Seniors

### Mental health **Transportation Justice and human rights**

Social entrepreneurship

**Families** 

Social solidarity

**Agriculture** 

**Mobility** 

## Civic engagement

**Economy and taxation** 

**Sports** 

First Nations, Métis and Inuit

**Gender equality** 

**Innovation** 

**Business and partnership** 

Bullying

**Healthy lifestyles** 

**Urban development** 

Visible minorities

# #MaVoixCompte

Intergenerational issues

Educatio

**Environment** 

**Technology** 

**Fisheries and oceans** 

**Disabilities and accessibility** 

Physical health

Sustainable development

**Political engagement** 

**National defence** 

**Employment** 

**Natural resources** 

**LGBTQ+** issues

**Immigration and refugees** 

**Arts and culture** 

Housing

Heritage

**Togetherness** 

**International solidarity** 

**International relations** 

Ma Voix Compte!



# #MaVoix

In 5 years, Quebec will have more seniors aged 65 and older than youth aged 20 and under. An array of social, economic, technological and environmental issues are awaiting the next generation, so they need to be given a voice to share their ambitious, innovative, participatory and impactful initiatives!

The Réseau des carrefours jeunesse-emploi du Québec's Ma Voix Compte! initiative is a powerful way for youth to participate in concrete social change projects implemented by them, for them. It's a movement that gives youth a voice and allows them to play a key role in Quebec's development.

It's a major public consultation process about emerging issues that do and will need action. Various consultation methods were used to allow participants and partners from all walks of life to discuss central themes. Locally, youth employment centres (carrefours jeunesse-emploi) and their partners consulted the youth in their areas. Their work was paired with a large online survey.

Ma Voix Compte! gives youth the chance to participate, learn, share their ambitions and start discussions about the issues they face. It's a movement that gives them the chance to act and allows them to get involved with youth politics.

Youth shared their concerns about increasing individualism and their feelings of powerlessness. They also showed that they wish to work together, actively participate in projects and make a real impact on their world.

As a society, let's build the future together by giving youth a voice and supporting them in their projects. Let's work towards sustainable communities, where innovations and technology work together to advance humanity.

These 10 concrete proposals are a call to action for a better future!

## **KEY FIGURES**

39 themes

**Nearly 200 consultations** 

Nearly 5,000 people consulted

More than 2 months of discussions

10 concrete proposals from youth

# Compte

#### **REMOVE OBSTACLES**

## THAT PREVENT A HEALTHY WORK-LIFE BALANCE

Recognize it as part of a social project that improves quality of life

#### **ENSURE THAT EVERYONE**

HAS ACCESS TO SUSTAINABLE

TRANSPORT SYSTEMS THAT MEET

#### **COMMUNITIES' NEEDS**

Create diverse, affordable, accessible and eco-friendly means of transportation

#### **ESTABLISH A DEDICATED PLACE**

#### TO ADDRESS BULLYING

Provide counselling, listening, information, support and training to end bullying

#### **FACILITATE ACCESS TO A VARIETY**

#### OF LEARNING METHODS

#### AND FACILITIES

Adapt practices and methods to reflect the diversity of learning styles

### **GUARANTEE EVERYONE THE RIGHT**

#### TO A LIFE OF DIGNITY

Provide universal access to resources, care and individualized support to encourage equal opportunities

#### IMPLEMENT CULTURAL AND

#### **SPORTING ACTIVITIES THAT ARE**

#### **DIVERSE AND ACCESSIBLE FOR ALL**

Develop emancipatory activities that encourage development, participation and involvement by all

### FOCUS ON SUSTAINABLE

#### **EMPLOYMENT INTEGRATION**

Foster experimentation, encouragement and coaching that suit individuals' needs and timelines

#### PROVIDE EDUCATION THAT

#### PREPARES YOUTH FOR ADULT LIFE

Help prepare youth for the realities of the  $21^{\rm st}$  century

## TRANSFORM OUR PRODUCTION

#### **AND CONSUMPTION HABITS**

Change how we produce, consume, work and cooperate to address environmental concerns

#### **ENCOURAGE DIVERSITY TO IMPROVE**

#### **SOCIAL COHESION**

Make room for dialogue that breaks down the barriers of discrimination and isolation

# #MaVoixCompte

Listen to youth and be inspired by their ideas.

Youth are the future of Quebec. Listen to them and encourage them to get involved with our democracy.

Talk to your citizens.
They are in the best position
to tell you about
society's needs.

# I would like to tell the Premier that

Youth have a lot to offer if they're given the chance.

Quebec is great but a lot needs to be changed.

Trust youth. We might not have lots of experience, but we are full of ideas and imagination.

Ma Voix Compte!



