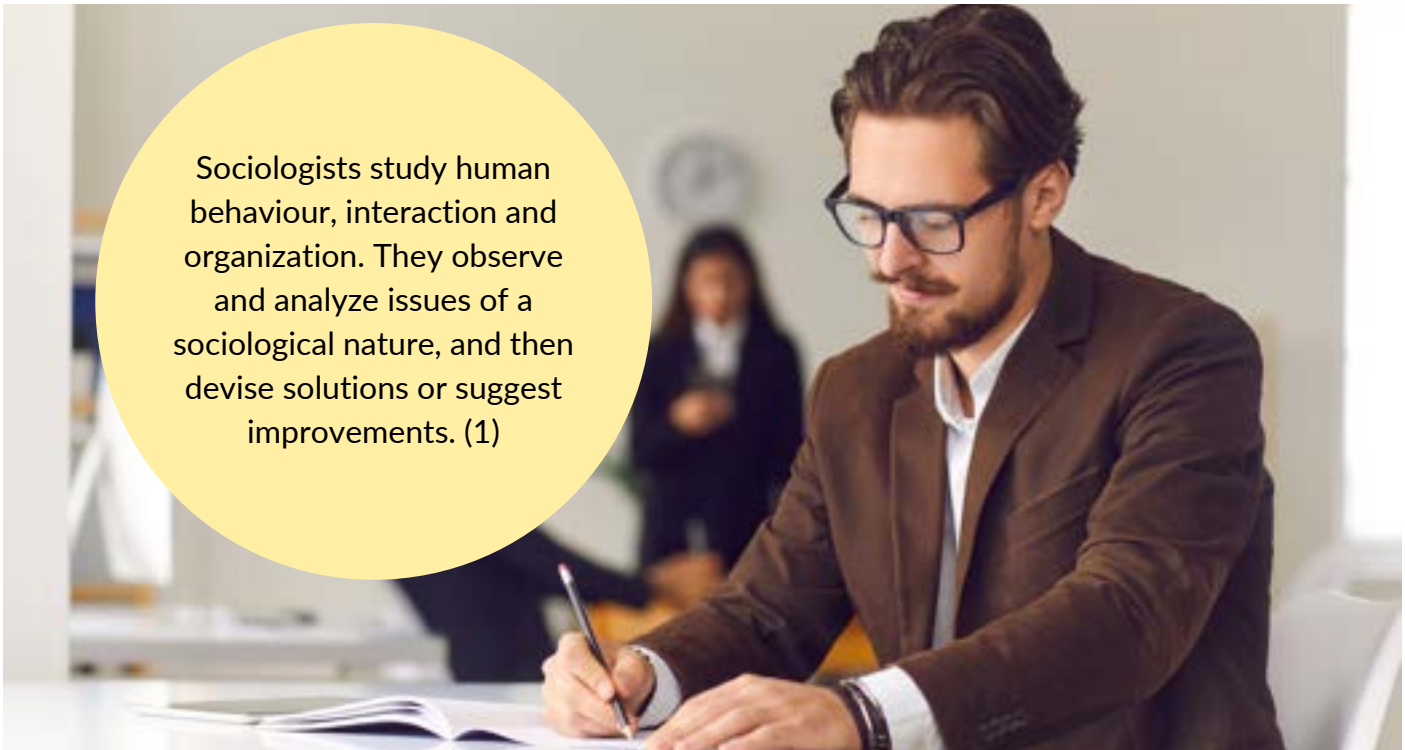
(1) 1553 – Agent ou agente de relations humaines. Nomenclature des titres d’emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé et des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.

(2) Sociologue. Metiers-quebec.org. <http://www.metiers-quebec.org/humaines/sociologue.html>. Accessed: June 23, 2020.



## 14.20 Sociologist

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Sociologists study human behaviour, interaction and organization. They observe and analyze issues of a sociological nature, and then devise solutions or suggest improvements. (1)

### Training

To become a sociologist, you must: (2)

- Obtain a bachelor's degree in sociology.

Should you wish to work in a specialized field (i.e. rehabilitation, therapy), you should consider focusing on a specific area of study.

### Access to Training in the Eastern Townships

Bishop's University offers an undergraduate sociology program in English. To learn more, visit: <https://www.ubishops.ca/academic-programs/faculty-of-arts-and-science/social-sciences/sociology/>.

#### References:

(1) What Can You Do With a Sociology Degree? Top Universities.

<http://www.topuniversities.com/student-info/careers-advice/what-can-you-do-sociology-degree>. Accessed: June 23, 2020.

(2) 1554 – Sociologue. Nomenclature des titres d'emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé de des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.

## 14.21 Behaviour Modification Agent



### Training

To become a behaviour modification agent, you must: (2)

- Obtain an undergraduate degree in psychology.

### Access to Training in the Eastern Townships

Champlain College offers a DEC psychology profile program in English. To learn more, visit: <https://www.crc-lennox.qc.ca/programs/psychology-profile/>.

Bishop's University offers an English undergraduate degree in psychology . To learn more, visit: <https://www.ubishops.ca/academic-programs/faculty-of-arts-and-science/social-sciences/psychology/>.

#### References:

(1) 1559 – Agent ou agente de modification du comportement. Nomenclature des titres d'emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé et des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.

(2) Behaviour Modification. PsychCentral. <https://psychcentral.com/encyclopedia/behavior-modification/>. Accessed: June 23, 2020.

## 14.22 Case Reviewer



Case reviewers are responsible for assessing the situations of children and, in accordance with the Youth Protection Act, deciding whether to keep a file open or to close it. (1)

### Training

To become a case reviewer, you must: (2)

- Have an undergraduate degree in social work or another appropriate discipline.

### Access to Training in the Eastern Townships

The *Université de Sherbrooke* has a school of social work (*École de travail social*) that offers French-language undergraduate and graduate programs. To learn more, visit: <https://www.usherbrooke.ca/travail-social/>.

### Access to Training Outside the Eastern Townships

McGill University in Montréal offers English-language programs in social work. To learn more, visit: <https://www.mcgill.ca/>.

#### References:

(1) 1570 – Réviseur ou réviseure. Nomenclature des titres d'emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé et des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.

(2) Social Worker. Educaloi. <https://www.educaloi.qc.ca/en/youth/legal-careers/social-worker>. Accessed: June 23, 2020.

## 14.23 Vocational Guidance Counsellor/ Counsellor in Supportive Relations



Vocational guidance counsellors/counsellors in supportive relations assess their clients' psychological functioning and personal resources; help clients choose career and study programs to prepare them for their future career. (1)

### Training

To become a vocational guidance counsellor/counsellor in supportive relations, you must: (2)

- Obtain a graduate (master's) degree in guidance counselling.

### Access to Training in the Eastern Townships

The *Université de Sherbrooke* offers an undergraduate and graduate counselling program (*Orientation professionnelle*) in French. To learn more, visit: <https://www.usherbrooke.ca/op/>.

## 14.23 Vocational Guidance Counsellor/ Counsellor in Supportive Relations

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### Access to Training Outside the Eastern Townships

McGill University in Montréal offers an educational and counselling psychology program. To learn more, visit: <https://www.mcgill.ca/edu-ecp/>.

#### DID YOU KNOW?

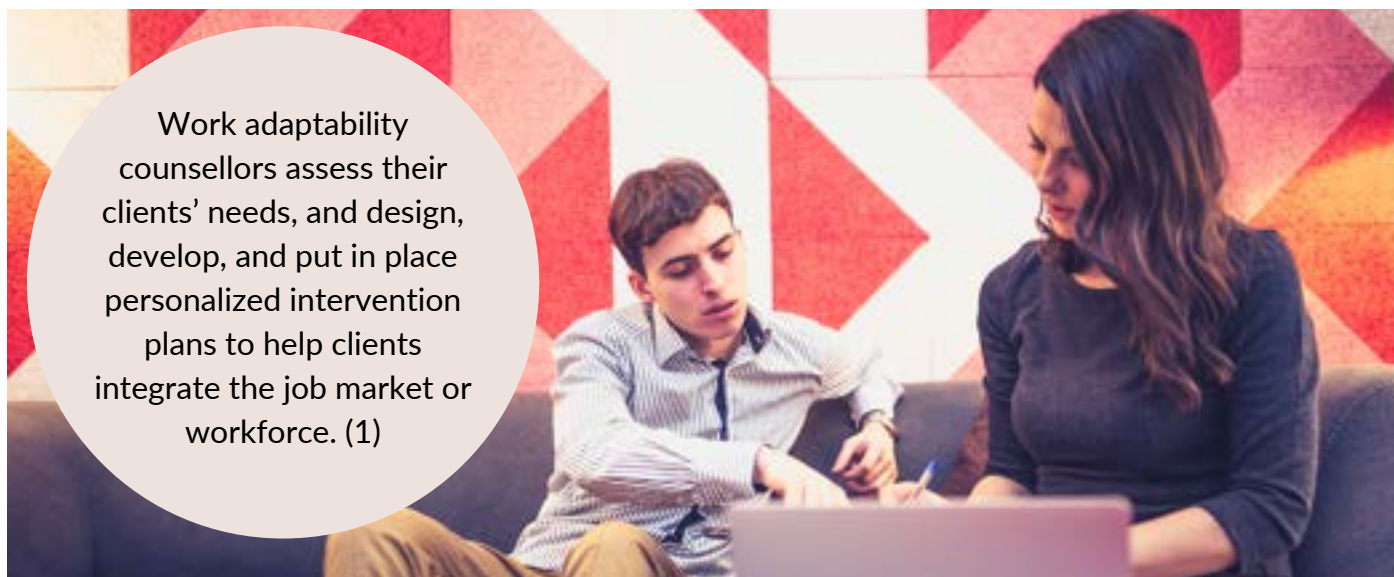
For more information about pursuing a career as a vocational guidance counsellor, you can visit the *Ordre des conseillers et conseillères en orientation du Québec*'s website, which offers details about this profession and resources in several sections:

<https://www.orientation.qc.ca>.

#### **References:**

- (1) 1701 – Conseiller d’orientation professionnelle / Conseillère d’orientation professionnelle. Nomenclature des titres d’emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé et des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.
- (2) What Are the Characteristics of an Effective Counselor? Career Igniter. <http://www.careerigniter.com/questions/what-are-the-characteristics-of-an-effective-counselor/>. Accessed: June 23, 2020

## 14.24 Work Adaptability Counsellor



### Training

To become a work adaptability counsellor, you must: (2)

- Have a university degree in an appropriate discipline.

### Access to Training in the Eastern Townships

Bishop's University offers a variety of undergraduate programs that could enable you to become a work adaptability counsellor. To learn more, visit: <https://www.ubishops.ca>.

The *Université de Sherbrooke* offers an undergraduate and graduate counselling program (Orientation professionnelle) in French. To learn more, visit: <https://www.usherbrooke.ca/op/>.

#### References:

(1) 1703 – Conseiller ou conseillère en adaptation au travail. Nomenclature des titres d'emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé et des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016. (2) Employment Counsellors. Labour Market Information, Government of Canada. [http://www.jobbank.gc.ca/search\\_occupation-eng.do?source=0&occupationInput=employment+counsellor&titleKeyword=employment+counsellor&id\\_en=42995&id\\_fr=9681&noc=4156&cityPostalCodeInput=Sherbrooke%2C+QC&regionKeyword=Sherbrooke%2C+QC&area=25151&action=Search](http://www.jobbank.gc.ca/search_occupation-eng.do?source=0&occupationInput=employment+counsellor&titleKeyword=employment+counsellor&id_en=42995&id_fr=9681&noc=4156&cityPostalCodeInput=Sherbrooke%2C+QC&regionKeyword=Sherbrooke%2C+QC&area=25151&action=Search). Accessed: June 23, 2020.

Section 15

**Paratechnical  
Careers**



## 15.1 Orderly



Orderlies are responsible for the hygiene, supervision, and general well-being of patients.  
(1)

**ONE OF THE MOST IN-DEMAND CAREERS IN THE EASTERN TOWNSHIPS!**

### Training

To become an orderly, you must: (2)

- Complete a vocational training program in assistance in health care facilities.

### Access to Training in the Eastern Townships

The health, assistance, and nursing care program is offered in English (and in French) at the Lennoxville Vocational Training Centre (LVTC). To learn more, visit: <https://www.lvtc.ca/health-assistance-nursing-care/>.



## 15.1 Orderly

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### DID YOU KNOW?

The Lennoxville Vocational Training Centre (LVTC) offers a “student for a day” program that allows interested students to spend a day at the centre to see if the health, assistance, and nursing care program is really for them.

The “student for a day” activity is usually offered once a week; it provides a sneak peak into the program by allowing you to attend classes and ask questions.

If interested, call 819-563-5627 or visit:  
<https://www.lvtc.ca/admission/student-for-a-day/>.

#### **References:**

- (1) 3480 – Préposé ou préposée aux bénéficiaires. Nomenclature des titres d’emploi, des libellés, des taux, et des échelles de salaire du réseau de la santé et des services sociaux. Comité patronal de négociation du secteur de la santé et des services sociaux. Version: July 10, 2016.
- (2) Préposé(e) aux bénéficiaires. Metiers-quebec.org. [http://www.metiers-quebec.org/sante/prep\\_beneficiaires.htm](http://www.metiers-quebec.org/sante/prep_beneficiaires.htm). Accessed: June 23, 2020.

# Other Paratechnical Careers

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The following paratechnical careers are also listed in the health and social services career catalogue. Find more more information on specific training on the *Avenir en santé* website:

<http://avenirensante.gouv.qc.ca>. You can also visit the *Comité patronal de négociation du secteur de la santé et des services sociaux*'s website (CPNSSS nomenclature en vigueur; in French only):

<https://cpnsss.gouv.qc.ca/index.php?ententes-csn-fsss>.

Section 15.2	Technical assistant in health care
Section 15.3	Autopsy attendant
Section 15.4	Transportation attendant
Section 15.5	Physiotherapy and/or occupational therapy attendant
Section 15.6	Orthopedic attendant
Section 15.7	Animal care worker
Section 15.8	Service aide
Section 15.9	Audiovisual attendant
Section 15.10	Messenger service attendant
Section 15.11	Prosthesis and orthosis mechanic
Section 15.12	Operating room attendant
Section 15.13	Rehabilitation assistant
Section 15.14	Neighbourhood worker
Section 15.15	Therapeutic equipment and materials attendant
Section 15.16	Sterilization attendant
Section 15.17	Litter bearer
Section 15.18	Psychiatric intervention officer

## Other Careers

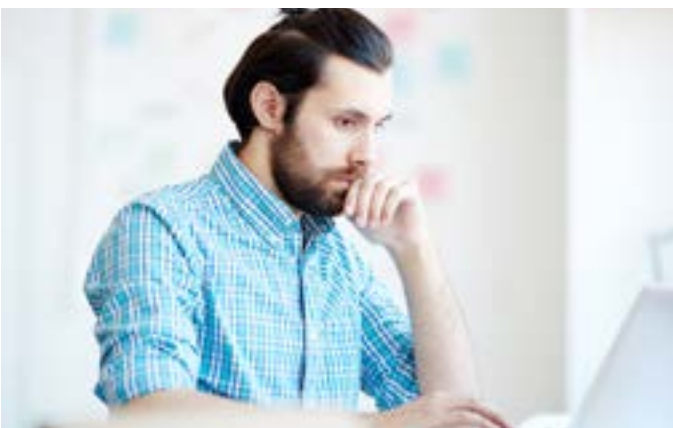
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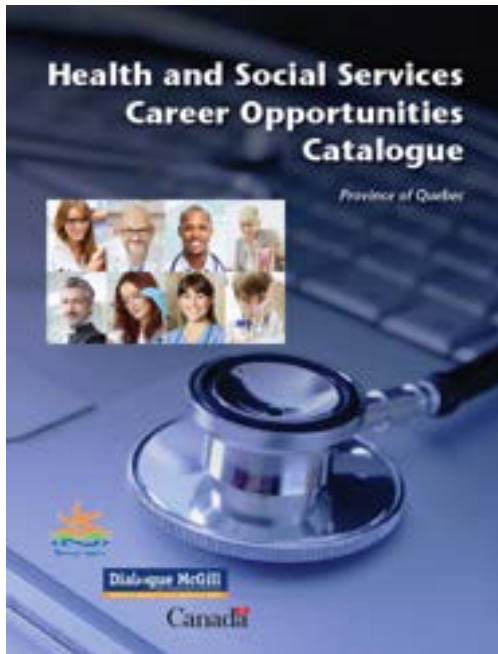


The health and social services sector offers a variety of other career opportunities. To review the list, please refer to pages 260-261 in the Health and Social Services Career Opportunities Catalogue.

To learn more about these opportunities, visit the *Comité patronal de négociation du secteur de la santé et des services sociaux*'s website (CPNSSS nomenclature en vigueur; in French only) at: <https://cpnsss.gouv.qc.ca/index.php?ententes-csn-fsss>.

You can also visit <http://avenirensante.gouv.qc.ca/> to review job descriptions and training options.





To view or download a recent copy of Townshippers' Association's complete Health and Social Services Career Opportunities Catalogue, visit:

<https://townshippers.org/knowledge-base/>

